

Central Ohio Area Service Committee Meeting Minutes

June 28, 2020

Meeting called to order at 2 P.M. by **Mark R**

Serenity Prayer read by **everyone**

Service Prayer read by **everyone**

The Twelve Traditions of Narcotics Anonymous read by **Mandi S.**

The Twelve Concepts for NA Service read by **Nande G.**

Reading of 12 Concepts based on month by **Stuart**

BACK TO GROUPS:

- **Nominations for open ASC positions:**
 - **Chairperson, Vice-Chairperson, Treasurer, Vice-Treasurer, Secretary, Vice-Secretary, Regional Committee Member Alternate, Activities Chairperson, Outreach Chairperson**
- **Addithon Chairperson nominations are due at July's ASC meeting.**
- **New Year's Eve nominations are due at July's ASC meeting.**

Roll Call: (we apologize to anyone we missed)

1. Mark R. – Area Chairperson
2. Paul M. – Area Treasurer / GSR Clean & Cyber Group
3. Byron B. – Area Secretary
4. Lynette CD. – RCM / GSR Women in Recovery Group
5. April D. – COACNA 29 Chair / GSRA Aging In Recovery Group
6. Shannon J. – GSR Aging in Recovery Group
7. Brock J. – GSR Trust the Literature Group
8. Nande G. – Interested Member
9. Larry K. – GSR Text Discussion Group
10. Les H. – GSRA Together We Can Group
11. Mandi S. – GSR Meeting up North Group
12. Matt S. – H & I Subcommittee Chairperson
13. Megan P. – Public Relations Subcommittee Chairperson
14. Vanessa F. – Area Office Subcommittee Chairperson / GSR Better Late Than Never Group
15. Fred S. – GSR Promise is Freedom Group
16. John W. – GSR Clean Machine Group
17. Al S. – GSR Monday Miracles Group
18. Eric P. – GSR Hearts 1 Group
19. Dave M. – GSR Good Morning Group
20. Stuart – GSRA Good Morning Group
21. Katherine – Interested Member

Minutes approved:

Minutes for May 2020 were approved.

New Group Recognition:

NONE

New Group Service Representative(s):

There were several new GSR's, but I forgot to write down names. I think the following were new:

- John W. – GSR Clean Machine
- Dave M. – GSR Good Morning Group
- Stuart – GSRA Good Morning Group

New Flyer Approval:

NONE

Brief financial assessment from Treasurer:

Starting balance	\$8,063.11
After all checks clear	\$6,015.18
After donations (\$90)	\$6,105.18

Unfinished Business: (business that needs action this month or is unresolved from previous months)

1. OCNA Fundraiser update

There was some discussion both for and against making a donation this year. In the end we came to a consensus against making a donation to OCNA this year mainly because of our uncertain financial situation.

2. Transitioning back to face to face meetings (PR)

- *Public Relations (PR) has been organizing information from various sources and has developed several documents to help COASCNA groups determine for themselves the best course of action. (<https://nacentralohio.org/coronavirus-and-meeting-closures/>)*
- *There will be a 2nd Homegroup Roundtable discussion about reopening meetings held on 6/30. Notes from both roundtables will be put on the web page listed in the previous bullet.*
- *As information changes for your home group, please make sure to keep PR updated by using the coascna@gmail.com email address.*

Agenda Business: (business that was put into the minutes at the previous month's ASC meeting)

1. 3rd Quarter Subcommittee Budgets (July – September)

- *Hospitals & Institutions submitted a budget for \$750 for literature to be purchased from the Lone Star Region in the next couple of months. (**APPROVED by consensus**)*
- *Public Relations submitted a budget for \$350 for projects they intend to work on in the 3rd Quarter. (**APPROVED by consensus**)*

2. Requests for checks

- *Area Office subcommittee – requested \$250 to pay office rent. (**APPROVED by consensus**)*
- *Other monthly checks to be written:*
 1. *WOW - \$100*
 2. *RSC donation - \$18 (20% of \$90 donations this month)*

3. Nominations for Unity Day Chair

- *Nande G. was nominated & she accepted the nomination.*
- *Vote: 13-0-0 (elected)*
- *Nande will make a report next month.*

4. Nominations for all annual positions

- *Chairperson – no nominations (this position is now vacant)*
- *Vice-Chairperson – no nominations (this position is now vacant)*
- *Secretary – no nominations (this position is now vacant)*
- *Vice-Secretary – no nominations (this position is now vacant)*
- *Treasurer – no nominations (this position is now vacant)*
- *Vice-Treasurer – no nominations (this position is now vacant)*
- *RCM – Lynette CD. (Vote: 11-1-1 – elected)*
- *RCM-Alt – no nominations (this position is now vacant)*
- *Activities Chairperson – no nominations (this position is now vacant)*
- *Area Office Chairperson – Nande G. (Vote: 11-0-2 – elected)*
- *H&I Chairperson – Matt S. (Vote: 11-0-2 – elected)*
- *Newsletter Chairperson – Rebecca A. (Vote: 10-0-2 – elected)*
- *Outreach Chairperson – no nominations (this position is now vacant)*
- *PR Chairperson – Paul M. (Vote: 11-0-2 – elected)*

5. Elections for all Regional positions

- *Chairperson – Kirby M. (Vote: 11-1)*
- *Vice-Chairperson – Dave L. (Vote: 12-0)*
- *Secretary – Martha B. (Vote: 12-0)*
- *Treasurer – TJ (Vote: 12-0)*
- *Vice-Treasurer – Sam G. (Vote: 12-0)*
- *Outreach Chairperson – Maddie B. (Vote: 11-1)*

6. Electronic donations

- *Mark R. reminded all groups and individuals that donations can be made through PayPal to the COASCNA Treasurer's email address (coascna.treasurer@gmail.com).*
- *We know that virtual meetings do not cost anything, but please consider continuing to donate either to your home group or directly to the Area using PayPal.*

7. Motion 2020-02 – To suspend ORSCNA donations

- *VOTE: 8-2-2 (the motion passed)*
- *COASCNA will no longer make donations to ORSCNA until a motion is passed reinstating existing policy.*

Group Reports:

Clean & Cyber Group

The Sunday meeting permanently closed as of 06/27/2020, so we now meet once per week on Fridays at 7pm.

Our format is rotating literature with discussion afterward. One week we read from Living Clean, and then the next week Step 1, 2, 3 or 12 from the Basic Text and/or It Works: How and Why. We get between 6 and 15 people per week. During June, a person from India is chairing. We usually have 4 or 5 newcomers per month. Because we do not have a literature rack at the beginning of the meeting, the Secretary shares their screen to show members how to access free IPs and other NA literature via the web. Members include their phone numbers as part of their names, or send it via chat, so those who want to can take their number down.

Clean & Cyber: We Face the World Together will not be contributing to ASC this month, but we hope to be able to in the future.

Paul M.

Better Late Than Never Group

We are meeting six nights a week, Monday, Wednesday, and Friday are hybrid meetings while Sunday, Tuesday, and Thursday are zoom meetings. Attendance is great. We decided to have two secretaries for our hybrid meetings, one for the f2f meeting and one for the zoom. We are handing out masks if anyone wants, we have hand sanitizer, and take temps. We are participating in the PR Roundtable as well. Jesse will be our new GSR next month.

Vanessa F – GSR
Jesse S – GSRA

Clean Machine Group

Members have been providing the 7th Tradition via PayPal. Helena D. has been taking collections and transferring periodically, and individual members have been making one-off contributions.

Lisa G. shared a few weeks ago and it was a lovely meeting!

John W. – GSR

Trust the Literature Group

As of the 17th of June from the permission of the facility, we have been meeting in the parking lot weather permitting. If the weather is unfavorable we will be meeting at the Westgate park open air shelter house. A home group member will wait at the church until about ten after to help any shuttle over to Westgate. I have emailed the Coascna email to inform we have started meeting again but it hasn't been updated yet. We will continue to study literature but instead of our normal variety we will only be using the basic text. So along with encouraging chairs, refreshments, and masks, we also encourage to bring your basic text because we will not be passing out literature.

As a reminder to anyone wanting to attend, it's important to remember that meeting outside we become the face of Na, but also of our facility so it's imperative we are respectful, responsible, and safe!

ILS
Brock J.

Women in Recovery Group

Women in Recovery continues to meet via zoom every Wednesday at 6:00 pm. This is a closed meeting with a rotating format – speaker, topic discussion and literature study. Our weekly attendance seems to have dropped dramatically over the past month or so, with between 4-8 women joining regularly. To date, we have not been collecting a 7th tradition, although we are now announcing that folks can make donations directly to the Area Office. We have no donation at this time.

In Loving Service,
Lynette CD., GSR
Women in Recovery Group

Administrative Reports:

Chairperson's Report (Mark R.):

I don't have much to report on this month. I have been monitoring the work that PR is doing on guiding groups who are thinking about reopening face to face meetings. And I helped Byron get the final minutes out to everyone. That's about it. Thanks!

In loving service,
Mark R., COASCNA Chairperson

Vice-Chairperson's Report (Sara S.): (Not present)

Secretary (Byron B.):

No written report submitted.

Treasurer (Paul M.):

Hello Family, thank you for allowing me to be of service. I was glad to gain experience as the Area treasurer over the last year, and appreciate everyone's patience as I learned the ropes. Please note that there are two pages to this report.

This is the end of my term as Treasurer. Thank you again for allowing me to be of service.

We are still on decent financial footing.

I am concerned about the various entities in our Central Ohio Area Service Committee, and still strongly suggest that we consult with a qualified professional. Here are a few things I suggest we seek guidance on from a tax and insurance specialist who has experience with non-profit groups like ours:

- Is it possible for COASCNA to be insured under the Region policy (ORSCNA) when we are completely separate entities?
- Is there anything we need to be aware of since there are three separately incorporated groups within the Central Ohio Area?
 - COASCNA
 - Our service committee, made up of subcommittees such as H&I and Public Relations and which performs duties on behalf of the many Groups in our Area; will be required file Federal tax returns.
 - COAONA
 - The Area Office, which conducts business reselling literature, but whose office insurance, rent, and phone/internet is currently paid by COASCNA; COAONA also must file tax returns
 - COACNA
 - Technically a subcommittee of COASCNA; it's the every-two-year Area Convention, which provides COASCNA with some portion of its proceeds from the Convention. On the flip side, COASCNA could be responsible for any financial loss the Convention suffers. COACNA has to file tax returns.
- Are the assets of individual trusted servants at risk if we do not have adequate coverage?
- Should the Executive Body of the Area be named in an insurance policy (the same as the executive body of the Region is named in their insurance policy, or at least was in the last policy our Area was easily able to view)?

I have talked to trusted servants from a few other Areas and Regions across the US, and they all offer the friendly strong suggestion that we sit down with a professional to make sure that we acting in accordance with all applicable laws and regulations, and that trusted servants are at no risk of personal liability.

Other items to note:

- The ASC Chair has set up a PayPal account so that groups can make electronic donations to Area.
 - See main menu of website
 - COASCNA has set up electronic donations so NA members and groups can donate more easily. Please note our 7th Tradition states that "Every NA group ought to be fully self-supporting, declining outside contributions." We are unable to accept any donations from non-addicts due to our principle of self-support.
 - Interested members and groups can donate with PayPal to coascna.treasurer@gmail.com

- Anyone can set up a PayPal account as long as there is a valid email address and checking account or credit card associated.
- Make sure to add a note to indicate which group or person is sending the money so it can be attributed to the correct group.
- The donations from our groups have decreased sharply over the last few months; here are some expenses to consider, and for the Groups to think about how they want to direct Area to proceed over the coming months.
 - Fixed costs for goods and services (~\$5,000 per year, or \$417 per month)
 - **Area Office (\$4,650 per year)**
 - Rent, \$250 per month (\$3,000 per year)
 - Phone & internet, \$100 per month (\$1,200 per year)
 - This is a combined, single bill. It is possible to get a much cheaper phone plan and not have internet included.
 - Insurance for the office only, ~\$450 per year
 - **Public Relations / Information (\$330 per year)**
 - Website, \$330 per year
 - Variable costs (costs we can suspend)
 - Literature for the H&I Committee
 - For the PR subcommittee: Literature, fees for tables at events like African American Male Wellness Walk and Gay Pride, NA Awareness Campaigns such as radio spots, PSAs, billboards, and program listings such for Comfest
 - Rent for JFT if ASC begins meeting in person (\$300 per year), or
 - if ASC continues to meet virtually, then the cost of the virtual platform (Zoom, Bluejeans, etc.) or
 - Investigate free alternatives.
 - Unity Day
 - Addithon
 - New Year's Eve

Again, thank you for the opportunity to be the Area's treasurer!

In loving service... Paul M

Regional Committee Member (Lynette C.-D.):

Hi Family,

The Regional Service Committee meeting is scheduled for June 11-12, 2020 and will be held both in-person and via Zoom. I have opted to attend online and so will not be requesting funds for travel this quarter. The Finally Free Area will be hosting the meeting in Wooster, Ohio. I will forward the flyer with information about the in person meeting and the Zoom log-in information as soon as I receive it. This is an ideal opportunity for folks who've never had the chance to attend a regional meeting to join us virtually to learn about how this service body serves the 15 areas of the Ohio Region.

I also want to remind this body that I've encouraged us to have conversations regarding any issues we would like to bring before the region that aren't already being discussed. While the motion process is the traditional vehicle to share specific questions and or changes we have for the regional service body, as your representative I am happy to relay concerns and/or issues that we may want to explore. I will continue to invite folks to attend the regional meeting if and when they are able and continue to encourage us to provide feedback on what we'd like the RSC to address on our behalf.

In Loving Service,
Lynette CD, Regional Service Committee Member

Subcommittee Reports:

Activities Chair (Open):

Area Convention – COACNA 29 (April D.):

Hi family,

So far, we have sold 35 basic and 84 full registrations. As of today our bank balance is \$6,098.27. We are working on planning an outdoor event in late August assuming we will still be able to and also working on trying to do a drive-in movie style event for around Halloween. We are still working on nailing down locations for both possible events.

ILS,
April

Area Office/Phone Lines (Vanessa F.):

Hey family! So Caity, our treasurer, informed me that our sales are about 10% of what we usually do. Good news, the office is still stocked. Bad news, we will need reimbursed for rent for July. The office is officially open Saturday, Sunday, and Tuesday as the website states. If anyone is willing to volunteer, please let me know. We could also use phone line volunteers. Speaking of, we had 62 phone calls in May, down from 75 in April. Last month we had 8 newcomer phone calls. Thank you so much for letting me be of service! I love you all!

Vanessa F
Office Chair

Hospital and Institution (Matt S.):

We currently have 23 commitments, 23 of which are currently not meeting due to Covid-19.

We have continued both H&I virtual panels meeting Wednesday @ 7 and on Saturday @ 6:30. We have rotating panels with members from our subcommittee. We have been getting regular attendance from 2 of the treatment facilities in our area with about 40 people in attendance not including our subcommittee members. Lastly, I will be submitting our quarterly H&I budget of \$750. We would like to get a literature order in with the Lonestar area ASAP as they still have literature available at this time.

Lastly, we have some treatment centers that are starting to discuss in person H&I meetings. We will be discussing this at our next subcommittee meeting and continue discussions with interested treatment centers about their concerns and how we can safely facilitate this.

In loving service,
Matt

Newsletter (Rebecca A.): (Not present)

Outreach (Quentin H.): (Not present)

Subcommittee Information:

- Sadly, the Outreach Subcommittee slowly dwindled after the COVID-19 quarantine started. Ultimately, the subcommittee ended up not having enough members/support to fulfill our purpose.
- I am in the process of trying to compile a flash drive/Google Drive which would contain any information or resources I have available for any future Outreach Chairpersons, (e.g. Gmail login information, Outreach document templates, etc.) which I would be leaving with the COASCNA Chair/Vice-Chair.

Subcommittee “Accomplishments”:

- Created “Support Spreadsheet”.
- Got information about Outreach back out there again.
- Helped groups that were struggling. Helped NEW groups that were starting up.
- Helped distribute service material/information, GSR information, etc. to the area.
- Hopefully, got addicts involved in service

Stronger Home Groups Learning Day:

- As most of you know, the learning day that the Outreach Subcommittee had organized ended up falling through as a result of the quarantine.
- Sadly, there are no plans to reschedule the learning day, at this time.
- I will be adding any information and resources I have for the learning day to the flash drive I mentioned.
- ***If the fellowship would still like the learning day to happen, and there’s enough people willing to help make it happen, I would be more than happy to find a way to make it happen still!**

Closing:

- *Essentially, any and every Outreach Subcommittee in Narcotics Anonymous, all serve the same purpose; supporting our fellowship! Whether or not COASCNA has a “standing” Outreach Subcommittee or not, we still have, not only the ABILITY to do what the subcommittee would do, but we also have the responsibility to do it as members of this fellowship! With or without an actual subcommittee, we ALL should still support our fellowship! I don’t know about anyone else, but the past couple months have made me more grateful than EVER for Narcotics Anonymous, especially for our area and what we to offer. All of that is only made possible by support from addicts in our fellowship, and without that support, we risk losing all of those things that help us carry our message to the still sick and suffering addict!*
- *If anyone would like to get in touch with me for any reason, please do not hesitate! My phone number is 614-749-8408, and my email address is newstart545@gmail.com. (If you try calling me and I don’t have your number saved, there’s a chance I will screen your call. Please make sure to leave a voicemail, or send me a text.)*
- ****If anyone has the willingness to take over as the Outreach Chairperson, please let me know! I am more than happy to still be a part of and help the subcommittee in whatever ways I can!***
- *I would like to give a special thanks to everyone in our ASC! If it wasn’t for all of their help and support, there wouldn’t have been an Outreach Subcommittee! I would really like to thank EVERYONE in our area for their trust, faith, and support this past year! This has truly been such a great experience and such an amazing opportunity that has definitely helped me in my recovery! If it wasn’t for the fellowship, none of it would have been possible! Thank you to everyone again too.*

ILS,
Quentin H.

Public Relations (Megan P.):

Highlights

- New Billboard Sites
 - West Broad (near Hollywood Casino)
 - Hilliard Rome Rd / Roberts Rd
- Collaboration with other PR committees across the globe
- “Should We Re-Open Meeting Suggested Guide” shared with other areas
- “Should We Re-Open” Learning Zoom #1 was a success – notes available
- “Should We Re-Open” Learning Zoom #2 scheduled for Tuesday, June 30th at 6:30pm (opens at 6pm)
- Website continuously updated with meeting information

2020 Q2

- Assist in PR activities for re-opening meetings/maintaining virtual presence
- Website updates must go to COASCNA@gmail.com
- Review PR forecasted plan for Q3 and make proper adjustments

Check Request

- No request

Next Meeting

- TBD

Unity Day (Open):

Nominations to Fill Open ASC Positions:

Current Open Positions:

Elections were just this month so we will do this next month.

Nominations to Fill Open RSC Positions:

Current Open Positions:

Elections were just this month so we will do this next month.

Sharing Session:

No topics were brought up for the Sharing Session.

Unplanned Business:

1. Insurance for COASCNA

- *We combined the issues of verifying our coverage under the ORSCNA insurance policy and of possibly obtaining our own insurance as an area. Here’s the results of that discussion.*
 - *We agreed that Mark R. (who would be present at the ORSCNA meeting on 7/11) would FaceTime with April D. during the lunch break so she could try to verify if COASCNA is indeed covered by the ORSCNA policy.*
 - *After determining whether we are or are not covered, COASCNA can move forward as it sees fit.*

Pre-Agenda Business: (reading into minutes items for Agenda Business at next month's ASC meeting)

1. *Addithon Chairperson and New Year's Eve Chairperson nominations are due in July with elections held in August.*

Adjournment:

Serenity prayer and adjournment at 5:45pm

Next ASC meeting: July 19, 2020 at 2:00pm

Central Ohio Area Service Committee of Narcotics Anonymous Trusted Servants			
Administrative Committee			
Chairperson	Open		
Vice-Chairperson	Open		
Secretary	Open		
Vice-Secretary	Open		
Treasurer	Open		
Vice-Treasurer	Open		
Regional Committee Member	Lynette C-D	614-432-0601	iamlightlcd@gmail.com
Regional Committee Member Alternate	Open		
Subcommittee Chairpersons			
Activities Chairperson	Open		
Area Office Chairperson	Nande G.	614-515-3322	dalocka814@gmail.com
Convention Chairperson	April D.	614-636-1640	COACNACHair@gmail.com
Hospitals & Institutions Chairperson	Matt S	614-404-1111	Jank.nation498@gmail.com
Newsletter Chairperson	Rebecca A.	614-940-2632	beccalo@hotmail.com
Outreach Chairperson	Open		
Public Relations Chairperson	Megan P.	614-600-6339	megpowell@gmail.com