



Central Ohio Area of Narcotics

Anonymous Meeting Schedule

24/7 Helpline 614-252-1700

For most current schedule, access to free literature, and **detailed instructions** on how to use Zoom, visit: <https://nacentralohio.org/>

You can call in to any Zoom meeting from any phone. 1. Dial 1-646-558-8656 2. Enter **Zoom ID**, then press # 3. Enter **password** if needed.

Indoor LIVE meetings may have face mask requirements based on the group or facility.

SUNDAY

11:30am VIRTUAL Together We Can
Zoom ID: 848 5040 8310
Open, Discussion, Fellowship

5:00-6:30pm LIVE We Feel, We Deal, We Heal
332 Hamilton Ave. 43203 (behind Shiloh Baptist)
Open, Women's

7:00-8:30pm LIVE Another Day, Another Way
332 Hamilton Ave. 43203 (behind Shiloh Baptist)
Open

7:00pm LIVE Hearts 1
33-35 W. 5th Ave 43201 (Short North)
Meeting in clinic building, use back entrance
Open, Discussion, Children welcome

7:45pm VIRTUAL Promise is Freedom
Zoom ID: 868 1672 3478 | Password: 111111
Open, Literature

8:00pm HYBRID Briggsdale Text Discussion
Zoom ID: 314 359 920 | Password: 161395
1100 S. Hague Ave. 43204 (West); Open, Literature

10:00pm LIVE Better Late than Never
1066 Bellows Ave 43223 (West); Open, Rotating

MONDAY

9:00am LIVE Good Morning Group
1180 Shanley Dr. 43224 (North); Open, Rotating

10:00-11:30am LIVE Serenity Group
813 Bryden Rd. 43205 (Central); Open

5:00-6:30pm LIVE We Feel, We Deal, We Heal
332 Hamilton Ave. 43203 (behind Shiloh Baptist)
Open, Women's

6:00-7:30pm VIRTUAL U Grow Girl Group
Zoom ID: 883 2922 5841 | Password: 709740
Open, Women's, Rotating

6:30pm LIVE Aging in Recovery
St Luke's UMC 1150 W. 5th Ave. 43212 (Grandview)
Closed

7:00pm LIVE Write On
200 E. Livingston Ave. 43215 (Central)
Closed, Writing

7:00pm HYBRID Monday Blues Group
Zoom ID: 245 269 982 | Password 008304
Closed, Discussion

7:00-8:30pm LIVE Another Day, Another Way
332 Hamilton Ave. 43203 (behind Shiloh Baptist)
Open

7:30pm VIRTUAL Guiding Principles
Zoom ID: 750 974 675
Open, Literature, Fellowship

7:30pm LIVE Wecoverly Group
2930 W. Broad St. (West); Open; **outside** for summer

8:00pm VIRTUAL Clean Machine
Zoom ID: 260 401 7936; Open

8:00pm LIVE Monday Miracles
1385 Neil Ave. 43201 (Central)
Open, Discussion, Literature

8:00pm LIVE Principles Before Personalities
1230 Oakland Park Ave 43224 (North)
Open, Rotating

10:00pm LIVE Better Late than Never
1066 Bellows Ave 43223 (West); Open, Rotating

TUESDAY

9:00am LIVE Good Morning Group
1180 Shanley Dr. 43224 (North); Open, Rotating

10:00-11:30am LIVE Serenity Group
813 Bryden Rd. 43205 (Central); Open

6:30pm LIVE Out in Recovery
82 E. 16th Ave. 43201 (OSU Campus)
Open, LGBTQ (all are welcome!)

6:30pm HYBRID Rush Hour to Recovery
Zoom ID: 961 381 129
6475 E. Main St. #134 Reynoldsburg 43068 (East)
Open

7:30pm LIVE Hope is Found Here
720 Mt. Vernon Ave. 43203 (Central)
Open, Speaker, Discussion

8:00pm LIVE Grateful Not Deadheads
333 S. Drexel Ave. 43209 (Bexley)
Closed, Discussion

8:00pm LIVE Southside Text Discussion Group
119 E. Gates St. 43206 (South Central)
Open, Discussion, Literature, Children welcome

8:00pm LIVE Newer Beginnings Group
2930 W. Broad St. 43204 (West); Open, Discussion

10:00pm HYBRID Better Late than Never
Zoom ID: 937 226 4629; Open, Rotating
1066 Bellows Ave. 43223 (West)

WEDNESDAY

9:00am LIVE Good Morning Group
1180 Shanley Dr. 43224 (North); Open, Rotating

10:00-11:30am LIVE Serenity Group
813 Bryden Rd. 43205 (Central); Open

5:00-6:30pm LIVE We Feel, We Deal, We Heal
332 Hamilton Ave. 43203 (behind Shiloh Baptist)
Open, Women's

6:00-7:15pm VIRTUAL Women in Recovery
Zoom ID: 631 700 470 – Password: 528206
Closed, Women's

7:00-8:30pm LIVE Another Day, Another Way
332 Hamilton Ave. 43203 (behind Shiloh Baptist)
Open

7:30pm HYBRID 11th Step Candlelight
Zoom ID: 754 734 424
1235 Northwest Blvd. (Central); Closed

7:45pm LIVE Hope on McNaughten
530 McNaughten Rd. 43213 (East); Open, Discussion

8:00pm LIVE Text Discussion Group
1582 Ferris Rd. Columbus 43224 (North)
Open, Literature

8:00pm LIVE Trust the Literature Group
2930 W. Broad St. 43204 (West)
Open, Literature

10:00pm LIVE Better Late than Never
1066 Bellows Ave 43223 (West); Open, Rotating

THURSDAY

9:00am LIVE Good Morning Group
1180 Shanley Dr. 43224 (North); Open, Rotating

10:00-11:30am LIVE Serenity Group
813 Bryden Rd. 43205 (Central); Open

5:00-6:30pm LIVE We Feel, We Deal, We Heal
332 Hamilton Ave. 43203; Open, Women's

6:00pm VIRTUAL Steps Light the Way
Zoom ID: 838 619 374; Open, Literature

6:00pm VIRTUAL Living Clean at Home
Zoom ID: 820 6515 6695
Open, Literature

7:00-8:30pm LIVE Another Day, Another Way
332 Hamilton Ave. 43203 (behind Shiloh Baptist)
Open

7:00pm LIVE Thanks for Sharing Group
2695 Zollinger Rd. Upper Arlington 43221 (NW)
Open, Women's, Children welcome

7:00pm LIVE Spiritual Not Religious
333 S. Drexel Ave. Bexley 43209 (East)
Open, Literature, Rotating

7:00pm VIRTUAL Heart 2 Heart
Zoom ID: 464 954 773 – Password: 414034
Open, Literature, Fellowship

7:30pm LIVE Never Alone Never Again
51 N. State St. 43081 (Westerville)
Open, Discussion

10:00pm HYBRID Better Late than Never
Zoom ID: 937 226 4629; Open, Rotating
1066 Bellows Ave. 43223 (West)

FRIDAY

9:00am LIVE Good Morning Group
1180 Shanley Dr. 43224 (North); Open, Rotating

10:00-11:30am LIVE Serenity Group
813 Bryden Rd. 43205 (Central); Open

5:00-6:30pm LIVE We Feel, We Deal, We Heal
332 Hamilton Ave. 43203 (behind Shiloh Baptist)
Open, Women's

7:00-8:30pm LIVE Another Day, Another Way
332 Hamilton Ave. 43203 (behind Shiloh Baptist)
Open

7:30pm LIVE The Journey Continues
200 E. Livingston Ave. 43215 (Central); Open

8:00pm VIRTUAL Meeting Up North
Zoom ID: 642 997 1209; Open

8:00pm LIVE Change or Die Group
8630 Refugee Rd. 43147 (Pickerington)
Open, Literature

8:00pm LIVE Talking Heads Group
2350 Indianola Ave. 43202 (OSU Campus)
Open, Discussion

10:00pm LIVE Better Late than Never
1066 Bellows Ave 43223 (West); Open, Rotating

SATURDAY

8:15am HYBRID Meshugeneh
Zoom ID: 787 914 257 – Password: bark
****If dialing in use password 942589#**
82 E. 16th Ave. 43201 (OSU Campus); Open

9:30-11am VIRTUAL I Can't, We Can
Zoom ID: 878 2341 6577 – Password: 640300
Open

10:00am VIRTUAL First Things First
Zoom ID: 923 218 152 – Password: 035553
Open

3:00-4:30pm LIVE We Came to Believe
1127 Mt. Vernon Ave. 43203 – entrance in rear
Open, Discussion

3:00-4:30pm LIVE We Carry the Message
332 Hamilton Ave. 43203 (behind Shiloh Baptist)
Open, Men's

5:00-6:30pm LIVE We Feel, We Deal, We Heal
332 Hamilton Ave. 43203 (behind Shiloh Baptist)
Open, Women's

7:00-8:30pm LIVE Another Day, Another Way
332 Hamilton Ave. 43203 (behind Shiloh Baptist)
Open

7:00pm LIVE Reynoldsburg Saturday NA Group
751 Rosehill Rd. Reynoldsburg 43068 (East) | Open,
Rotating

7:30pm LIVE Gay Joyous and Free
404 S. 3rd St. 43215 (Downtown)
Open, LGBTQ (all are welcome!)

7:30pm LIVE Saturday School
82 E. 16th Ave. 43201 (OSU Campus)
Open, Young persons (all are welcome!)

7:30pm VIRTUAL Freedom Through Fellowship
Zoom ID: 818 4413 8704 – Password 193669
Open, Speaker

10:00pm VIRTUAL Smorgasbord of Recovery
Zoom ID: 937 226 4629
Open, Rotating

10:00pm LIVE Animal House
30 W. Woodruff Ave. 43210 (OSU Campus)
Open, Discussion

SUGGESTIONS FOR NEWCOMERS

1. If in jail/treatment, attend a meeting the day you get out. 2. Go to a meeting **every day for the first 90 days**. 3. Log on/show up early and stay late to connect with other addicts. 4. Go to na.org/ips to download and read **Am I An Addict, Sponsorship, Welcome to Narcotics Anonymous, White Booklet**. 5. Call our 24/7 Helpline 614-252-1700. 6. Get a copy of our Basic Text. **Read it!** 7. Let people in meetings know you are new, **get phone numbers** and call them. 8. Look for a **sponsor** as soon as you get acquainted with members in your area. 9. Find a **home group** to attend regularly. 10. **Don't use no matter what!**

Our message is that an addict, any addict, can stop using, lose the desire to use, and find a new way to live.

MEETING DESCRIPTIONS

Open: Anyone may attend; Closed: Only addicts or those who think they have a drug problem may attend; Literature: NA literature is read; Discussion: Topics are brought up and discussed; Speaker: One addict shares their experience; Rotating: Format changes week to week