

Central Ohio Area Service Committee Meeting Minutes

[Date]

Meeting called to order at 2 P.M. by Tammy S.

Serenity Prayer recited by everyone

Service Prayer read by Lynette CD.

The Twelve Traditions of Narcotics Anonymous read by Joe P.

The Twelve Concepts for NA Service read by Shadena C.

Reading of 12 Concepts based on month by Lynette CD.

BACK TO GROUPS:

- **Vote On (Nomination Forms Attached):**
 - H&I Chair – Emily T.
 - WSR Subcommittee Chair – Kelle A.
 - Outreach Subcommittee Chair – Shadena C.
 - 2021 Unity Day Ad-hoc Committee Chair – Shadena C.
- **Flyers included for distribution:**
 - COACNA 29's – Aftermath Speaker Jam
 - COAONA's – Feeding Our Area
 - ***New Meeting*** Bring Your Own Chair Group of NA
 - Monday Miracles Group of NA – 35th Anniversary
 - 2021 Outreach Committee Flyer
- **Motion 2021-01: Hold an event for COASCNA's 40th Anniversary.**
 - Discuss motion with group and bring back pros and cons
 - Nomination form included for addict willing to serve as ad-hoc committee chair
- **Nominations needed for open ASC positions:**
 - Vice-Chairperson, Vice-Treasurer, Vice-Secretary, Regional Committee Member Alternate, Activities Chairperson, Newsletter Chair, Area Office Chair
- **Nominations needed for open Ohio Region positions:**
 - Vice-Secretary and Policy Coordinator

Roll Call: (Apologies to anyone we missed)

1. Tammy S. – COASCNA Chairperson
2. Jarrod G. – COASCNA Treasurer
3. Fred S. – GSR Promise is Freedom Group
4. Jeff B. – COASCNA Secretary/GSR Gay Joyous and Free
5. Shadena C. – GSR U Grow Girl Group
6. Dustin G. – GSR Good Morning Group
7. Matt S. – Hospitals & Institutions Subcommittee Chairperson
8. Kelle A. – Writing Steps for Recovery Subcommittee Chairperson
9. Lynette CD. – Regional Committee Member
10. Megan P – Public Relations Subcommittee Chairperson
11. Robin L. – GSR Monday Miracles
12. Chuck M. – Concerned Member
13. Joe P. – GSR Better Late Than Never
14. Blake T. – Change Or Die Group
15. John-Bob O. – GSR Southside Text Discussion Group
16. Chadley – Concerned Member
17. Vicky J. – Concerned Member
18. Steve L. – GSR The Promise Is Freedom
19. Jason M. - GSR Spiritual Not Religious Group

20. Paul M. – Public Relations Vice Chairperson
21. April D. – COACNA 29 Chairperson
22. Elizabeth E. – Concerned Member
23. Mark R. – Concerned Member
24. Emily T. – Concerned Member

Minutes approved:

Minutes for May, 2021 were approved.

New Group Recognition:

Bring Your Own Chair Group – Recognized

New Group Service Representative(s):

Joe P. – Better Late Than Never Group
John-Bob O. – Southside Text Discussion Group
Steve L. - The Promise Is Freedom Group
Blake T. – Change Or Die Group

New Flyer Approval:

Bring Your Chair Group Flyer – Approved
Monday Miracles Group 35th Anniversary Flyer – Approved
2021 Outreach Committee Flyer – Approved
COACNA 29's Aftermath Speaker Jam – Approved
COAONA's "Feeding Our Area" Event Flyer - Approved

Brief financial assessment from Treasurer:

Jarrold G. gave a brief assessment of the current financial situation.

Financial report forms:

- Check request for ASC Rent June - August - need receipt
- Check request for ASC Hybrid Meeting Equipment - need receipt for purchases

Outstanding checks not cashed and reflected in current balance

- ORSCNA Donation - March 2021 Donation - Check #1084 - \$173.00 - Treasurer believes this check did not arrive in time for ORSCNA Q1 meeting\
- ORSCNA Donation - April 2021 Donation - Check #1087 - \$54.00
- COAONA Rent Check - May 2021 - Check #1089 - \$250.00
- ORSCNA Donation - May 2021 Donation - Check \$104.06
- COAONA Rent Check - June 2021 - Check #1093 - \$250.00

The area service office has two outstanding rent checks from ASC. I am confirming that the service office has received both checks.

- Starting Balance
 - \$5,965.77
- Group Donations
 - \$195.00
- Donations
 - \$1,154.30
- Expenses
 - \$372.40
- Ending Balance
 - \$6,942.67

Unfinished Business: (business that needs action this month or is unresolved from previous months)

Initiation of hybrid Area Service Committee Meeting

Agenda Business: (business that was put into the minutes at the previous month's ASC meeting)

Request for checks:

- Area Office rent for July, 2021 = \$250
- Check requests
 - Lynette CD - \$250 attendance of Regional Service Committee meeting - Approved
- Election of ASC Trusted Servants (2021-2022)
 - Area Chairperson: Elected (4-0-0)
 - Area Treasurer: Elected (4-0-0)
 - Area Secretary: Elected (4-0-0)
- Unity Day Event
 - Ad-hoc Committee: Shadena C. (Nominated herself/seconded by Jeff B.)

Group Reports:

The Write On Group had been meeting just through a group text session with 14 members during most of COVID, but we started meeting in person again starting at the beginning of June.

We are getting between 5-12 addicts weekly. Masks are optional if you have been vaccinated. We are a writing meeting and the format is fairly simple – we do some readings & clean time, we write for 15 minutes on the Just For Today meditation and 1 other topic, and then addicts share what they have written. If you don't want to write or don't want to read what you have written, that is completely fine.

We meet on Mondays from 7:00-8:00pm at 200 E. Livingston Ave. – go in the front entrance of the church and our room is just on the left. Our current balance is just under \$100 and we will be discussing an ASC donation this Monday.

Come give it a try! Hope to see some new faces in the coming weeks.

Mark R.

Home group member

The 11th Step Candlelight Group had been meeting on Zoom during most of COVID. The virtual meeting is still going on, but we also started meeting in person again starting at the beginning of May. At first masks were required by the church, but that has been lifted as well. We are still putting chairs out further apart and anyone wanting to still wear a mask is welcome.

We are getting between 5-15 addicts weekly. We are a meditation/discussion meeting. The format is – we do some readings, we meditate for 10 minutes, and then have a discussion on the Just For Today meditation and 1 other topic brought up by an addict.

We meet on Wednesdays from 7:30-8:30pm at 1235 Northwest Blvd. in Grandview – go in the back door across from the parking lot and the meeting is downstairs to the right.

We recently made a donation of \$100 to ASC.

The meditation and candlelight are very relaxing - come try it out! See you there.

Mark R.

Home group member

South Side Text Discussion Group

After about 15 months of meeting weekly on Zoom, we started back at the church about a month ago. Tonight, would be week 4 in person. We require masks but will re-discuss dropping them in July. We have had an average of 17 people per meeting.

John O.

Gay, Joyous & Free Group

We meet every Saturday from 7:30 to 8:30pm via Zoom. We have a rotating format and average about 20 addicts per meeting. As we celebrate pride month, which is normally a joyous period for many of our homegroup members, we have seen tragedy this year. One of our home group members and former trusted servants, Tierramarie L., our first transgender group secretary, was lost to gun violence on June 18th, 2021. We are all devastated and would ask that you to keep Tierramarie's family and friends, and our group, in your prayers. ILS, Jeff B.

Administrative Reports:

Chair Report: (Tammy S.)

Verbal report given at ASC. No written report submitted

Treasurer: (Jarrod G.)

Good afternoon family, thank you for the opportunity to serve our area. Please continue to announce the following during group announcements:

COASCNA has set up electronic donations so NA members and groups can donate more easily.

Interested members and groups can donate with PayPal to coascna.treasurer@gmail.com

Anyone can set up a PayPal account as long as there is a valid e-mail address and checking account or credit card is associated.

Please make sure to add a note to indicate which group or person is sending the money so it can be attributed to the correct group.

We are "holding" \$1,479.35 in funds for our H&I Subcommittee. I would recommend that future H&I approved budget requests utilize these funds and the groups honor the understanding that ASC is holding these funds in trust for our H&I Subcommittee.

The following items will be attached for record and attached to the minutes e-mail.

- Bank Statement for May 2021
- Account Log File
- Financial workbook for June 2021 ASC Meeting
- Group Donations file through June 2021

If you make a donation at the service office, please place the name of your group on the check or money order to ensure the right group is credited with a donation.

ILS,

Jarrod G.

Secretary: (Jeff B.)

Hello Family,

Please keep sending all area trusted servant, subcommittee, and group reports to me through COASCNAsec@gmail.com. All GSR's, please provide the area with a report with information about your groups. These minutes are a great opportunity to keep our area abreast of meeting details in these ever-changing times.

Thanks for allowing me to serve,

Jeff B.

Regional Committee Member: (Lynette CD.)

Subcommittee Reports:

Activities Chair (Open):

N/A

Convention Committee: (April D.)

Hi family,

So far, we have sold 70 basic and 119 full registrations. As of our last update on 6/18 we had 38 of our 190 room nights booked. As of today, our bank balance is \$7,103.11.

I have brought a flyer for all open positions on the COACNA committee that we need filled if anyone is willing to help or would like to pass these out at their homegroup that would be great! We do still need help with several committees.

Our Everyone is a Newcomer Event turned out great and we made a little over \$900!

We have an upcoming event the Aftermath Speaker Jam on Saturday August 7th from 12-8 pm at Nelson Park 170 N Nelson Rd Columbus, OH 43219. It will be outside, and we will have food, speakers and a raffle. I have brought a flyer for approval, no entry charge for this event.

PLEASE help support our convention by either purchasing some merchandise, coming to one of our events in the next few months, getting a registration, or purchasing at least one hotel room night to help us fill our block. Our room link is available live to book, you do not have to pay until the date of reservation, but the system will save a card on file. I have copied the link below or you can check out our website www.coacna29.org.

If you would like to book a room the link is:

<https://www.marriott.com/eventreservations/reservationlink.mi?id=1613590805255&key=GRP&app=resvlink>

ILS,

April D.

Area Office (Nande G.):

Happy Sunday Family,

While meetings are quickly opening back up, the office is only open 2 days a week. Tuesday will now be open from 6:30 pm - 8:00 and Saturdays are still 10a - 1pm. We are currently out of majority of our books, However, we should be receiving our next order of Basic Texts, Living Clean and Step Working guides and more in the next few weeks from Michigan's Service Office. For the month of May we received 179 phone calls on the phone line, 5 of those are from newcomers.

We are in need of addicts willing to be of service, in the office helping groups order literature, and on the phonelines. The office hours are flexible, whatever time is available for you to serve, and the Phonenumber slots we are looking to fill is Monday evening into Tuesday mornings from 6pm - 7am, and also Wednesday's from 7a - 5:30pm. The clean time requirement for these service positions are 6 months. If you are interested, please text Nande G. at 614-515-3322 or send an email to cbusofficeofna@gmail.com

Last and certainly not least, We would like to officially announce our first Annual Area Office Fundraiser, titled 'Feeding The Area" going on August 7th from 11am - 2 pm at Rhodes Park on the West Side. This fundraiser will help us purchase more literature to have on hand for groups needing supplies. Please see the flier attached for more details.

Thank you all for letting me be of service, and I hope you have a great rest of the day.

Nande G.

Hospital and Institution (Matt S.):

We currently have 23 commitments, several meetings have returned to in person meetings or are in the process of returning to in person. As a part of this process we have been reviewing our commitment list to reach out to facilities that were not involved with Zoom and are not currently meeting to get these meetings started back up as the facilities are ready.

We have continued both H&I virtual panels meetings on Wednesday @ 7 and on Saturday @ 6:30. We have rotating panels with members from our subcommittee. We have been getting regular attendance from 4 of the treatment facilities in our area with about 25-45+ people in attendance not including our subcommittee members. Continuation of the zoom meetings will be discussed at our next subcommittee meeting as many of the treatment centers that were attending Zoom are now back in person. The FCCCI and FCCCII zoom meetings are also still meeting and use a separate zoom link supplied by FCCC.

We are currently reviewing our on-hand literature count to determine how much literature will be needed for our next order. We will bring this check request to next month's ASC.

Lastly, H&I are always looking for new/interested members. Any interested parties are encouraged to attend our subcommittee meeting which meets the first Sunday of every month @ 3PM via zoom. The link to the meeting can be found on the area website.

In loving service,

- Matt S.

Newsletter (Rebecca A.):

No Verbal or written report submitted

Outreach (Shadena C.):

05/16/2021

Good Afternoon Family,

The Outreach Committee is starting off slow. There was no one in attendance on April 25th. I will take the blame on not putting the information out in time to notify the fellowship due to my personal situations. Moving forward, I spoke with a few members and it has been suggested that the committee move forward with presenting a Newcomer Workshop (June 2021), then a Zoom Workshop (July 2021) and finally coming up with an Outreach Committee Learning Day (August 2021). These events are planned to be available on the hybrid platform. A flyer will be available for the next meeting soon scheduled for May 30, 2021. Thank you for allowing me to be of service.

06/26/2021

Good afternoon family,

I would like to start with apologizing to this group and the area as a whole, for my lack of commitment as the Outreach Chairperson. I have to admit that the past few months have been a true roller-coaster ride in my life and extremely heavy. I have not only neglected my commitment here in Narcotics Anonymous but my personal life as well. However, I am so honored to have the foundation that I have and to understand that I am not perfect by no means at all. I have reached out to my sponsor and discovered that my self-diagnosis was incorrect and she clarified my reality and help me to become aware of what my "Complacency" looks like. Recovery in action is all I can say. With that, the past two weeks I have been in the process of getting back into action. I am here today to share a few things.

1. I have removed my nomination for RCMA-after discussion with a fantastic sister of mine, I was made aware of some things to review about myself. I am thankful for having the willingness to be aware and open today. I need to learn more about the position and review with my sponsor in the future.
2. If possible, submit my nomination form to continue to be Outreach Chairperson-I prayed about this commitment and it is still strong on my spirit to commit to the position.
3. If voted in-Submit flyer for the first Outreach Meeting for this cycle!!! This meeting is scheduled for Sunday, July 11th 2021 from 1pm to 2pm, currently on Zoom, but can transition into a hybrid platform (will discover after meeting)
Flyer Attached
4. Submit May 2021 report and June 2021 report for Outreach Chairperson.

I have recommitted myself to all of my service positions and look forward to represent the importance of service work and all the wonderful benefits it has to offer. Thank you for allowing me to serve.

In loving service,

Shadena C. Outreach Chairperson

outreach.coascna@gmail.com

Public Relations: (Megan P.)

Completed Events/Projects:

- o June 6th: PR was invited to share with South East Massachusetts Area on tips/process for giving presentations to medical professionals
- o June 7th: PR presented at OSU College of Medicine (virtually)

In Process:

- o Working with H&I to develop resource for the Department of Youth Services' (DYS) youth incarceration facilities. Possibly will include: Push of NA literature to tablets; list of youth-oriented in-person common needs meetings (like Saturday School) and virtual events to distribute to parole officers; audio recording of H&I panel for DYS to show at facilities; audio PR presentation for DYS staff
- o July 6th: Med School Presentation

News:

- o Nominated Paul M for Public Relations Chair

Idea:

- o *IDEA* Billboard Fundraiser

Reminders

- o Website updates must go to COASCNA@gmail.com
- o Suggestion: Groups should check with their facility regarding COVID changes.

Budget/Check Requests

- o \$400 request for Q3 to pay yearly website fees (will need check in July)
- o Received \$473 donation from Better Late Than Never

Next Meeting

- o TBD

Megan P.

Writing Steps for Recovery: (Kelle A.)

Greetings all!

We have ordered or purchased most of our supplies with just a few more to go. Once they are all here, we will be getting set up at the area office. Once we are set up, we will begin sending out initial letters to facilities. We have reached out to H&I, PR and Outreach to determine what facilities and contacts are the best starting points and will go from there. Our goal is to get the WSR contact information into as many facilities as possible and posted for the inmates to see and have access to.

The region received a letter from an inmate requesting a Step Guide which is being forwarded to us (being the only area currently with a WSR program), so we are excited to have our first Step Writer on the way!

I have reached out to the webmaster about posting our Step Guide application on the WSR tab on our website. The application is written, and currently being turned into an editable PDF which will then be posted on the website. Anyone who would like to sign up may then download it, fill it out and email it to the WSR. Another option to sign up will be to print it off, fill it out and mail it into the area office. Lastly, anyone who shows up at one of the WSR virtual meetings will be sent the form to fill out and send in by email or mail.

Since we are ready to get started, the big thing is getting people signed up and ready to go as Step Guides. We need to figure out the best way(s) to generate awareness and excitement. We welcome all ideas as to how to go about this. We are talking to Shadena (our Outreach Chair) about making announcements at meetings and would welcome others also doing the same. By next month we will have fliers available to pass out at in person meetings as well. We would love to get the word out to all addicts whether they are going to in person or virtual meetings. Please spread the word to anyone you know who has 2 years clean, has a sponsor, and has worked the steps – and feel free to send us ideas you may have to get the word out. Anyone here who has that experience, we are looking for you – so please sign up and then also tell a friend!

We have changed our meeting time to 5:30 (instead of 6:00) on the 2nd Thursday of each month and it has been updated on the website. If you would like to attend our meeting, we meet virtually, and the zoom information is posted on the website as well.

Thank you so much for your participation in helping us reach the still sick and suffering addict who has no way to reach outside meetings and get help working the steps.

In loving service,

Kelle A.

Nominations to Fill Open ASC Positions:

Current Open Positions:

- *Vice-Chairperson (no nominations)*
- *Vice-Secretary (no nominations)*
- *Vice-Treasurer (no nominations)*
- *RCM-Alternate (no nominations)*
- *COAONA Chairperson (no nominations)*
- *Activities Chairperson (no nominations)*
- *Newsletter Chairperson (no nominations)*

Nominations to Fill Open RSC Positions:

Current Open Positions:

- *Vice-Secretary* – no nominations
- *Policy Coordinator* – no nominations

Sharing Session:

None

Unplanned Business:

None

Pre-Agenda Business: (reading into the minutes, items for Agenda Business at next month's ASC meeting)

Motion 2021-01: 40th Anniversary

Adjournment:

Serenity prayer and adjournment at [Time Here]

Next ASC meeting: [Date Here] @ 2pm EST

| Central Ohio Area Service Committee of Narcotics Anonymous Trusted Servants | | | |
|---|------------|--------------|--|
| Administrative Committee | | | |
| Chairperson | Tammy S. | 614-323-4681 | tammyk054@gmail.com |
| Vice-Chairperson | ***OPEN*** | | |
| Secretary | Jeff B. | 614-743-7264 | Jbheart15@gmail.com |
| Vice-Secretary | ***OPEN*** | | |
| Treasurer | Jarrod G. | 614-506-5690 | jwgrph@gmail.com |
| Vice-Treasurer | ***OPEN*** | | |
| Regional Committee Member | Lynette CD | 614-432-0601 | iamlightlcd@gmail.com |
| Regional Committee Member Alternate | ***OPEN*** | | |
| Subcommittee Chairpersons | | | |
| Activities Chairperson | ***OPEN*** | | |
| Area Office Chairperson | Nande G. | 614-515-3322 | dalocka814@gmail.com |
| Convention Chairperson | April D. | 614-636-1640 | COACNAChair@gmail.com |
| Hospitals & Institutions Chairperson | Matt S | 614-404-1111 | Jank.nation498@gmail.com |
| Newsletter Chairperson | Rebecca A. | 614-940-2632 | beccalo@hotmail.com |
| Outreach Chairperson | Shadena C. | 614-902-9139 | Shadenacarter22@gmail.com |
| Public Relations Chairperson | Megan P. | 614-600-6339 | Megpowell11@gmail.com |
| Writing Steps in Recovery Chairperson | Kelle A. | 614-738-1673 | kellealavi@gmail.com |