

Central Ohio Area Service Committee Meeting Minutes

January 17th, 2021

Meeting called to order at 2 P.M. by **Tammy S.**

Serenity Prayer recited by **everyone**

Service Prayer read by **Tammy S.**

The Twelve Traditions of Narcotics Anonymous read by **Elizabeth E.**

The Twelve Concepts for NA Service read by **JD W.**

Reading of 12 Concepts based on month by **Dustin G.**

BACK TO GROUPS:

- **Vote for Outreach Committee Chair - Shadena C. (GSR for U Grow Girl Group of NA)**
- **Flyer approved for distribution to groups: COACNA 29's Step Up Speaker Jam 2/28/21**
- **Nominations for open ASC positions:**
 - **Vice-Chairperson, Vice-Treasurer, Vice-Secretary, Regional Committee Member Alternate, Activities Chairperson**
- **Nominations for open Ohio Region positions:**
 - **Vice-Secretary and Policy Coordinator**

Roll Call: (Apologies to anyone we missed)

1. Tammy S. – Area Chairperson
2. Elizabeth E. – Interested member
3. Jarrod G. – Treasurer
4. Shannon J. – GSR Aging in Recovery Group
5. Fred S. – GSR Promise is Freedom Group
6. Stuart G. – Good Morning Group
7. Jeff B. – GSR Gay Joyous and Free
8. Shadena C. – GSR U Grow Girl Group
9. April D.- COACNA chair
10. Dustin G.- GSR ALT Good Morning Group
11. Eric P.- GSR Hearts 1 Group
12. JD W.- GSR of Clean Machine
13. Matt S. - H&I chair
14. Robin L.- GSR Monday Miracles
15. Sean G. – Alt. GSR Heart 2 Heart
16. Les – GSR Together We Can
17. Mandi – GSR Meeting Up North
18. Janis C. – GSR Heart 2 Heart
19. Ryan R. – Member
20. Dave – Concerned Member
21. Kelle A. WSR Committee Chair
22. Lynette CD. - RCM

Minutes approved:

Minutes for December 2020 were approved.

New Group Recognition:

None

New Group Service Representative(s):

Sean G. Alt. GSR Heart 2 Heart

New Flyer Approval:

Step It Up Speaker Jam (COACNA 29) February 28, 2021 12p-8p.

Brief financial assessment from Treasurer:

Jarrold G. gave a brief assessment of the current financial situation. There is one outstanding financial report form that needs completed once the Addithon documentation is completed and provided.

Outstanding checks not cashed and reflected in current balance

- COAONA - January 2020 service office rent - Check #1074 - \$250.00 (Service Office Chairperson and Treasurer could not locate check
- Starting Balance: \$4,895.38
- Group Donations: \$1067.00
- Donations: \$0
- Expenses: \$520.37
- Ending Balance: \$5,442.01

Unfinished Business: (business that needs action this month or is unresolved from previous months)

None

Agenda Business: (business that was put into the minutes at the previous month's ASC meeting)

Request for checks:

- AO rent for January, 2021 = \$250

Election for Jeff B. for Secretary

- Elected: 8 For/0 Against/0 Abstentions

Creation of Ad-Hoc Committee for COACNA Financial Audit

Group Reports:

U Grow Girl Group of NA

Hello,

We are now meeting on Zoom every Monday night from 6pm to 7:15pm. The Zoom info is:

Meeting ID: 883 2922 5841

Password: 709740

Please email me if you would like a link emailed or in-boxed to you.

Contact info is Shadena C. GSR 614-902-9139

Heart 2 Heart Group of NA

Broad street United Methodist Church

501 E Broad St.

Columbus, OH 43215

7pm

Currently on Zoom until further notice. Avg. 20-30 in attendance. \$20 donation to Area office

GSR: Janis C

GSR Alternate: Sean G.

Promise is Freedom Group of NA

Hello Family!

Welcome to Promise Is Freedom.

We are currently Zoom meeting only.

We meet Sunday nights at 7:45 PM, Zoom usually gets up and running by 7:30 PM. ID and password are current with area information.

In Loving Service Fred S. GSR

Good Morning Group of NA

Dustin is the Good Morning Group's new GSR-Alternate and needs to be added to the email list. His email

is goyetche.101@gmail.com. We are extending our meeting from 9:00-10:00am to 9:00-10:15am. And we've made a donation of \$100 to ASC for the month of January.

Gay, Joyous & Free Group of NA

Hello Family,

Gay, Joyous & Free is currently remote through Zoom every Saturday at 7:30pm. We average approximately 20-25 addicts. We are an open meeting that welcomes all and have a rotating format. Our area donation was submitted via PayPal for January, 2021 in the amount of \$50.

ILS,

Jeff B. - GSR

Administrative Reports:

Chair Report: (Tammy S.)

No Report Submitted

Treasurer: (Jarrod G.)

Good afternoon family,

Thank you for the opportunity to serve our area. Please continue to announce the following during group announcements:

- COASCNA has set up electronic donations so NA members and groups can donate more easily.
- Interested members and groups can donate with PayPal to coascna.treasurer@gmail.com
- Anyone can set up a PayPal account as long as there is a valid e-mail address and checking account or credit card is associated.
- Please make sure to add a note to indicate which group or person is sending the money so it can be attributed to the correct group.

The following items will be attached for record and attached to the minutes e-mail.

- Bank Statement for December 2020
- Account Log File
- Financial workbook for January 2021 ASC Meeting
- Group Donations file through January 2021

ILS,

Jarrod G.

Secretary: (Jeff B.)

Hello Family,

Thank you for allowing me to serve as your area Secretary. Please allow some time for me to adjust into this position and I appreciate your patience for the mistakes I'm sure I will make until I get the hang of this once again.

ILS,

Jeff B.

Subcommittee Reports:

Activities Chair (Open):

Convention Committee: (April D.)

Hi family,

So far, we have sold 47 basic and 99 full registrations. As of today our bank balance is \$4,671.66.

We have gotten some fun winter merchandise that we will be selling. Please contact me or Maddie B, our merchandise chair, if you are interested in purchasing any merchandise. It has been our only real money maker during COVID, so please support us if you can. I have provided a flyer of the merchandise to pass around at meetings if you want to show your home groups.

Our virtual speaker jam event will be held on Sunday February 28, 2020. It is called the Step-Up Speaker Jam and it will be from 12-8 so please try to support if you can. We have the finalized flyer to be presented today at ASC.

We are looking into doing a Family Feud-style Zoom fundraiser in March, but more details to come.

We are also looking for artwork to be submitted for our theme "Two Lives in One Lifetime" we are offering a free full registration and one piece of merchandise with the final logo for the best design or concept.

Also, I will be in Florida next month so I will not be at ASC, but I will be providing a report to Tammy to read.

ILS,
April D.

Area Office (Nande G.):

Good morning Family,

Thank you for allowing me to be of service. First and foremost, the Office is still open on Tuesdays from 6p-8p, Saturdays from 10a - 1p, and Sundays from 10a - 2p. We are out of Infinity Coins and low on a few books, which we put an order in for yesterday. It will be here in the next 2-3 weeks. Our taxes for the first half of the year have been paid. For the month of December, we received a total of 103 calls, 5 of them being from newcomers. if you are looking to get involved in service we are looking for phone line volunteers and drivers for Ride to Recovery. You can call me at 614-515-3322 or email cbusofficeofna@gmail.com if you are interested. The flier is attached to this email.

Our next subcommittee meeting is February 7th at 11:00 am on Zoom ID 937 226 4629. It is open to all.

In Loving Service,

Nande G.

Hospital and Institution (Matt S.):

Hello Family,

We currently have 23 commitments, 3 of which are currently meeting on their regular night, 2 via Zoom and the other in person.

We have continued both H&I virtual panels meetings on Wednesday @ 7 and on Saturday @ 6:30. We have rotating panels with members from our subcommittee. We have been getting regular attendance from 3 of the treatment facilities in our area with about 10-35+ people in attendance not including our subcommittee members. The FCCCI and FCCCII zoom meetings are also still meeting and use a separate zoom link supplied by FCCC. We have deposited the check for H&I literature and the order has been placed. I currently have an email receipt which I can submit to Jarrod and will have a physical copy once the literature is received. Once the literature is received we will be splitting the literature up to be stamped and will be coordinating with all of the various Panel Leaders to distribute literature to their corresponding facilities.

We would like to announce our tentative plans for an H&I Zoom Fundraiser/Panel/Silent Auction. The date will be Saturday, April 24th from 2PM-4PM. This will include a silent auction leading up to the event with the winners being announced the day of. More information and a flier is to come next month. In the meantime, any one that is willing to donate any Narcotics Anonymous memorabilia that they would be willing to donate please reach out to Matt S (contact info under H&I on the area website).

Lastly, H&I is always looking for new/interested members. Both H&I zoom panels and could use support from experienced members. We are still looking for interested parties for Vice-Chair, Vice-Secretary, and Vice-Chair of Literature. Any interested parties are encouraged to attend our subcommittee meeting which meets the first Sunday of every month @ 3PM via zoom. The link to the meeting can be found on the area website.

In loving service,

Matt S.

Newsletter (Rebecca A.):

No verbal/written report submitted.

Outreach (Open):

Public Relations: (Megan P.)

Good Morning,

Megan P. here, Chair of PR Subcommittee. I am unable to attend today. My report is submitted to the secretary (attached to this email), and here is a quick summary:

- Website statistics are consistent with last month, a number of new users visiting the site, and utilizing the “virtual meetings” tab.
- The OSU Med School presentation was successful, impacting 7 future physicians in their practice. One med student attended an open virtual meeting, which will positively impact his future practice and patients.
- We have a number of pending projects, including collaborating with Region and World regarding JPAY literature roll out and potentially doing a virtual presentation for a local correctional facility.

- The ideas we have for this year, or the future, is a billboard fundraiser and possibly a virtual talent show, “Addicts Got Talent: COVID Edition”.
- Please continue to submit your website changes to COASCNA@gmail.com.
- The next subcommittee meeting will be Thursday, February 18th at 5:30pm. Details will be added to website. If you have any questions, please contact me directly.

Have a wonderful rest of the meeting, and I look forward to reading the report to catch up on everything I missed.

Best,
Megan P.

Addithon: (Shadena C.)

Good afternoon Everyone,

I am so glad to report that the 30th Annual COASCNA Area Addithon was a great success. I would like to thank all the members who stepped up to be of service and to help assist with executing a very memorable first-time event that consisted of 36 hours of nonstop meetings on a Zoom Platform!! The Vice-Chairperson, Nande G was a trooper that stuck it out with me. Her and I went the full-time tag teaming back and forth to make sure that addicts were comfortable being of service the entire time. We both had approximately an hour and a half of sleep total during the entire event. The other members who volunteered and invested time being of service, was Nicole H., Gregory G. and Robert S. (midnight and marathon overnight meetings) Tim, and Jeanette P. I would like to also extend a big thank you out to the two women who were voted on to deliver the message of hope. Shay B., our midnight speaker on December 24, 2020 titled: Growing Pains, Part 1: Growing up in the Process, and Jeanette P., our closing speaker on December 25, 2020 titled: Growing Pains, Part 2: Staying in the Process. However, the entire event would not have been possible without all of the home groups coming together and sharing their group with us on this special platform for this event. Thank you to all the groups and the members that participated and made this event possible. Even learning technology and being open to try something different.

With that, the area provided us with \$200.00 for expenses on our budget. However, we did not need all of the funds that were given to us.

Our expenses were as follows:

- Zoom (Additional Space for Addicts) \$53.76
- REV (Transcription Services) \$25.00
- **Total \$78.76**

Returned Funds to the Area:

- Unused Funds from Budget \$121.24
- Donations through ASC PayPal Account \$ 55.00
- Donations through CashApp Account \$162.00
- **Total \$338.24**

As you can see, it was a good success and very inexpensive. The area did profit \$138.24 from the event, which was a lot more than expected. We also returned the \$200 that was issued for the event. I am so glad that this area gave me the opportunity to be of service and I hope that we can grow and move forward with this New Year on Staying in the Process, no matter what life epidemics arise. Again, thank you for allowing me to be of service.

With Gratitude,

Shadena C., Addithon 30 Chairperson

Writing Steps in Recovery: (Kelle A)

Greetings from the WSR subcommittee!

At the January 7th meeting we were able to work through most of the policy document we are adapting for use here in our area. We are currently working on the supporting policy documents and hope to finish the editing process for those in February and possibly March. Once those are complete, we will be sending those out to other subcommittee chairs for input and then bringing our policy to ASC for approval.

Our next meeting will be held on zoom February 11th at 6pm (Meeting ID: 864 4280 4234 and Passcode: 403789).

We are in the process of getting a tab on our area website for the subcommittee.

We are excited about finishing the policy documents and looking forward to signing people up as step writers. Please help us get the word out that we are looking for people interested in serving as step writers and/or serving on our subcommittee. Until we are listed on the website, you may contact either Kelle A./614-738-1673, Mollie B./202-631-4651, or Vanessa F./614-557-2964.

Thank you so much!

In loving service,

Kelle A.

Nominations to Fill Open ASC Positions:

Current Open Positions:

- *Vice-Chairperson* – no nominations
- *Vice-Secretary* – no nominations
- *Vice-Treasurer* – no nominations
- *RCM-Alt* – no nominations

Nominations to Fill Open RSC Positions:

Current Open Positions:

- *Vice-Secretary* – no nominations
- *Policy Coordinator* – no nominations

Sharing Session:

None

Unplanned Business:

None

Pre-Agenda Business: (reading into minutes items for Agenda Business at next month's ASC meeting)

None

Adjournment:

Serenity prayer and adjournment at 3:45pm

Next ASC meeting: Sunday February 23, 2021 @ 2pm EST

Central Ohio Area Service Committee of Narcotics Anonymous Trusted Servants			
Administrative Committee			
Chairperson	Tammy S.	614-323-4681	tammyk054@gmail.com

Vice-Chairperson	***OPEN***		
Secretary	Jeff B.	614-743-7264	Jbheart15@gmail.com
Vice-Secretary	***OPEN***		
Treasurer	Jarrod G.	614-506-5690	jwgrph@gmail.com
Vice-Treasurer	***OPEN***		
Regional Committee Member	Lynette C-D	614-432-0601	iamlightltd@gmail.com
Regional Committee Member Alternate	***OPEN***		
Subcommittee Chairpersons			
Activities Chairperson	***OPEN***		
Area Office Chairperson	Nande G.	614-515-3322	dalocka814@gmail.com
Convention Chairperson	April D.	614-636-1640	COACNAChair@gmail.com
Hospitals & Institutions Chairperson	Matt S	614-404-1111	Jank.nation498@gmail.com
Newsletter Chairperson	Rebecca A.	614-940-2632	beccalo@hotmail.com
Outreach Chairperson	***OPEN***		
Public Relations Chairperson	Megan P.	614-600-6339	coascna@gmail.com
Writing Steps in Recovery Chairperson	Kelle A.		