

Central Ohio Area Service Committee Meeting Minutes January 19, 2020

Meeting called to order at 2 P.M. by **Sara S.**

Serenity Prayer read by **everyone**

Service Prayer read by **everyone**

The Twelve Traditions of Narcotics Anonymous read by **Jeff T.**

The Twelve Concepts for NA Service read by **Brandon D.**

Concept of the Month Concept 1 was read, and floor opened for brief discussion

Roll Call

1. Sara S. – Area Vice Chair
2. Lynette C-D. – RCM/GSR Women in Recovery
3. Elizabeth E. – NYE Vice Chair
4. Jacob R. – Activities Chair
5. Wanda W. – Concerned Member
6. Harry W. – GSR Never Alone Never Again
7. Brandon – GSR London's Clean Choice
8. Kevan – GSR Pickerington No Matter What
9. Chad H. – GSR Just for Today Lancaster
10. Vanessa F – GSR/ Better Late Than Never/ Area Office Chair
11. Al F. – GSR/ Monday Miracles
12. Matt S. H&I Chair
13. Dana B – GSR Lives Worth Saving
14. Robin K – GSR Animal House
15. Helena D – GSR Clean Machine
16. Leslie L-H – GSR Right On
17. Jeff T – GSR Grateful Not Dead Heads
18. Quentin H – Outreach Chair/ GSRA Trust the Literature
19. Megan P – PR Chair
20. Paul M. – Area Treasurer/ GSR Gay Joyous and Free
21. April D – COACNA 29 Chair
22. Latoya – GSR Back to Basics
23. Mark R – Area Chair

December 2019 Minutes-tabled due to minutes not getting distributed

New Group Recognition: No new groups

New Group Service Representative(s): N/A

New Flyer Approval: Fliers to be attached to email (OCNA Fundraiser flier, Spaghetti Sling)

Unfinished Business no unfinished business from December 2019

Agenda Business

1. Request for checks
 - a. Outreach requested \$79.78 reimbursement for mileage and 22.75 for literature (part of approved budget)
 - b. Jeff T - \$200 for OCNA 38 fundraiser startup funds – approved 17:0:1
2. Elections – Brandon D. Vice Secretary approved 16:0:0
3. OCNA Fundraiser proposal – Jeff T. submitted budget proposal for \$550 event to be held April 5, 2020 approved 17:0:2
4. Motion 2019-17 – RSC to spend reserve funds on PR projects – Withdrawn by maker Paul M. due to new information being provided on regions current financial situation
5. Motion 2019-18 RSC to consider one-time donation of \$5,000 to NAWS as balance is 13k – failed at regional level per RCM
6. Motion 2019-19 RSC Vice Chair to send full copy of insurance policy to ASC Chair for review – Failed at region per RCM (RSC Vice Chair has agreed to meet in person with ASC Chair to review policy per consensus body would like ASC chair to take 2 informed members to review and assess policy.)
7. Motion 2019-20 - to place area minutes on website – passed 15:0:1
8. Motion 2019-21 – To outline IRS, State & Attorney General filing requirements under Treasurer responsibilities – passed 18:0:1
9. Discuss using ZOOM App – Brandon D. has agreed to assist Lynette with setting up a trial run of ZOOM app at March ASC meeting.
10. COACNA 28 audit – by consensus Mark R. to serve as audit chair to work alongside COACNA 28 Chair and Treasurer to complete audit and report back by March ASC

Group Reports:

Write-On

The Write-On meeting will be moving to its new location, Livingston Avenue United Methodist Church at 200 East Livingston Avenue, as of Monday, February 3rd. Our format is unlike any other meeting in Columbus, in that we write for 15 minutes, either on the Just for Today meditation, a topic as brought forth by a member, or on how one is feeling. This format is a perfect opportunity to accustom our participants to writing, which is one of the tools we are encouraged to use in our program of recovery. Given the fact that we literally read aloud that which we have written, this format, due to its very nature, also prohibits cross talk, advice giving, or long drawn out non-topic related comments. Historically, our group has contributed greatly to our Newsletter, which we look forward to doing once more in the future. We generally have an attendance of 7 – 12 addicts, some of whom are rather new, so support from the fellowship, especially considering our moving to a new location, would be greatly appreciated. Our average 7th Tradition is about \$7.00-\$10.00.

ILS Leslie L-H

Promise is Freedom

Start your week with the Promise is Freedom. We have a rotating literature study. We usually have a good turn out. Newcomers and those with decades clean. "Capture the flag" has been mentioned in recent group consciousness' to foster unity and diversity in our area.

ILS Fred S. GSR

Never Alone Never Again

Our meeting is averaging 15 and 30 addicts. Due to our need for literature we have no donation currently.

U Grow Girl

Our group is doing great! Our attendance is growing, and we continue to carry the message to the addict that still suffers.

Survivors of NA (the Candle Lighters)

Wed. 8-9:30 pm Topic/Discussion

52 N. Main St.

London, OH 43140

The Survivors of NA meeting has been going very strong and we have had the privlidge to hand out many key tags and welcome many newcomers with open arms. Our average meeting attendance is 20 addicts and growing. Our home group list has expanded to 6 addicts. We are encouraging members to get more involved in area service and have had a few individuals show interest. We will be donating to area; however, I do not have the funds today I will be dropping them off next week to area.

London's Clean Choice

Thur. 12-1:30 am Topic discussion/ Literature Study

52 N. Main St.43140

London, OH

London's Clean choice is now a comfy couch meeting and has had a great impact on the group considering addicts feel more relaxed. Our average attendance remains the same around 8. We are buying books to give away to newcomers and the group has decided this would be the best way to help addicts in our community.

In loving service,
Brandon D. GSR

The Better Late Than Never Group Report

We started planning our world famous annual Spaghetti Sling. It will be April 3rd. We will have a panel for H&I and PR with all money going to both subcommittees. There will be an auction, a guest speaker from out of town, and a lot of extra spaghetti. We are donating \$50 to area. Our average attendance for December was 26 with 16 newcomers.

ILS, Vanessa F GSR

GSRA: Jesse S

Treasurer: Nande G

Secretaries: Josh C, Rickey S, Jeremy P, Alyx G, Kelly N, Jesse S

Administrative Reports:

Chairperson (Mark R.): Present – no report

Vice Chair (Sara S): Present – no report

Secretary (Byron B): Not present – no report

Regional Committee Member (Lynette C-D):

Treasurer (Paul M):

Hi All. Here's the info for the treasurer report.

Anyone who is techno savvy please feel free to step up so that redundant information doesn't have to be entered multiple times?

For instance: group donations on the Group Donations Excel sheet, and on the treasurer workbook; checks written from ASC and deposits to ASC recorded in both the Checking Account Log and the Treasurer Workbook.

Maybe a software program would help? I am not knowledgeable in this things,so any input wold be appreciated. Especially if we can make the position easier to hand off to someone with limited knowledge.

Between the ASC meeting and drive time (5 hours every third Sunday on average), filling out the deposit slip and going to the bank (1+ hours, to make sure every entry matches), reconciling the books (1-2 hours, because Excel is finicky), "printing" the bank statement to pdf, redacting the account number

(which I can do because i have the pro version) and uploading the back statement (30 minutes); writing the treasurer report (45 minutes to capture and compile info that should be important to Groups), and filling out and reconciling the checking account log and the open financial statements with our 53.com online info (about 1 hour)...

This all equals about 10 hours per month, provided there are no extenuating circumstances or errors in my entries, in which case it's more.

Anyway, food for thought in order to make it easier for the next person who takes this position.

Love ya!

Paul

Subcommittee Reports

Activities Chair (Jacob R.): Resigned from ASC activities chairperson due to concerns regarding liability to personal business as it is unclear what NA events are covered under current insurance policy.

Area Office/Phone Lines (Vanessa F):

COAONA Report JAN

Getting back into the swing of things after surgery, keeping inventory up, getting new phone office volunteers. Starting this Friday, we will have office hours 11am-1pm. Schedules and a few other things are on the back table. The office received a letter from NAWS requesting updated contact information for various positions. I did email and/or text people and only received a few responses. We had a table at the convention, which went well. We do have some specialty items left over if anyone is interested. Lastly, because I haven't been here: October total calls were 114, November 96, December 120. Total newcomer phone calls for December were 12.
ILS Vanessa F, Chairperson

Convention (Ben L):

Hello family sorry for not being here, working in Long Island New York. Wow we had a great time at the COACNA 28 convention and thank all of you for attending and making our convention a phenomenal success and the message of hope was delivered to everyone. Thanks to everyone from the highways and byways for helping us achieve the room block and we sold out of registrations. Our financial report will be given to the Area secretary, and we are donating a total of \$2892.01. COACNA has new prudent reserve of \$4,000.00 that this body approved. I'm ever so grateful to this body and that the members of Narcotics Anonymous entrusted in me and my ability to serve our area that I love so dearly. Many years ago I prayed that our area would become more unified. We as a body have started working together as one. I thank all of you for giving me so much love, hope and kindness in my 4 years of being the Chair of this

beautiful area and now I am going back to the Area office and answer the phonedlines and sell literature on Tuesdays from 4:00 to 6:00pm. We have only the audit to finish up which a date will be set with Mark and others, then we will transfer everything over to COACNA 29. Thank you again for all you have given me in my personal recovery and I will continue to support our COACNA 29 chairperson April D. Boom

Ben L

COACNA 28 CHAIR

Hi family,

After the 28th convention ended we started selling early bird registrations at \$10 for basic and \$30 for full. I do have my receipt book if anyone is interested in purchasing an early bird registration today! So far, we have sold 36 basic and 53 full registrations for COACNA 29.

Our bank balance is \$10,356.52, with outstanding checks of \$4,398.97 from COACNA 28. After all checks clear COACNA 29 will have a balance of \$5957.55 which includes our prudent reserve and early bird registration sales. We will be meeting with the signers from COACNA 28 & 29 to adjust account signers this month.

I have nominated Chris B to be our hotel ad-hoc chair. Due to many hotels requiring a response by the end of this month to hold a place for the convention we will be having a meeting on Wednesday January 22nd at the Just for Today Club 1008 E Livingston Ave. Columbus, OH 43205 from 6:30-8:30. I have already gotten a flyer posted on the website and have brought several copies today to distribute. Anyone is welcome to attend. We are also allowing nominations for open positions at the meeting and open positions are: Registration, Welcoming, Arts & Graphics, and Hotels & Hospitality.

I will bring you guys our finalized website to review and flyer for policy revision next month.

ILS,

April

Hospital and Institution (Matt S):

We currently have 23 commitments, 23 of which are being fulfilled. Attached is a copy of our master document. PCI, Delaware Women's and CRC have all been open commitments for H&I. We are happy to announce all of these commitments are filled and we have members currently working with these facilities to get these meetings up and running. We are still in need an H&I Vice-Chair, anyone with interest in this position is also encouraged to attend our subcommittee meeting. H&I literature has been ordered and received. I have brought a copy of the receipt to ASC for a total of \$750.12. At our December subcommittee meeting we voted as a group for myself (Matt S) to hold on to the additional \$120 to use for schedules as we need them. I will

work with Larry K (H&I Literature chair) to reimburse him over the next 6 months as we print schedules. I will bring those receipts to ASC as the money is spent. Our February subcommittee will be held at the Northside Branch Public Library at 1423 N High St. The Spring Fundraiser has been confirmed for March 7th, 2020 @ 200 E Livingston Ave from 10AM-1PM. Funds of \$300 will be requested at the February ASC meeting. Our subcommittee meeting has decided to do presale tickets for this event. I have a follow up email I will be sending to the ASC body about financial responsibility forms to bring to our next subcommittee meeting for members wanting to help with presale tickets.

>>> In loving service,

>>> - Matt

Newsletter (Open):

Outreach (Quentin H): SUBCOMMITTEE MEETING HIGHLIGHTS:

- 5 addicts in attendance (1 new subcommittee member & 1 visitor)
- Flyers/Forms/Etc: We have a new Subcommittee Flyer that we will use IN ADDITION to the previous flyer
- Workshops & Learning Days:
- Defined “Workshop Coordinator” position (which is currently vacant) & added responsibilities to our policy
 - “Stronger Home Groups” Learning Day:
 - 4 panel Workshops, 2 facilitators per workshop (1 male, 1 female)
 - Decided to have the Learning Day at 51 N State St. (pending church’s approval)
 - Approved holding the Learning Day on Saturday, April 25th from 12-5pm (pending church’s approval)
 - We will be giving away 1 piece of surprise literature to a random addict
- Visitation Forms:
 - Reviewed group Visitation Forms received this month and continue to distribute/collect to groups. (Currently have collected over 35 completely forms)
 - Online version is up and collecting responses (the link is <https://forms.gle/2chMccFbYx2eKVTE9> or can be found on the website)
- Service Literature:
 - We will continue passing out a “group copy” of the 3 Service IP’s, previously discussed. Currently have distributed to ≥9 groups
 - Agreed to start distributing The Group Booklet to groups, as well (will be purchasing 10 copies to start)
- Brainstormed ideas on how to get more people involved in service.

CLOSING:

- Any group that has yet to fill out a Visitation Form and has the willingness, please get in touch with an Outreach member or fill out the online version:
<https://forms.gle/2chMccFbYx2eKVTE9>
- Please let me know of any group that Outreach should give a group copy of the Service IP's (mentioned previously) for their Trusted Servants to utilize.
- As always, Outreach could DEFINITELY use some support. Please utilize Outreach's Support Spreadsheet. Feel free to get in touch with me by phone or email for any reason.

ILS,

Quentin H.

Public Relations (Megan P):

Central Ohio Area of Narcotics Anonymous

PUBLIC RELATIONS SUBCOMMITTEE

January 2020 REPORT

Highlights

- OSU Med School Presentations (monthly).
- January 15th – NA members on panel for Tell All: Addiction Panel at Capital University.
- Distribution of NA schedules in hospital setting.
- Billboards are STILL up at both locations (4 months, 1 week, and counting).
- Web stats: Dec 2019 – 8,734 page views, 2680 visitors.
- Professionals will be attending open meetings to learn about NA.

2020 Q1 Scheduled

- April 3rd Spaghetti Sling – PR Panel
- PR panel with collaboration with Regional PR – details to come via Chad.
- Wooster/Marion Area request for guidance.

2020 Q1 Planning

- Capital University Nursing requested NA speakers for classes in 2020.
- Partner with Outreach to have a “service fair”.

- Training at Franklin County Probation.
- 2020 PRIDE Parade.

Next Meeting

- Tuesday, February 4th 2020 at 6:30pm at Panera Bread South High Street, Columbus OH
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NOTES

- Amended flyer for Spaghetti Sling Flyer – sent to coascna email post revision.
- Narcotics Anonymous banners and pens for PR events.
- Quarterly update reports sent to Lynette, including snapshot of data and events.

Addithon (Gale B.): Not present at meeting due family issues, reports will be provided at next ASC.

OCNA 38 Fundraiser (Jeff T.): Budget and flier submitted for fundraiser.

Motions to Fill Open Area Service Committee Positions:

Nomination submitted for newsletter chair: Rebecca A.

Current Open Positions:

Newsletter

Activities

Vice Treasurer

RCM Alternate

Motions to Fill Open RSC Positions: None

Current Open Positions:

Vice Sec.

Phone Line Coordinator

Sharing Session: No Topics.

Unplanned Business: None.

Pre-Agenda Business

Motion 2020-01 – Maker Paul M. COASCNA Treasurer seconded by Megan P. COASCNA PR Chair

- To reduce monthly donation to ORSCNA from twenty percent to ten percent.
 - o Moved to agenda business for February ASC.

Adjournment:

Serenity prayer and adjournment at 6pm.

Next ASC meeting: February 16, 2020 at 2pm 1008 E. Livingston Ave.

Central Ohio Area Service Committee of Narcotics Anonymous Trusted Servants			
Administrative Committee			
Chairperson	Mark R	614-270-1274	markroberts@columbus.rr.com
Vice-Chairperson	Sara S	614-769-2991	shelinesara@yahoo.com
Secretary	Byron B	614-902-7964	coascnasec@gmail.com
Vice-Secretary	Brandon D	614-359-9874	bduerler@outlook.com
Treasurer	Paul M	614-745-7530	treasurer.coascna@gmail.com
Vice-Treasurer	Open		
Regional Committee Member	Lynette C-D	614-432-0601	iamlightlcd@gmail.com
Regional Committee Member Alternate	Open		
Subcommittee Chairpersons			
Activities Chairperson	Open		
Area Office Chairperson	Vanessa F	614-557-2964	Vanessa.lyn.obd@gmail.com
Convention Chairperson	Ben. L.	614-580-5128	blaceytape@aol.com
Hospitals & Institutions Chairperson	Matt S	614-404-1111	Jank.nation498@gmail.com
Newsletter Chairperson	Open		
Outreach Chairperson	Quentin H	614-749-8408	coascna.outreach@gmail.com
Public Relations Chairperson	Megan P	614-600-6339	megpowell@gmail.com