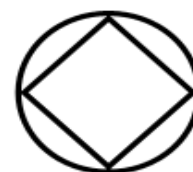




UNITY



"personal recovery depends on NA unity"

The Central Ohio Area of Narcotics Anonymous Newsletter

Staying Clean During the Holidays.....

Our literature makes no specific reference to Holidays so we here at The Unity Newsletter would offer.....

Today we have freedom of choice. As we work the program to the best of our ability, the obsession with self is removed. Much of our loneliness and fear is replaced by the love and security of the fellowship. Helping a suffering addict is one of the greatest experiences life has to offer. We are willing to help. We have had similar experiences and understand fellow addicts as no one else can. We offer hope, for we know a better way of life is now real for us, and we give love because it was so freely given to us.

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Why Should I Register For The Convention?

Often when attending N.A. Conventions, members ask, "Why should I register?" They do not understand the convention incurs a great deal of expense. These expenses include the leasing of space in the hotel, the cost of printing programs, flyers, tickets, and other items in the registration packages. Other expenses are related to planning, such as rental of meeting spaces, telephone expenses, copying and supplies. The monies collected also help support The Central Ohio Area as it seeks to carry the message to addicts still suffering through the Phone Line and hospitals and institutions' subcommittee. Some of the money collected also helps future conventions get underway. Please be aware as a member of Narcotics Anonymous, our seventh tradition states that we are fully self-supporting. As a member, we hope you will feel privileged to register. Help us carry the message.... Register!

Meetings Needing General Support

Sunday West Jefferson Group	Sun 5 pm
Marysville Sunday NA Group	Sun 3 pm
Hearts I Group	Sun 7 pm
Just After Noon Group	Mon-Fri 12:15 pm
New Attitudes Group	Mon 8pm
Women in Progress Group	Tues&Thurs 12 Noon
Urbancrest/GC Group	Thurs 7pm
Free At Last Group	Fri 7:30pm
Crossroads Group	Tues 7:30 pm
We Do Recover in NA Group	Thur 6:30 pm
Never Alone Never Again	Thur 7:30 pm
Marysville Thursday NA Group	Thur 7:30 pm
NA For All Addicts Group	Fri 5 pm
London NA Group	Tue 7 pm
Marysville Friday NA Group	Fri 8 pm
We Found It Here (Sunbury)	Fri 8 pm
Hope on the Horizon Group	Sat 12 Noon
Look It Up	Sat 1:00 pm
Briggisdale Text Discussion	Sun 7pm

Meetings Needing Support from Experienced Members

NA Meeting Group	Mon & Fri 7:30pm
Sunday Diversity Group	Sun 3:30 pm
Show Up and Grow Up	Sun 7 pm
Dopeless Hope Fiends	Sun & Tues 8 pm
Principles Before Personalities	Mon 8 pm
New Beginnings Group	Tues 8 pm
The Ties That Bind Us Together	Tues 6 pm
U Grow Girl	Wed 6:30 pm
New Start Group	Wed 8 pm
Let's Dump It All	Fri 7 pm

See schedule for meeting locations

**Central Ohio Area of NA
Addithon December 24th-25th, 2008**

Location: Just For Today Club
1008 E. Livingston Avenue, Columbus, OH
43205

The Addithon starts on Wednesday,
December 24th at 12:00 Noon, and goes through
Midnight on Thursday, December 25th

Please recycle this issue - pass it along to another member after you read it.

6th Edition Basic Text Is Now Available

This new edition reflects the International Diversity and Strength of our NA Fellowship. It includes 10 chapters on "Our Program" and a new section of recovery experience from NA members in 51 countries called "Our Members Share". The stories are organized as "Beginnings" (excerpted from earlier editions of the Basic Text), "Coming Home" (journeys from addiction to recovery), "Regardless of" (staying clean in spite of age, race, religion, sexual identity, etc.), and "Life on Life's Terms" (challenges and successes in recovery). The 6th Edition also includes abstracts of each personal story and brief member experiences called "Reflections".

Upcoming Calendar of Events

This calendar is continually updated by the Activities Coordinator. As new information is received on events, it will be included in the calendar.

December

Sunday December 21st – ASC Meeting 2 PM@
December 24th – 25th **Addithon**
December 31st – **New Year's Party**

January 2009

Friday-Sunday Jan 2nd-4th COACNA XX
Saturday-Sunday 10th-11th ORSCNA
Sunday Jan 18th- ASC Meeting 2 PM

February 2009

Sunday February 15th - 2 PM ASC
COACNA XX Final Report Due
Form **NA Birthday** and **Unity Day** ad hoc committees: proposals due March 15th

March 2009

Sunday March 8th – Possible date for Service Learning Day
Sunday March 15th-2 PM ASC Meeting 2PM
1. **NA Birthday** celebration proposal (possible date in July)
2. **Unity Day** proposal (possible date in September)

We Are Growing.....

Good Morning Friday Group Fri 9 am
Central College Church...975 S. Sunbury Rd.
Westerville, Ohio 43081

Women In Progress Group
(Common Needs Women's Meeting)
Tuesdays and Thursdays 12 Noon
975 S. Sunbury Rd.
Westerville, Ohio 43081

London NA Meeting
First United Methodist Church
52 N. Main St.
London, Ohio 43140
Tuesdays 7:30pm to 9:00pm

Briggsdale Text Discussion Group
New Horizons United Methodist Church
1665 Harrisburg Pike
(Between Briggs and Clime Roads)
Columbus, Ohio 43223
Sundays at 7 pm

Recovery In West Jeff Meeting
West Jefferson United Methodist Church
Corner of W. Pearl and S. Center
36 S. Center St.
West Jefferson, Ohio 43162
Sundays at 5 pm

Is Your Group Meeting On A Holiday?

Christmas Eve, Christmas, New Year's Eve, and New Year's Day???

If your group is not going to or is unable to meet on any of the listed holidays, please contact the service office at 252-1700, as soon as possible. We would not want to send a newcomer or an addict from out of town to a meeting that is not meeting that day.

Upcoming Local News and Events are available at <http://www.nacentralohio.org>

For more information on service opportunities or upcoming events, please call the Area Service Office at (614) 252-1700.