

Central Ohio Area Service Committee Meeting Minutes

October 18, 2020

Meeting called to order at 2 P.M. by **Tammy S.**

Serenity Prayer recited by **everyone**

Service Prayer read by **Mark R.**

The Twelve Traditions of Narcotics Anonymous read by **John W.**

The Twelve Concepts for NA Service read by **Mark R.**

Reading of 12 Concepts based on month by **Shadena C. & Nande G.**

BACK TO GROUPS:

- **Nominations for open ASC positions:**
 - **Vice-Chairperson, Vice-Treasurer, Secretary, Vice-Secretary, Regional Committee Member Alternate, Activities Chairperson, Outreach Chairperson**
- **Nominations for open Ohio Region positions:**
 - **Vice-Secretary and Policy Coordinator**

Roll Call: (we apologize to anyone we missed)

1. Tammy S. – Chairperson
2. Mark R. – interested member
3. John W. – GSR Clean Machine
4. Paul M. – PR representative
5. Kevan T. – GSR No Matter What
6. Stuart G. – GSR Good Morning Group
7. Al F. – interested member
8. Robin – GSR Monday Miracles
9. Fred S. GSR Promise Is Freedom
10. Shadena C. – GSR U Grow Girl & Addithon Chairperson
11. Nande G. – Area Office Chairperson
12. Lynette CD. – RCM
13. Janis C. – GSR Heart To Heart
14. Eric P. – GSR Hearts 1
15. Jarrod G. – Area Treasurer
16. Brock J. – GSR Trust The Literature
17. Gail B. – New Year's Eve Chairperson
18. Brenda M. – New Year's Eve committee

Minutes approved:

Minutes for October 2020 were approved.

New Group Recognition:

NONE

New Group Service Representative(s):

Robin L. Monday Miracles

New Flyer Approval:

Addithon Flyer approved

Brief financial assessment from Treasurer:

Jarrold G. gave a brief assessment of the current financial situation. There are no outstanding financial report forms that need completed.

Outstanding checks not cashed and reflected in current balance

- COAONA - October 2020 service office rent - Check #1065 - \$150.00 (following up with Nande G)
- ORSCNA - October 2020 donation - Check #1068 - \$88 (expected to be cashed in January 2021)

Balance at the end of October ASC Meeting \$6,095.33

Group Donations for the Month \$273.56

Other Donations for the Month \$0.00

Expenses during the Month \$302.61

Current Balance \$6,066.28

Unfinished Business: (business that needs action this month or is unresolved from previous months)

NONE

Agenda Business: (business that was put into the minutes at the previous month's ASC meeting)

Requests for Check

- Area Office subcommittee - request \$150 to pay office rent for December
- Other monthly checks to be written
 - WOW! Business - check written for \$99.90
- ORSCNA Donation: \$52.71
 - Group donations of \$263.56 x 20% = \$52.71

Budget and Agenda for Addithon

Budget \$200

Vote 7/0/0

Budget and Agenda for New Years Eve

Budget \$100

Vote 7/0/0

There is no report at this time. Still looking for venue.

Writing Steps for Recovery (WSR)

Kelli A. Chair

Vote: 6/0/0

OCNA Fundraiser Chair Nominations:

Convention may not take place due to Covid, therefore we will put this adhoc committee on hold until January.

Group Reports:

Heart to Heart

Heart to Heart

Broad street United Methodist Church

501 E Broad St.

Columbus, OH 43215

7pm

Currently on Zoom until further notice.

GSR: Janis C

Sec.: Chris M

Contact: Fred P

Trust the Literature

Trust the literature

Wednesday's at 8pm

Literature study format

Secretary Patrick h

Treasurer Colten k

Gsr Brock j

We have started meeting inside this month without any problems. Masks are mandatory and have been splitting immediately into separate groups no larger than ten we have averaged a attendance of 15-20 addicts each week. We have no events to announce and will not be making a donation this month.

ILS Brock j

Good Morning Group (verbal report)

GSR-Stuart G

Area donation for October-\$75

Everything else is the same

Alt GSR Cali Dave

Promise Is Freedom Group (verbal report given)

We have gone back to zoom meetings due to the outbreak of Covid. We have not been able to release our zoom information until now. We are an open meeting and welcome anyone to attend. Please come out virtually and support.

Meeting id: 810 5523 1067

Password: 111111

Administrative Reports:

Chairperson's Report Tammy S.

Hello Family

I am pleased at how well last months meeting went. Thank you all for your support. I apologize about the confusion over the password.

I am excited about more meetings going to meet face to face. There are many addicts that cannot or will not do zoom. I see this meeting being on zoom for the foreseeable future. To that end, I will be posting the information on the website to promote accessibility for the entire membership.

I have signed on early the last 2 months to talk about service topics. No one has joined those meetings. I am available to answer any questions that might arise between meetings and I will have the extra meeting if the need arises. My information is in the agenda, please call me if you need assistance between meetings or if you need to bring something up at the ASC meeting.

ILS,

Tammy S.

Chair

Treasurer: Jarrod G.

Good afternoon family, thank you for the opportunity to serve our area. Our donations from individuals and groups for November 2020 fell by about \$170 when compared to October 2020. Please continue to announce the following during group announcements:

- COASCNA has set up electronic donations so NA members and groups can donate more easily.
- Interested members and groups can donate with PayPal to coascna.treasurer@gmail.com
- Anyone can set up a PayPal account as long as there is a valid e-mail address and checking account or credit card is associated.
- Please make sure to add a note to indicate which group or person is sending the money so it can be attributed to the correct group.

The following items will be attached for record and attached to the minutes e-mail.

- Bank Statement for October 2020

Regional Committee Member (Lynette C.-D.): Nov. 15, 2020

Hi Family,

The Regional meeting was held Oct.10 & 11 and was hosted by the Greater Cincinnati Area. I do want to note that in reviewing the minutes from the meeting,

I noticed that I am marked as absent on both Sat and Sun, however I was in fact in attendance on Saturday during the full committee meeting as well as the RCM/RD meeting, and gave both my RCM and Regional Phonenumber Coordinator reports. I will reach out to the regional secreatray to correct this.

As an FYI, the Outreach Chair now has their own Zoom account for NA meetings, subcommittee meetings, WSC meetings and other uses as necessary.

Discussion from the RCM/RD meeting:

- While that RDA indicated that the results of the CAR/CAT motions were attached to the minutes - they were not, so I will follow up with the ; in this document is the summary of decisions from part two of the virtual WSC 2020 which met August 7th & 8th.
- The WSC did approve IP #30 Mental Health in Recovery as our newest piece of recovery literature. This IP is posted on na.org and on sale for 33 cents @ na.org/webstore and is item #3130.
- NA World Services has been financially affected by the global pandemic as have we all, and there has been discussion on how to shift from a model that relies on literature sales to a more sustainable model that depends upon member contributions. Members can help by making a recurring monthly contribution to World Services; if you want to participate go to www.na.org/contribute.
- FYI, NAWWS now has an Instagram account: www.instagram.com/narcoticsanonymous
- The Spiritual Principle a Day Book Project needs help writing and reviewing material: www.na.org/spad
- We are still looking for local resources related to online meetings, hybrid meetings, and concerns related to reopening in-person meetings to post on the Online Meetings Page: www.na.org/virtual. Send them to wb@na.org

Open Regional Positions:

- Vice-Secretary
- Policy Coordinator

The next RSC meeting is scheduled for January 9th & 10th, 2021 Hosted by KORA (Portsmouth). As soon as I receive the hotel and Zoom information I will share it.

Finally, a reminder that the RCMA (Regional Committee Member Alternate) position is still vacant. There are 2 regional meetings left before the end of my final term as your RCM and it is important for a smooth transition that I be able to train the new person taking over as RCM if necessary. Please encourage your home group members with at least 2 years clean and a desire to serve to consider this opportunity.

ILS,

Lynette CD
Regional Committee Member

Subcommittee Reports:

Activities Chair (Open):

Convention Committee: Devona Vice chair

Hi family,

I am traveling back to Ohio from being in New Mexico so DeVona, COACNA 29's vice chair, will be giving the report this month.

So far, we have sold 47 basic and 97 full registrations. As of today our bank balance is \$5,850.06.

We are hoping to have a virtual event in early 2021, more details to come.

We have talked to the hotel and they are offering us to postpone our event by one year if we want to, they are giving us until March to give them a decision. The committee talked and we are going to wait until after the holidays and after the new year. We will come to a vote on postponing the event in either February or March.

ILS,

DeVona & April

Area Office (Nande G.):

Hello Family!

The office is still open Tuesday 6 -8p , Saturdays 10a-1p, Sunday 10a -2p. We are currently out of Basic Texts and Living Clean books but we should be getting some in about 3 weeks. There were a total of 197 calls made to the Area Phone line, with 4 of those being newcomer calls. We are looking for phone line volunteers and office volunteers so if you have a willingness to get involved with service email the Office at cbusofficeofna@gmail.com or give me a call 614-515-3322. Our next subcommittee Meeting will be -December 6th at 11:00 on zoom ID 937-226-4629.

In Loving Service,

NandeG.

Hello family,

All tax stuff due Nov15th has been filed. All receipts for such and normal attachments are attached to this email. Our current balance is \$2,513.75.

ILS,

Vanessa F

Hospital and Institutions

Hi Family,

Minutes from the November H&I Subcommittee meeting are attached for your review.

Barcy C needs women who can serve on a regular basis at the Maryhaven Women's Virtual panel on Wednesday's at 7. If you are interested please contact Barcy C. If you need her contact information, I can provide it.

We are accepting nominations for the Vice Chairperson position. Please consider serving. If you are interested, see the attached position description in the attached H&I Policy.

The December H&I Subcommittee meeting will be on Sunday, December 6th. I've included the meeting link below.

H&I December Zoom Meeting Link

<https://zoom.us/j/8383371374>

Meeting ID: 838 337 1374

One tap mobile

+13126266799,,8383371374# US (Chicago)
+16465588656,,8383371374# US (New York)

Thank you,
Brad H, Secretary
330-685-2381

nd Institution (Matt S.):

Newsletter (Rebecca A.): (Not present)

No written report submitted.

Outreach (Open):

Public Relations: Megan

Central Ohio Area of Narcotics Anonymous
PUBLIC RELATIONS SUBCOMMITTEE

November 2020 REPORT

Highlights

- Committee– three active members
- Web Stats October: 2,442 hits, 70%, or 2,011 were new visitors; collectively viewed 10,869 pages; 75% visited by smartphone, 24% by desktop, 1% by tablet.



• November Events/Projects

o October 19th – Monthly OSU Presentation

o NA schedule and information shared with Mt. Carmel hospital systems and THRIVE peer support o *Project in Process* - Meeting with Fairfield Co. coordinator Valerie Carpico to discuss PR video / literature donation

o *Project in Process* - Discussions regarding electronic literature for incarcerated addictions through

JPAY • **Future Events**

o OSU Monthly Presentation scheduled for November 16th

o Date TBD: Behavioral Health Networking Event – on hold due to COVID

o Fundraiser for awareness campaign

• **Service Learning Opportunity**

o Western Service Learning Days, Nov 20-21, wsld.org

Reminders

- Website updates must go to COASCNA@gmail.com
- Suggestion: Groups should check with their facility regarding COVID changes.

Check Request – no request for November Next Meeting

- Thursday December 10th, 5:30 pm Zoom Link: <https://zoom.us/j/5363639417>

Next Meeting

- Thursday December 10th, 5:30 pm Zoom Link: <https://zoom.us/j/5363639417>

WSR (Kelle A)

11/15/2020

Greetings!

I apologize for not being able to be there this month but look forward to seeing everyone in December. I have reached out to a few people who had previously expressed interest in participating in Writing Steps for Recovery (WSR) and am looking forward to more joining us as we move forward. Please include my phone number in the minutes for anyone who would like to participate but is unable to make it to our first subcommittee meeting. (Kelle A. 614-738-1673)

The first official WSR meeting will be held on zoom Wednesday December 9th at 6pm. This is the Zoom Meeting ID: 892 1128 2898 and Passcode: 853555. Please make sure this goes out to all the groups and is posted on the website so anyone who would like to attend may do so.

Prior to the meeting, some WSR policies that are already working in other areas around the country will be sent to the H&I, PR, Outreach and Area Office subcommittees for review with the hope of all of these subcommittees bringing their knowledge and experience to the formation of our policy. We are hoping to utilize these already formed policies, as well as the regional WSR policy, and essentially “cut and paste” what’s already working while adding details that are specific to our area based on the suggestions of the other subcommittees with whom we will be working. We feel this will be the best way to draft a

policy quickly that will also be done excellently, so that we will be able to get to the work of writing letters and serving the addict who still suffers.

I look forward to seeing you at the WSR subcommittee meeting and next month at ASC. Have a great meeting!

In loving service,

kelle a.

Addithon (Shadena C.) Sunday, November 15, 2020

Good afternoon,

The 30th Addithon Committee met for the first time yesterday, Saturday, November 14th at 3pm. We had approximately 10 addicts in attendance on the Zoom platform. The Meeting ID is 874 3564 6467 and the password is Addithon30. Our next meeting will be Saturday, November 28th at 3pm Zoom will open at approximately 2:45pm. We are off to a great start. First, with a few members with 25 years or more in the process that shared their personal experience and concluded that instead of it being the 37th Addithon, it is our 30th. The first one was held on December 24th, 1990!

Moving on, we, as a committee have decided to have this event all Zoom platform, due to the issues with securing a facility. We have tried various locations and have been unsuccessful, however, we have included a request for \$140, in case a location becomes available. We would like for all home groups to make sure they sign up for an hour time slot. Please contact any member of the committee (see flyer). Also, I spoke with the group and it has been voted to implement 30 minute time slots for each sub committee of this area to share and answer questions about how they are currently operating and what they do. This is to bring about awareness of the service work that we need addicts to sign up for and to update the area on where and how each sub committee is operating during this crisis in world. We have asked the chairperson for each of these committees to reach out and support this exciting opportunity and sign up! We are open to ideas if anyone has any as well. On Thursday 12/24 rolling into Friday 12/25th at Midnight, we will have a speaker who will share on a selected topic, then open the floor for marathon all night long. Please look at flyer for breakdown of our 36-hour event!!

7th Tradition will be going through the area PayPal Account and the new CashApp for the Addithon Committee which is: \$AddithonCommittee. We are also going to have either translation or sign language interpreter for our hearing-impaired members, so please let everyone know and spread the word!! There is still more information that will be available for everyone in the upcoming month. We will have updated meeting time slots on the area website. Everyone, please encourage your home group and other groups to sign up for a slot!!!

In Loving Service,

Shadena C., (Addithon 30 Chairperson)

614-902-9139

shadenacarter22@gmail.com

New Years Eve (Gail B.)

Gave a verbal report. Main topic was difficult finding a venue.

Nominations to Fill Open ASC Positions:

Current Open Positions:

- *Vice-Chairperson* – no nominations
- *Secretary* - no nominations
- *Vice-Secretary* – no nominations
- *Vice-Treasurer* – no nominations
- *RCM-Alt* – no nominations
- *Activities Chairperson* – no nominations
- *Outreach Chairperson* – no nominations

Nominations to Fill Open RSC Positions:

Current Open Positions:

- *Vice-Secretary* – no nominations
- *Policy Coordinator* – no nominations

Sharing Session:

Mark R. had brought information about consensus based decision making last month and asked the GSRs to review that information to discuss this month. Due to the issues surrounding Covid he suggested that we table this issue until next spring or until there is more interest.

Unplanned Business:

There was a lively discussion about the concerns of sub committee chairs not attending the ASC meeting. The policy clearly states that one reason remove chairs from trusted servants from their position is to be absent from 2 consecutive meetings without notification. It was decided that Tammy S. (chair) would have a private discussion with the 2 chairs to determine their desire to continue in their positions.

Pre-Agenda Business: (reading into minutes items for Agenda Business at next month's ASC meeting)

none

Adjournment:

Serenity prayer and adjournment at 4:50pm.

Next ASC meeting: December 13, 2020 at 2p

Administrative Committee			
Chairperson	Tammy S.	614-323-4681	tammyk054@gmail.com
Vice-Chairperson	Open		
Secretary	Open		
Vice-Secretary	Open		
Treasurer	Jarrod G.	614-506-5690	jwgrph@gmail.com
Vice-Treasurer	Open		
Regional Committee Member	Lynette C-D	614-432-0601	iamlightlcd@gmail.com
Regional Committee Member Alternate	Open		
Subcommittee Chairpersons			
Activities Chairperson	Open		
Area Office Chairperson	Nande G.	614-515-3322	dalocka814@gmail.com
Convention Chairperson	April D.	614-636-1640	COACNACChair@gmail.com
Hospitals & Institutions Chairperson	Matt S	614-404-1111	Jank.nation498@gmail.com
Newsletter Chairperson	Rebecca A.	614-940-2632	beccalo@hotmail.com
Outreach Chairperson	Open		
Public Relations Chairperson	Megan P.	614-600-6339	coascna@gmail.com