



## Central Ohio Area of Narcotics

### **Anonymous Meeting Schedule**

**24/7 Helpline 614-252-1700**

For most current schedule, access to free literature, and **detailed instructions** on how to use Zoom, visit: <https://nacentralohio.org/>

You can call in to any Zoom meeting from any phone. 1. Dial 1-646-558-8656 2. Enter **Zoom ID**, then press # 3. Enter **password** if needed.

Indoor LIVE meetings may have face mask requirements based on the group or facility.

### **SUNDAY**

**11:30am VIRTUAL Together We Can**

**Zoom ID: 848 5040 8310**

Open, Discussion, Fellowship

**12:00-1:30pm LIVE Bring Your Own Chair Group**

430 N. Nelson Rd. 43219 under big tree to right of last shelter; Outdoors (will not meet if raining), Open

**7:00-8:30pm LIVE Another Day, Another Way**

332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

**7:00pm LIVE Hearts 1**

33-35 W. 5<sup>th</sup> Ave 43201 (Short North)  
Use back entrance  
Open, Discussion, Children welcome

**7:45pm LIVE Promise is Freedom**

1340 Crest Rd. 43068 (Reynoldsburg)  
Open, Literature

**8:00pm HYBRID Briggsdale Text Discussion**

**Zoom ID: 314 359 920 | Password: 161395**

1100 S. Hague Ave. 43204 (West); Open, Literature

**10:00pm LIVE Better Late than Never**

1066 Bellows Ave 43223 (West); Open, Rotating

### **MONDAY**

**9:00am LIVE Good Morning Group**

1180 Shanley Dr. 43224 (North); Open, Rotating

**10:00-11:30am LIVE Serenity Group**

813 Bryden Rd. 43205 (Central); Open

**6:00-7:30pm VIRTUAL U Grow Girl Group**

**Zoom ID: 883 2922 5841 | Password: 709740**

Open, Women's, Rotating

**6:30pm LIVE Aging in Recovery**

St Luke's UMC 1150 W. 5<sup>th</sup> Ave. 43212 (Grandview)  
Closed

**7:00pm LIVE Write On**

200 E. Livingston Ave. 43215 (Central)  
Closed, Writing

**7:00pm VIRTUAL Monday Blues Group**

**Zoom ID: 245 269 982 | Password 008304**

Closed, Discussion

**7:00-8:30pm LIVE We Carry the Message**

332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open, Men's

**7:30pm VIRTUAL Guiding Principles**

**Zoom ID: 750 974 675**

Open, Literature, Fellowship

**7:30pm LIVE Wecoverly Group**

2930 W. Broad St. (West); Open; **outside** for summer

**8:00pm VIRTUAL Clean Machine**

**Zoom ID: 260 401 7936; Open**

**8:00pm LIVE Monday Miracles**

1385 Neil Ave. 43201 (Central)  
Open, Discussion, Literature

**8:00pm LIVE Principles Before Personalities**

1230 Oakland Park Ave 43224 (North)  
Open, Rotating

**10:00pm LIVE Better Late than Never**

1066 Bellows Ave 43223 (West); Open, Rotating

### **TUESDAY**

**9:00am LIVE Good Morning Group**

1180 Shanley Dr. 43224 (North); Open, Rotating

**10:00-11:30am LIVE Serenity Group**

813 Bryden Rd. 43205 (Central); Open

**6:30pm LIVE Out in Recovery**

82 E. 16<sup>th</sup> Ave. 43201 (OSU Campus)  
Open, LGBTQ (all are welcome!)

**6:30pm HYBRID Rush Hour to Recovery**

**Zoom ID: 961 381 129**

6475 E. Main St. #134 Reynoldsburg 43068 (East)  
Open

**7:30pm LIVE Hope is Found Here**

720 Mt. Vernon Ave. 43203 (Central)  
Open, Speaker, Discussion

**8:00pm LIVE Grateful Not Deadheads**

333 S. Drexel Ave. 43209 (Bexley)  
Closed, Discussion

**8:00pm LIVE Southside Text Discussion Group**

119 E. Gates St. 43206 (South Central)  
Open, Discussion, Literature, Children welcome

**8:00pm LIVE Newer Beginnings Group**

2930 W. Broad St. 43204 (West); Open, Discussion

**10:00pm LIVE Better Late than Never**

1066 Bellows Ave 43223 (West); Open, Rotating

### **WEDNESDAY**

**9:00am LIVE Good Morning Group**

1180 Shanley Dr. 43224 (North); Open, Rotating

**10:00-11:30am LIVE Serenity Group**

813 Bryden Rd. 43205 (Central); Open

**6:00-7:15pm VIRTUAL Women in Recovery**

**Zoom ID: 631 700 470 – Password: 528206**  
Closed, Women's

**7:00-8:30pm LIVE Another Day, Another Way**

332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

**7:30pm HYBRID 11<sup>th</sup> Step Candlelight**

**Zoom ID: 754 734 424**

1235 Northwest Blvd. (Central); Closed

**7:45pm LIVE Hope on McNaughten**

530 McNaughten Rd. 43213 (East); Open, Discussion

**8:00pm LIVE Text Discussion Group**

1582 Ferris Rd. Columbus 43224 (North)  
Open, Literature

**8:00pm LIVE Trust the Literature Group**

2930 W. Broad St. 43204 (West)  
Open, Literature

**10:00pm LIVE Better Late than Never**

1066 Bellows Ave 43223 (West); Open, Rotating

## **THURSDAY**

### **9:00am LIVE Good Morning Group**

1180 Shanley Dr. 43224 (North); Open, Rotating

### **10:00-11:30am LIVE Serenity Group**

813 Bryden Rd. 43205 (Central); Open

### **5:00-6:30pm LIVE We Feel, We Deal, We Heal**

332 Hamilton Ave. 43203; Open, Women's

### **6:00pm VIRTUAL Steps Light the Way**

**Zoom ID: 838 619 374**; Open, Literature

### **7:00-8:30pm LIVE Another Day, Another Way**

332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

### **7:00pm LIVE Thanks for Sharing Group**

2695 Zollinger Rd. Upper Arlington 43221 (NW)  
Open, Women's, Children welcome

### **7:00pm LIVE Spiritual Not Religious**

333 S. Drexel Ave. Bexley 43209 (East)  
Open, Literature, Rotating

### **7:00pm LIVE Urbancrest/Grove City NA Group**

3452 1<sup>st</sup> Ave. 43123 (South); Open, Participation

### **7:00pm VIRTUAL Heart 2 Heart**

**Zoom ID: 464 954 773 – Password: 414034**  
Open, Literature, Fellowship

### **7:30pm LIVE Never Alone Never Again**

51 N. State St. 43081 (Westerville)  
Open, Discussion

### **10:00pm LIVE Better Late than Never**

1066 Bellows Ave 43223 (West); Open, Rotating

## **FRIDAY**

### **9:00am LIVE Good Morning Group**

1180 Shanley Dr. 43224 (North); Open, Rotating

### **10:00-11:30am LIVE Serenity Group**

813 Bryden Rd. 43205 (Central); Open

### **5:00-6:30pm LIVE We Feel, We Deal, We Heal**

332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open, Women's

### **7:00-8:30pm LIVE Another Day, Another Way**

332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

### **7:30pm LIVE The Journey Continues**

200 E. Livingston Ave. 43215 (Central); Open

### **7:30pm LIVE Get It Out the Mud Group**

349 Olde Ridenour Rd. 43230 (Gahanna)  
Open, Speaker

### **8:00pm VIRTUAL Meeting Up North**

**Zoom ID: 642 997 1209**; Open

### **8:00pm LIVE Talking Heads Group**

2350 Indianola Ave. 43202 (OSU Campus)  
Open, Discussion

### **10:00pm LIVE Better Late than Never**

1066 Bellows Ave 43223 (West); Open, Rotating

## **SATURDAY**

### **8:15am HYBRID Meshugeneh**

**Zoom ID: 787 914 257 – Password: bark**

**\*\*If dialing in use password 942589#**

82 E. 16<sup>th</sup> Ave. 43201 (OSU Campus); Open

### **9:30-11am VIRTUAL I Can't, We Can**

**Zoom ID: 878 2341 6577 – Password: 640300**

Open

### **10:00am VIRTUAL First Things First**

**Zoom ID: 923 218 152 – Password: 035553**

Open

### **10:00-11:30am LIVE Bring Your Own Chair Group**

430 N. Nelson Rd. 43219 under big tree to right of last  
shelter; Outdoors (will not meet if raining); Open

### **3:00-4:30pm LIVE We Came to Believe**

1127 Mt. Vernon Ave. 43203 – entrance in rear  
Open, Discussion

### **7:00-8:30pm LIVE Another Day, Another Way**

332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

### **7:00-8:30pm LIVE Right Living Group**

4177 E. Broad St. 43213 (Whitehall) | Open

### **7:00pm LIVE Reynoldsburg Saturday NA Group**

751 Rosehill Rd. Reynoldsburg 43068 (East) | Open,  
Rotating

### **7:30pm LIVE Gay Joyous and Free**

404 S. 3<sup>rd</sup> St. 43215 (Downtown)  
Open, LGBTQ (all are welcome!)

### **7:30pm LIVE Saturday School**

82 E. 16<sup>th</sup> Ave. 43201 (OSU Campus)  
Open, Young persons (all are welcome!)

### **7:30pm VIRTUAL Freedom Through Fellowship**

**Zoom ID: 818 4413 8704 – Password 193669**

Open, Speaker

### **10:00pm VIRTUAL Smorgasbord of Recovery**

**Zoom ID: 937 226 4629**

Open, Rotating

### **10:00pm LIVE Animal House**

30 W. Woodruff Ave. 43210 (OSU Campus)  
Open, Discussion

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## **OTHER RESOURCES**

<https://nacentralohio.org>

<https://virtual-na.org>

<https://na.org>

## **SUGGESTIONS FOR NEWCOMERS**

1. If in jail/treatment, attend a meeting the day you get out. 2. Go to a meeting **every day for the first 90 days**. 3. Log on/show up early and stay late to connect with other addicts. 4. Go to **na.org/ips** to **download and read Am I An Addict, Sponsorship, Welcome to Narcotics Anonymous, White Booklet**. 5. Call our 24/7 Helpline 614-252-1700. 6. Get a copy of our Basic Text. **Read it!** 7. Let people in meetings know you are new, **get phone numbers** and call them. 8. Look for a **sponsor** as soon as you get acquainted with members in your area. 9. Find a **home group** to attend regularly. 10. **Don't use no matter what!**

## **MEETING DESCRIPTIONS**

Open: Anyone may attend; Closed: Only addicts or those who think they have a drug problem may attend; Literature: NA literature is read; Discussion: Topics are brought up and discussed; Speaker: One addict shares their experience; Rotating: Format changes week to week

***Our message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and our promise is freedom. Welcome home. You never have to use again!***