



## Central Ohio Area of Narcotics

### Anonymous Meeting Schedule

24/7 Helpline 614-252-1700

For most current schedule, access to free literature, and **detailed instructions** on how to use Zoom, visit: <https://nacentralohio.org/>

You can call in to any Zoom meeting from any phone. 1. Dial 1-646-558-8656 2. Enter **Zoom ID**, then press # 3. Enter **password** if needed.

Indoor LIVE meetings may have face mask requirements based on the group or facility.

### SUNDAY

**11:30am-1:00pm HYBRID Together We Can**  
**Zoom ID: 848 5040 8310**; Open, Discussion  
815 W. Broad St. 2<sup>nd</sup> Floor, 43222

**5:00-6:30pm LIVE U Grow Girl**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open, Women's, Rotating

**7:00-8:30pm LIVE Another Day, Another Way**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

**7:00pm LIVE Hearts 1**  
33-35 W. 5<sup>th</sup> Ave 43201 (Short North)  
Use back entrance  
Open, Discussion, Children welcome

**7:45pm LIVE Promise is Freedom**  
1340 Crest Rd. 43068 (Reynoldsburg)  
Open, Literature

**8:00pm VIRTUAL Briggsdale Text Discussion**  
**Zoom ID: 314 359 920 | Password: 161395**  
Open, Literature

**10:00pm LIVE Better Late than Never**  
1066 Bellows Ave 43223 (West); Open, Rotating

### MONDAY

**9:00am LIVE Good Morning Group**  
1180 Shanley Dr. 43224 (North); Open, Rotating

**10:00-11:30am LIVE Serenity Group**  
813 Bryden Rd. 43205 (Central); Open

**6:30pm LIVE Aging in Recovery**  
St Luke's UMC 1150 W. 5<sup>th</sup> Ave. 43212 (Grandview)  
Closed

**7:00pm VIRTUAL Monday Blues Group**  
**Zoom ID: 245 269 982 | Password 008304**  
Closed, Discussion

**7:00-8:30pm LIVE We Carry the Message**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open, Men's

**7:30pm VIRTUAL Guiding Principles**  
**Zoom ID: 750 974 675**  
Open, Literature, Fellowship

**7:30pm LIVE Wecoverly Group**  
2930 W. Broad St. (West); Open

**8:00pm VIRTUAL Clean Machine**  
**Zoom ID: 260 401 7936**; Open

**8:00pm LIVE Monday Miracles**  
1385 Neil Ave. 43201 (Central)  
Open, Discussion, Literature

**8:00pm LIVE Principles Before Personalities**  
1230 Oakland Park Ave 43224 (North)  
Open, Rotating

**10:00pm LIVE Better Late than Never**  
1066 Bellows Ave 43223 (West); Open, Rotating

### TUESDAY

**9:00am LIVE Good Morning Group**  
1180 Shanley Dr. 43224 (North); Open, Rotating

**10:00-11:30am LIVE Serenity Group**  
813 Bryden Rd. 43205 (Central); Open

**6:30pm LIVE Out in Recovery**  
82 E. 16<sup>th</sup> Ave. 43201 (OSU Campus)  
Open, LGBTQ (all are welcome!)

**6:30pm HYBRID Rush Hour to Recovery**  
**Zoom ID: 961 381 129**  
6475 E. Main St. #134 Reynoldsburg 43068 (East)  
Open

**7:30pm LIVE Hope is Found Here**  
720 Mt. Vernon Ave. 43203 (Central)  
Open, Speaker, Discussion

**8:00pm LIVE Grateful Not Deadheads**  
333 S. Drexel Ave. 43209 (Bexley)  
Closed, Discussion

**8:00pm LIVE Southside Text Discussion Group**  
119 E. Gates St. 43206 (South Central)  
Open, Discussion, Literature, Children welcome

**8:00pm LIVE Newer Beginnings Group**  
2930 W. Broad St. 43204 (West); Open, Discussion

**10:00pm LIVE Better Late than Never**  
1066 Bellows Ave 43223 (West); Open, Rotating

### WEDNESDAY

**9:00am LIVE Good Morning Group**  
1180 Shanley Dr. 43224 (North); Open, Rotating

**10:00-11:30am LIVE Serenity Group**  
813 Bryden Rd. 43205 (Central); Open

**6:00-7:15pm VIRTUAL Women in Recovery**  
**Zoom ID: 631 700 470 – Password: 528206**  
Closed, Women's

**7:00-8:30pm LIVE Another Day, Another Way**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

**7:30pm HYBRID 11<sup>th</sup> Step Candlelight**  
**Zoom ID: 754 734 424**  
1235 Northwest Blvd. (Central); Closed

**7:45pm LIVE Hope on McNaughten**  
530 McNaughten Rd. 43213 (East); Open, Discussion

**8:00pm LIVE Text Discussion Group**  
1582 Ferris Rd. Columbus 43224 (North)  
Open, Literature

**8:00pm LIVE Trust the Literature Group**  
2930 W. Broad St. 43204 (West)  
Open, Literature

**10:00pm LIVE Better Late than Never**  
1066 Bellows Ave 43223 (West); Open, Rotating

### THURSDAY

**9:00am LIVE Good Morning Group**  
1180 Shanley Dr. 43224 (North); Open, Rotating

**10:00-11:30am LIVE Serenity Group**  
813 Bryden Rd. 43205 (Central); Open

**5:00-6:30pm LIVE We Feel, We Deal, We Heal**  
332 Hamilton Ave. 43203; Open, Women's

**6:00pm VIRTUAL Steps Light the Way**  
**Zoom ID: 838 619 374**; Open, Literature

**7:00-8:30pm LIVE Another Day, Another Way**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

**7:00pm LIVE Thanks for Sharing Group**  
2695 Zollinger Rd. Upper Arlington 43221 (NW)  
Open, Women's, Children welcome

**7:00pm LIVE Spiritual Not Religious**  
333 S. Drexel Ave. Bexley 43209 (East)  
Open, Literature, Rotating

**7:00pm LIVE Urbancrest/Grove City NA Group**  
2650 Columbus St. 43123; Open, Participation

**7:00pm VIRTUAL Heart 2 Heart**  
**Zoom ID: 464 954 773 – Password: 414034**  
Open, Literature, Fellowship

**7:30pm LIVE Never Alone Never Again**  
51 N. State St. 43081 (Westerville)  
Open, Discussion

**10:00pm LIVE Better Late than Never**  
1066 Bellows Ave 43223 (West); Open, Rotating

## **FRIDAY**

**9:00am LIVE Good Morning Group**  
1180 Shanley Dr. 43224 (North); Open, Rotating

**10:00-11:30am LIVE Serenity Group**  
813 Bryden Rd. 43205 (Central); Open

**5:00-6:30pm LIVE We Feel, We Deal, We Heal**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open, Women's

**7:00-8:30pm LIVE Another Day, Another Way**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

**7:00pm LIVE Free at Last Group**  
1500 E. 17<sup>th</sup> Ave. 43219 (Central); Open, Rotating

**7:30pm LIVE The Journey Continues**  
200 E. Livingston Ave. 43215 (Central); Open

**8:00pm VIRTUAL Meeting Up North**  
**Zoom ID: 642 997 1209**; Open

**8:00pm LIVE Talking Heads Group**  
2350 Indianola Ave. 43202 (OSU Campus)  
Open, Discussion

**10:00pm LIVE Better Late than Never**  
1066 Bellows Ave 43223 (West); Open, Rotating

## **SATURDAY**

**8:15am HYBRID Meshugeneh**  
**Zoom ID: 787 914 257 – Password: bark**  
**\*\*If dialing in use password 942589#**  
82 E. 16<sup>th</sup> Ave. 43201 (OSU Campus); Open

**9:30-11am LIVE I Can't, We Can**  
4177 E. Broad St. 43205 (Whitehall)  
Open, Discussion

**10:00am VIRTUAL First Things First**  
**Zoom ID: 923 218 152 – Password: 035553**  
Open

**11:00am LIVE Bring Your Own Text Book Group**  
1205 Hildreth Ave. 43203 (East); Open, Literature  
Starts Oct. 30, 2021

**3:00-4:30pm LIVE We Came to Believe**  
955 Oak St. 43205 (East); Open, Discussion

**5:00-6:15pm LIVE Right Living Group**  
873 Bryden Rd. 43205 (Old Town East) | Open

**7:00-8:30pm LIVE Another Day, Another Way**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

**7:00pm LIVE Reynoldsburg Saturday NA Group**  
751 Rosehill Rd. Reynoldsburg 43068 (East) | Open,  
Rotating

**7:30pm LIVE Gay Joyous and Free**  
404 S. 3<sup>rd</sup> St. 43215 (Downtown)  
Open, LGBTQ (all are welcome!)

**7:30pm LIVE Saturday School**  
82 E. 16<sup>th</sup> Ave. 43201 (OSU Campus)  
Open, Young persons (all are welcome!)

**7:30pm VIRTUAL Freedom Through Fellowship**  
**Zoom ID: 818 4413 8704 – Password 193669**  
Open, Speaker

**10:00pm VIRTUAL Smorgasbord of Recovery**  
**Zoom ID: 937 226 4629**  
Open, Rotating

**10:00pm LIVE Animal House**  
30 W. Woodruff Ave. 43210 (OSU Campus)  
Open, Discussion

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## **OTHER RESOURCES**

<https://nacentralohio.org>    <https://virtual-na.org>  
<https://na.org>

## **SUGGESTIONS FOR NEWCOMERS**

1. If in jail/treatment, attend a meeting the day you get out. 2. Go to a meeting **every day for the first 90 days**. 3. Log on/show up early and stay late to connect with other addicts. 4. Go to **na.org/ips to download and read Am I An Addict, Sponsorship, Welcome to Narcotics Anonymous, White Booklet**. 5. Call our 24/7 Helpline 614-252-1700. 6. Get a copy of our Basic Text. **Read it!** 7. Let people in meetings know you are new, **get phone numbers** and call them. 8. Look for a **sponsor** as soon as you get acquainted with members in your area. 9. Find a **home group** to attend regularly. 10. **Don't use no matter what!**

## **MEETING DESCRIPTIONS**

Open: Anyone may attend; Closed: Only addicts or those who think they have a drug problem may attend; Literature: NA literature is read; Discussion: Topics are brought up and discussed; Speaker: One addict shares their experience; Rotating: Format changes week to week

***Our message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and our promise is freedom. Welcome home. You never have to use again!***