

Central Ohio Area Service Committee Meeting Minutes

February 21st, 2021

Meeting called to order at 2 P.M. by **Tammy S.**

Serenity Prayer recited by **everyone**

Service Prayer read by **everyone**

The Twelve Traditions of Narcotics Anonymous read by **Les**

The Twelve Concepts for NA Service read by **Dustin G.**

Reading of 12 Concepts based on month by **Shadena C.**

BACK TO GROUPS:

- **Flier for distribution: Hospitals & Institution's Virtual Fundraiser – 4/24/2021**
- **Flier for distribution: COACNA 29's Family Feud Event Save the Date – 4/25/2021**
- **Nominations for open ASC positions:**
 - **Vice-Chairperson, Vice-Treasurer, Vice-Secretary, Regional Committee Member Alternate, Activities Chairperson**
- **Nominations for open Ohio Region positions:**
 - **Vice-Secretary and Policy Coordinator**

Roll Call: (Apologies to anyone we missed)

1. Tammy S. – COASCNA Chairperson
2. Jarrod G. – COASCNA Treasurer
3. Shannon J. – GSR Aging in Recovery Group
4. Fred S. – GSR Promise is Freedom Group
5. Jeff B. – COASCNA Secretary/GSR Gay Joyous and Free
6. Shadena C. – GSR U Grow Girl Group
7. Dustin G. – Alt. GSR Good Morning Group
8. Eric P. – GSR Hearts 1 Group
9. Matt S. – Hospitals & Institutions Subcommittee Chairperson
10. Sean G. – Alt. GSR Heart 2 Heart
11. Les – GSR Together We Can
12. Janis C. – GSR Heart 2 Heart
13. Kelle A. – Writing Steps for Recovery Subcommittee Chairperson
14. Lynette CD. – RCM
15. Lynette T. – Concerned Member
16. Beth T. – GSR Out in Recovery
17. Jesse S. – GSR Better Late Than Never
18. Megan P – Public Relations Subcommittee Chairperson
19. Robin L. – GSR Monday Miracles
20. Nande G. – COAONA (Area Office) Chairperson
21. Claire B. – Concerned Member

Minutes approved:

Minutes for January, 2021 were approved.

New Group Recognition:

None

New Group Service Representative(s):

Beth T. – Out in Recovery Group

New Flyer Approval:

Better Late Than Never Group's Spaghetti Sling 4/9/2021: APPROVED but flier has not been submitted electronically for distribution

H&I Fundraiser (Virtual) 4/24/2021: APPROVED

COACNA 29's Family Feud Event Save the Date 4/25/21: APPROVED

Brief financial assessment from Treasurer:

Jarrod G. gave a brief assessment of the current financial situation. No outstanding financial report forms. Outstanding checks not cashed and reflected in current balance

- ORSCNA Donation - January 2021 Donation - Check #1078 - \$170.00
- COAONA - February 2020 service office rent - Check #1080 - \$250.00

Starting Balance: \$5,563.25

Group Donations: \$666.00

Donations: \$0.00

Expenses: \$474.54

Ending Balance: \$5754.71

Unfinished Business: (business that needs action this month or is unresolved from previous months)

None

Agenda Business: (business that was put into the minutes at the previous month's ASC meeting)

Request for checks:

- Area Office rent for February, 2021 = \$250
 - Approved 8 For/0 Against /0 Abstentions

Election of Shadena C. for Outreach Subcommittee Chairperson

- Elected: 7 For/0 Against /0 Abstentions

Group Reports:

U Grow Girl Group

Good afternoon Everyone,

We would like to welcome everyone out to the U Grow Girl Group of NA. We meet every Monday night with our new time, from 6pm to 7:30pm on the Zoom Platform!! The Meeting ID Number is **Meeting ID: 883 2922**

5841 Passcode: 709740. We will be meeting on the Zoom platform until further notice. All are welcome, and our format is rotating.

Heart 2 Heart

Broad street United Methodist Church: 501 E Broad St. Columbus, OH 43215. 7pm Thursday. Currently on Zoom until further notice. Avg. 20-30 in attendance. \$20 donation to Area office

GSR: Janis C.

GSR Alternate: Sean G.

Sec.: Chris M.

Contact: Fred P.

Good Morning Group

The Good Morning Group's new GSR will be Dustin G. voted for in our last group conscience and Stuart will no longer be in that role. At this time, there is no alternate GSR but we are looking for members with the willingness to serve. We have elected an alternate Secretary as well to help Dennis with the duties and eventually pass them on. His name is Robert S. We also voted on electing Shadena C. to the position of Outreach Committee Chair and there were 4 YAYS and 2 ABSTENTIONS 0 NAYS. Our meeting is still in person and on zoom with a rotating format Monday through Friday from 9am to 10:15am. The Good Morning Group is donating \$100.00 to the Area. There are no other changes to report.

ILS – Dustin G.

The Promise Is Freedom Group

Hello Family!

Welcome to Promise Is Freedom. We are currently Zoom meeting only. We meet Sunday nights at 7:45 PM. Zoom usually gets up and running by 7:30 PM. ID and password are current with Area information. We are a literature study group.

In Loving Service,
Fred S. GSR

Gay, Joyous & Free Group

Hello Family,

Gay, Joyous & Free continues to carry the message virtually through the Zoom platform. Our zoom info can be found on the Central Ohio NA Website. We consistently have about 20-25 addicts attend from across the country! We are an open meeting, have rotating format and welcome all to our LGBTQ common-needs meeting. Our monthly donation to ASC is \$50.

ILS,
Jeff B. - GSR

Administrative Reports:

Chair Report: (Tammy S.)

Hey family,

I am so pleased that we are being so efficient and keeping the length of our meeting short. Please put the word out that area service is not difficult, and it can be fun. All groups should have representation at Area. Some groups are going back to face-to-face meetings. This can be extremely helpful if safety guidelines are being followed. We wouldn't want a meeting to be shut down or be instrumental in the spread this illness.

Meeting availabilities remain a principal concern. Even before Covid we were shutting down meetings at an alarming rate. Please consider starting a new group. This could offer opportunities to get sponsee families involved in service.

I appreciate the hard work of all of you and your dedication to this cause. I want to call out and thank the convention committee for adapting to the changes that these times have caused. They continue to hold events. Please generate excitement for these events. Let us really show up for our Area Convention and bring a much-needed boost of moral.

Thank you for allowing me to serve.

ILS,
Tammy S

Treasurer: (Jarrod G.)

Good afternoon family,

Thank you for the opportunity to serve our area. Please continue to announce the following during group announcements:

- COASCNA has set up electronic donations so NA members and groups can donate more easily.
- Interested members and groups can donate with PayPal to coascna.treasurer@gmail.com
- Anyone can set up a PayPal account as long as there is a valid e-mail address and checking account or credit card is associated.
- Please make sure to add a note to indicate which group or person is sending the money so it can be attributed to the correct group.

The following items will be attached for record and attached to the minutes e-mail.

- Bank Statement for January 2021
- Account Log File
- Financial workbook for February 2021 ASC Meeting
- Group Donations file through February 2021

I spoke with Matt S. about the upcoming H&I fundraiser and let him know that the subcommittee could use the area PayPal account to collect donations. I just asked that donations be marked as for the H&I event.

ILS,
Jarrod G.

Secretary: (Jeff B.)

Hello Family,

Please keep sending all area trusted servant, subcommittee, and group reports to me through COASCNAsec@gmail.com. All GSR's, please provide the area with a report with information about your groups. These minutes are a great opportunity to keep our area abreast of meeting details in these ever-changing times.

Thanks for allowing me to serve,
Jeff B.

Regional Committee Member: (Lynette CD.)

First of all, let me apologize for not submitting my written report in January, I've been dealing with this pesky chronic back and neck pain recently - and it completely slipped my mind until our minutes were emailed out. Also, since I was unable to attend the Regional meeting due to my husband having dental surgery, I also I did not get my report written and submitted in time. I'm working to manage my life on life's terms issues better going forward.

- The most recent Regional meeting took place via Zoom and in person on Jan. 9-10, 2021. There were no motions to bring back to areas.
- The treasurer reported a final balance at the end of Sunday was \$8,643.26. Donation and expenses information can be found
- The next Regional meeting will be hosted by the Finally Free Area and will be held at the Wingate Hotel in Wooster.
- According to policy, nominations for all positions are made in April, with the election held in July, with the exception of the Spring Retreat Chairperson, 12-Step Retreat Chairperson and the Convention Chairperson.
- NAWS has created a new Media Page www.na.org/media to make it easy to repost Instagram memes and access resources for virtual groups, NAWS videos, and resources for service. Regional and zonal event fliers are posted on the events page <http://www.na.org/events> and our Instagram highlights can be found on www.instagram.com/narcoticsanonymous
- The decision has been made to cancel the 2021 WCNA and they are investigating moving the date for the World Convention to the following year, 2022 with the same location if possible (Melbourne Australia).
- To continue to carry the NA message to incarcerated individuals, two jails in Florida were the first to have recovery literature added to tablets that the inmates can use. It took a concerted effort of the warden and trusted servants in Florida to make this happen. Apparently, the warden asked the tablet provider to upload NA materials to the tablets. NA World Services had to approve the literature choices, and tablets have finally been loaded with recovery literature for the inmates. Thanks to a virtual criminal justice conference that helped to inform correction officials of options to bring recovery to inmates during the pandemic, five more locations are planning to move ahead with this idea. And word is the Director of Rehab & Correction here in Ohio is interested in providing recovery literature to all Ohio institutions as well, for any inmates interested in recovery. This is exciting news and we'll keep an eye on the progress.
- The 2021 OCNA chairperson is still working to find an area willing to host OCNA in 2022. At our Since no other area in our region has express interest, the chair plans on attending the Buckeye region meeting to see asking if any area in that region is willing to host 2022.
- The 2020 12-Step Retreat chairperson has been in contact with Tar Hollow State Park regarding our 2021 reservation. We are scheduled for Fri - Sun, Oct. 8-10, 2021 , with the committee scheduled to arrive on Thurs Oct. 7. This means that the October RSC meeting will be the first weekend in October (10/2 & 10/3). Mark R. requested and received a vote of confidence to continue as Chairperson for the 12-Step Retreat.
- Open Positions: Vice-Secretary and Policy Coordinator

ILS,
Lynette CD.
Regional Committee Member

Subcommittee Reports:

Activities Chair (Open):

N/A

Convention Committee: (April D.)

Hi family,

Good afternoon from sunny Florida! I'm so sorry I couldn't make it today, but I've heard the weather in Ohio hasn't been that great so I hope everyone is doing well up there.

So far, we have sold 47 basic and 99 full registrations. As of today our bank balance is \$4,651.25. We have gotten some fun winter merchandise that we will be selling. Please contact me or Maddie B, our merchandise chair, if you are interested in purchasing any merchandise. It has been our only real money maker during COVID, so please support us if you can. I have provided a flyer of the merchandise to pass around at meetings if you want to show your homegroups. Our virtual speaker jam event will be held on Sunday February 28th, 2020. It is called the Step-Up Speaker Jam and it will be from 12-8 so please try to support if you can.

We are looking into doing a Family Feud-style Zoom fundraiser in April. I've brought a Save the Date flyer to be submitted for approval.

We are also looking for artwork to be submitted for our theme "Two Lives in One Lifetime" we are offering a free full registration and one piece of merchandise with the final logo for the best design or concept.

PLEASE, PLEASE, PLEASE help support our convention by either purchasing some merchandise or coming to one of our FREE events in the next few months. We could use the support. If anyone is willing to run for a committee position please let me know we have several available!

ILS,

April D.

Area Office (Nande G.):

Good morning Family,

Sorry for my absence at the last meeting, I had to deal with life on life's terms. The Office is still in full swing though. We are open Saturday and Sunday from 10a - 1pm and on Tuesdays from 6p-8p. We are currently out of some IPs, including the latest one titled "Mental Health and Recovery", which we will be receiving in a few weeks along with other literature. For the month of January, we received 96 calls to the phone line with 5 newcomer calls. The phone line contract has been renewed for the next 2 years, with a slight decrease in price.

As meetings are reopening we are looking for volunteers who have the willingness to give newcomers rides to meetings through our Rides to Recovery program. the clean time requirement is 6 months. We are also looking for addicts to get in service for the clean connections program, to help newcomers from treatment get the support they need as they navigate meetings. this includes calling them, meeting them at meetings and sharing your Experience, Strength and Hope. Clean time requirement for this program is 1 year. Please call or text me if you are interested in this program or would like more information.

Our next subcommittee meeting is Sunday March 7th at 11:00 am. We will be meeting on Zoom ID 937-226-2649, all are welcome to join.

Thank you for letting me be of service,

Nande G.

Hospital and Institution (Matt S.):

We currently have 23 commitments, 3 of which are currently meeting on their regular night, 2 via Zoom and the other in person.

We have continued both H&I virtual panels meetings on Wednesday @ 7 and on Saturday @ 6:30. We have rotating panels with members from our subcommittee. We have been getting regular attendance from 3 of the treatment facilities in our area with about 10-35+ people in attendance not including our subcommittee members. The FCCCI and FCCCII zoom meetings are also still meeting and use a separate zoom link supplied by FCCC. Our H&I literature order was received and has been stamped. We are currently working with our panel leaders to get literature delivered to facilities in the coming weeks.

We are submitting the filer today for our H&I 2021 Fundraiser which will be on Saturday, April 24th from 2PM-4PM. This will include a silent auction leading up to the event with the winners being announced the day of. Any one that would like to donate any Narcotics Anonymous memorabilia please reach out to Matt S or Brad H (contact on area website). The link to the Silent Auction items should be live on the area website in the coming week. We encourage members to keep checking the link leading up to the event as new auction items will be added as they are received.

Lastly, H&I is always looking for new/interested members. Both H&I zoom panels could use support from experienced members. We are still looking for interested parties for our Vice-Secretary, and Vice-Chair of Literature. Any interested parties are encouraged to attend our subcommittee meeting which meets the first Sunday of every month @ 3PM via zoom. The link to the meeting can be found on the area website.

In loving service,
Matt S.

Newsletter (Rebecca A.):

No Written or verbal report submitted

Outreach (Shadena C.):

N/A

Public Relations: (Megan P.)

Please see attached report for February.

Thank You!

Megan P.

Writing Steps for Recovery: (Kelle A.)

Greetings from the WSR subcommittee!

We are excited to have a tab on the area website under subcommittees! It currently has a description of WSR, the basic Do's and Don'ts and what to expect, our meeting time and zoom information, and contact information for how to reach us. We hope to expand on the information available as we move forward, and when we are ready to get people signed up as step guides, we hope to utilize the website a part of that process.

We are continuing to draft and review supporting documents that are necessary to go along with our policy. We look forward to completing this part of the process.

We will be continuously looking for people to participate as step guides. Please talk about our group at your home groups and other meetings or events you attend. We are looking for people who have a sponsor, have worked the steps, and are interested in a service commitment. We would love to talk to them! We need your help to connect. Anyone may contact us at the information posted on the website (by email or phone) and/or feel free to attend our next subcommittee meeting which will be Thursday March 11th at 6 p.m. (zoom information is also listed on the website).

Thank you so much!

In loving service,

Kelle A.

Nominations to Fill Open ASC Positions:

Current Open Positions:

- *Vice-Chairperson* – no nominations
- *Vice-Secretary* – no nominations
- *Vice-Treasurer* – no nominations
- *RCM-Alternate* – no nominations
- *Activities Chairperson* – no nominations

Nominations to Fill Open RSC Positions:

Current Open Positions:

- *Vice-Secretary* – no nominations
- *Policy Coordinator* – no nominations

Sharing Session:

- Unity Day needs a chair and committee nomination for next month.
- Nominations need to be made by April for all regional trusted servants.
- Nominations for ASR trusted servants are in June.
- Consider heading up our Bi-annual inventory committee. This is a survey for our groups to give ASC information about what they need from ASC and how we are serving them.
- The convention audit committee will be formed in March.
- Quarterly Budgets are due next month.

Unplanned Business:

COACNA 29's Save the Date Flier

Pre-Agenda Business: (reading into the minutes, items for Agenda Business at next month's ASC meeting)

None

Adjournment:

Serenity prayer and adjournment at 4:14pm

Next ASC meeting: Sunday March 21, 2021 @ 2pm EST

Central Ohio Area Service Committee of Narcotics Anonymous Trusted Servants			
Administrative Committee			
Chairperson	Tammy S.	614-323-4681	tammyk054@gmail.com
Vice-Chairperson	***OPEN***		
Secretary	Jeff B.	614-743-7264	Jbheart15@gmail.com
Vice-Secretary	***OPEN***		
Treasurer	Jarrod G.	614-506-5690	jwgrph@gmail.com
Vice-Treasurer	***OPEN***		
Regional Committee Member	Lynette CD	614-432-0601	iamlightlcd@gmail.com
Regional Committee Member Alternate	***OPEN***		
Subcommittee Chairpersons			
Activities Chairperson	***OPEN***		
Area Office Chairperson	Nande G.	614-515-3322	dalocka814@gmail.com
Convention Chairperson	April D.	614-636-1640	COACNAChair@gmail.com
Hospitals & Institutions Chairperson	Matt S	614-404-1111	Jank.nation498@gmail.com
Newsletter Chairperson	Rebecca A.	614-940-2632	beccalo@hotmail.com
Outreach Chairperson	Shadena C.	614-902-9139	Shadenacarter22@gmail.com
Public Relations Chairperson	Megan P.	614-600-6339	Megpowell11@gmail.com
Writing Steps in Recovery Chairperson	Kelle A.	614-738-1673	kellealavi@gmail.com