

Central Ohio Area Service Committee Meeting Minutes November 21st, 2021

Meeting called to order at 2:10 P.M. by

Serenity Prayer recited by **everyone**

Service Prayer read by **everyone**

The Twelve Traditions of Narcotics Anonymous read by **Elizabeth E.**

The Twelve Concepts for NA Service read by **Elizabeth E.**

Reading of 12 Concepts based on month by **Mark R. & Jeff B.**

BACK TO GROUPS:

- **Motions**
 - **None for voting**
 - **Motion 2021-1 is attached for group consideration of pros/cons**
- **Nominations for open ASC positions:**
 - **None**
- **Nominations for open Ohio Region positions:**
 - **None**

Roll Call: (Apologies to anyone we missed)

Remote:

1. Shadena C. – GSR: You Grow Girl Group / Outreach Chair / COACNA 30 Chair
2. Craig F. – GSR: Text Discussion Group / RCMA
3. Lis R. – Concerned Member
4. Fred P. – GSR: Heart 2 Heart Group
5. Emily T. – H&I Chair
6. Ben L. – COACNA 29 Chair
7. Robin L. – Concerned Member
8. Jarrod G. – Area Treasurer
9. Caity C. – GSR: The Journey Continues Group
10. Tracy J. – GSR: Another Day Another Way Group / RCM

In Person:

1. Tammy S. – Area Chair
2. Jeff B. – Area Secretary
3. Elizabeth E. – Area Vice-Secretary
4. Lora B. – GSR: Hope Is Found Here Group
5. Brenda M. – Concerned Member
6. Jayson S. – GSR: Monday Miracles Group
7. Loree S. – Concerned Member
8. Mark R. – OCNA Fundraiser Ad-hoc Chair
9. Marvin H. – Regional Delegate
10. Harold P. – GSR: Free At Last Group
11. Fred S. – Concerned Member
12. Steve L. – Activities Chair
13. Nande G. – COAONA Chair
14. Gail B. – Concerned Member

Minutes approved:

Minutes for October 2021 were approved. One name misspelling error was corrected for the archived version.

New Group Recognition:

None

New Group Service Representative(s):

Jayson S. – GSR Monday Miracles Group

New Flyer Approval:

OCNA Fundraiser Flyer – Approved

Addithon 2021 Flyer – Approved

COACNA 30 Updated Nomination Flyer – Approved

COACNA 30 Hotel Selection Ad-hoc Subcommittee Flyer – Approved

New Year's Eve Event Flyer – Approved

Brief financial assessment from Treasurer:

Jarrold G. gave a brief assessment of the current financial situation.

Financial report forms:

- COAONA August 2021 literature purchase - Check 1109 - need receipt
- James Burchfield for service office rent - Check 1112 - need receipt
- OCNA Fundraiser 2022 facility rent - Check 1117 - need receipt

Outstanding checks not cashed and reflected in current balance

- ORSCNA Donation - September 2021 - Check #1110 - \$119.00
- ORSCNA Donation - October 2021 - Check #1113 - \$122.00
- Service Office Rent - October 2021 - Check #1115 - \$250.00
- Shadena Carter - Zoom Into Service Event - Check #1116 - \$200.00 (confirmed check received - event not until 11.20.21)

Starting Balance = \$3,210.56

Group Donations = \$490.40

Donations = \$0.00

Expenses = \$441.57

Ending Balance = \$3,259.39

Quarterly budgets from subcommittees are due next month. We already have budget submissions from the Area Service Office, H&I Subcommittee, and PR Subcommittees.

Unfinished Business: (business that needs action this month or is unresolved from previous months)

Tabled OCNA Fundraiser Budget Request – Discussion was had. An original \$500 was approved and a check was cut that was for rent for obtaining a location that is no longer needed. Those moneys to be refunded. A new budget request is no \$1250.00. Budget Approved 9-0-2.

Agenda Business: (business that was put into the minutes at the previous month's ASC meeting)

- Budgets/Request for checks:
 - Addithon 2021 Budget/Check – \$625.00 – Approved 6-1-0
- Elections:
 - Addithon 2021 – Brenda M. nominated by Gail B. 2nd Elizabeth E.: Elected 10-1-0
 - New Year's Eve 2021 – Brenda M. nominated by Brenda M. 2nd Elizabeth E.: Elected 7-0-0
- Motions:
 - ASC Motion 2021-1 brought for consideration & pros/cons. Attached and will be considered for voting on by the groups after December, 2021 ASC Meeting

Group Reports:

Write on Group

A concerned member of the group gave a verbal report that they have discontinued meeting.

Text Discussion Group

Verbal report provided

Heart 2 Heart Group

Hello Family,

The Heart 2 Heart group would like to report that we are still meeting virtually on Zoom every Thursday at 7pm. (464954773) 414034. We have between 7-15 attendees; the group continues to be self-supporting by paying rent to the church and providing literature to any addict in need. Heart @ Heart is donating \$40.00 this month.

Humbly submitted!

Fred P.

Gay Joyous & Free Group

We have rotating format with an average of 15-25 addicts who attend our weekly Saturday evening meeting. We have no area donation for the month of November, 2021.

ILS,

Jeff B. – GSR

Out in Recovery Group

Tuesdays, 6:30-7:30pm

IN PERSON ONLY (no need to confirm zoom link or password)

Summit United Methodist Church

82 E. 16th Ave. | Columbus, OH 43201

Open, rotating format, gay & lesbian common interest group, and all are welcome to attend

Masks required by facility in hallways/common spaces

Secretary: Nate S

GSR: Beth T

GSR-A: Paul

We have steady attendance of between 7 and 18 people each week. We occasionally have observers from The Ohio State University College of Social Work and College of Medicine, probably because of our proximity to the University.

On Sunday, November 14th home group members and COASCNA Public Relations did an NA flier drive on West Broad Street. We went to 14 locations along West Broad Street, between Rhodes Park and Wilson Road. Thirteen out of the 14 locations were eager to have us post fliers and lay out business cards. Venues included a barber shop, independent markets, chain stores, gas stations, and independent restaurants.

In loving service,

Paul M.

Administrative Reports:

Chair Report: (Tammy S.)

Hey family,

Best wishes for a great Thanksgiving and a wonder filled holiday season. Our area is changing, there are new meetings opening, zoom meetings are going live and some old meetings are closed for good. The recovery community has lost so many and new addicts are finding their way to the rooms. It is more important then ever to communicate with all groups the needs of our area as well as events that are happening. Some area information would be what other groups are doing to reach the newcomer or how they need help. Other information to tell our groups would be how our subcommittees are serving this community. We have at least three large events that will be happening in the near future: Addithon, New Year's Eve and the convention. Our members cannot support what they don't know about, and we need to come together to make our area strong again. We also need to inform them about the service structure and how their contributions are filtered down to our region and the World organization. We need more involvement on all levels of service and our financial needs must be stressed as well. I have attended several meetings that are setting on a lot of their group's donations. Much of this information can be found in the minutes of this committee. While we have no printed schedules, we should promote our area website: nacentalohio.org. There one can find the current meeting schedule and a way to stay informed. You do not need to be the GSR of a meeting to relay these facts.

I want to thank all of you for your dedication and hard work. Our subcommittees are making a difference in our primary purpose, let's get behind them to support their objectives.

Tammy S.

Treasurer: (Jarrod G.)

Good afternoon family,

Thank you for the opportunity to serve our area. Please continue to announce the following during group announcements:

- COASCNA has set up electronic donations so NA members and groups can donate more easily. Interested members and groups can donate with PayPal to coascna.treasurer@gmail.com
- Anyone can set up a PayPal account as long as there is a valid e-mail address and checking account or credit card is associated.

Please make sure to add a note to indicate which group or person is sending the money so it can be attributed to the correct group.

The following items will be attached for record and attached to the minutes e-mail.

- Bank Statement for October 2021
- Account Log File
- Financial workbook for November 2021 ASC Meeting
- Group Donations file through November 2021

If you make a donation at the service office or at the service meeting, please place the name of your group on the check or money order to ensure the right group is credited with a donation.

ILS,
Jarrod G.

Secretary: (Jeff B.)

Hello Family,

Please keep sending all area trusted servant, subcommittee, and group reports to me through COASCNAsec@gmail.com. All GSR's, please provide the area with a report with information about your groups. These minutes are a great opportunity to keep our area abreast of meeting details in these ever-changing times. Thanks for allowing me to serve,
Jeff B.

Regional Committee Member: (Tracy J.)

Verbal report provided during ASC meeting

Subcommittee Reports:

Activities Chair (Steve L.):

Verbal report provided during ASC meeting

COACNA 29 Chair: (Ben L.)

Hello family hope all is well with everyone today, the COACNA 29 is moving forward and looking for a great turn out from our area and surrounding areas. We are in the process of fine tuning a lot of things such as the hotel, hospitality, merchandise and paying all our bills before walking and during the convention. We have spent zero dollars for our Merchandise, the vendor Sew Sew World will print, design and sell COACNA 29 items in return giving us a 30% financial contribution of all items being sold at the convention. We have purchased 48 fifteen oz convention mugs at \$4.00 each and will sell at \$10.00 per mug. COACNA 29 is setting the prices for all other merchandise. Our hotel room block is 126 room nights and we have exceeded that number. We are at 150 room nights, therefore we have reached our block and it is growing. We owe the hotel for the food and beverage balance of \$4,000 which we will pay the first week in December. We have reserved 200 banquet meals and sold 179 tickets leaving us with 21 tickets left. Total pre registrations at this time is 293 and if you like to register please go to our website or you can contact our Registration Chair Tenelle M on the COACNA 29 flyer. Please register and come out to enjoy your area convention in return helps and support COASCNA committee and COACNA 30. As of 11/14/2021 we have a total balance of \$9,294.89. I was waiting on an updated balance for this body, so I asked the Treasurer to send the banking information to the area secretary. We had to reorder airline tickets for our speakers since American airlines restricted the flight arrangements that didn't get two speakers here on time for their assignments to carry our message. So we had insurance on the tickets and got reimbursed all our money and repurchase tickets on Southwest which we saved around \$130.00. We are still in need of Serenity Keepers to help Welcoming to keep the members flowing with order, if you know anyone who wants to be involved please contact me at 614-580-5128. We would like more involvement from the groups to help out with hospitality to our members with a two hour increment from Friday to Saturday evening with various items, we will supply the basic things coffee, paper products and other items.. Please contact Tracy J 901-619-7326 and we will take financial contributions for help and you can use CashApp \$BenL1954. The COACNA 30 committee has met and needs support from our area. Let's do this together and continue to uplift our area with more diversity and unity. Oh last not least how about can we get 5 members here at this committee meeting to register for our convention

In Loving Service

Ben L COACNA 29 chairperson

COACNA 30 Chairperson (Shadena C.)

Good afternoon family,

It has truly been an honor to start the process for opening the floor for members who would like to be a part of the COACNA 30 Committee. We had our first meeting on Sunday, November 7, 2021 at approximately 1:20 p.m. due to the fact that the library did not open until 1pm. There were 10 members in person and 4 members of Zoom that attended the meeting. After discussion with the group, we decided that the starting time for the next meeting will be 1:30 p.m. There are currently 4 nominations on the floor:

Vicky Joe, Secretary

Tenelle MC, Registration Chairperson

Jeanette P., Serenity Keepers Chairperson

Anyabwlie S., Welcoming Chairperson

Please, encourage members to come and support the committee, even if they are not ready to take a title but to be supportive on a sub-committee. I have also submitted a flyer for any members that would like to be of service on the Hotel Search Adhoc Committee. Let me know if you have any questions or concerns. COACNA 30 Voting Meeting will be held on Saturday, December 4th 2021 at 2:30pm at the Main Library. Please remember that we need to support COACNA 29 so, make sure you register and give back to our area Convention. Thank you everyone and have a great day.

In loving service,

Shadena C.

Area Office (Nande G.):

Provided in writing

Hospital and Institution (Emily T.):

Hello family,

We currently have 23 commitments, and some meetings have returned to in person meetings. We are still dealing with temporary changes due to COVID, so unfortunately some of our commitments are unable to be carried out right now for facilities that are not allowing visitors.

That being said, we are currently working on a project in cooperation with PR to record some video shares of members that can be saved in mp4 format and pushed out to the tablets for the incarcerated population who are unable to hear the message due to COVID or other limitations.

This month I would like to highlight a couple of local commitments that are in need of members to participate and help carry the message. I am requesting that GSRs specifically announce the following at their business meetings (and I have emailed this report to the secretary so you'll have all the details in the minutes):

*Madison Correctional Institute in London - Men's facility needs a new Panel Leader

-meets the first Tuesday of the month

-must arrive at the gate at 6pm

-show vaccination card or take a rapid test

-meeting starts at 6:30

-must have 1 year clean and complete the paperwork to be cleared

*Franklin County Correction Center - men's and women's meetings - separate

-meets weekly on Saturday at noon

-we need women to sign up

-must have 1 year clean and complete the paperwork to be cleared

-eventually would like to see some new panel leaders sign up

We plan to attend COACNA 29 as a subcommittee on Saturday, January 15, and we would like to set up an information table to connect interested members with everything they need to start participating in H&I.

*Our subcommittee is also looking for new and interested members and we have several open positions. Please plan to attend the first Sunday of every month @ 2PM via zoom. However next month we will be meeting on the second Sunday, December 12 at 2pm. The link to the meeting can be found on the area website.

One final note, we are working on updating our H&I Policy and we will submit it to area for approval. Is there a specific time that is supposed to happen or is it just "as needed"? Thank you!

In loving service,

Emily T.

Newsletter (OPEN):

N/A

Outreach (Shadena C.):

The Outreach Subcommittee was able to meet on Sunday, November 14th, 2021 at the regular meeting time and we discussed the finalization of the GSR Workshop. On Saturday, November 20th, 2021 at approximately 9:15 am to 11:45am we had our 2021 GSR Workshop. I put together a fantastic PowerPoint presentation on the importance of service work and how various positions operate, along with much more. There were 3 members that attended the event yesterday. They were very excited to attend and we had a wonderful time sharing about the importance of the group, explaining about the trusted servant positions, and how they participate at an area level. There were expenses in the amount of \$17.95 for coffee and \$29.85 equals \$47.80. I will be returning \$152.20. At the end of the meeting we discussed how it would have been nice to see more members and thought of what we could do to make this informational event more attractive. With that, we were thinking of a "Rewind" of this event. That means, we would like to have it again to see if any members would like to participate. Please, let me know what your thoughts are to get people more engaged with this activity.

Public Relations: (Paul M.)

Hello Family,

Regrettably, I cannot attend today's ASC. A combination of life on life's terms (an exam for school due later today), the gifts of recovery (being in school and able to take an exam later today), with a little bit of character defects mixed in (procrastination), means that I'll be studying for the rest of Sunday.

Here is the PR subcommittee report for November's ASC.

In loving service,

Paul M

614-745-7530

Activities/info since last ASC meeting in September

- On October 25, two members presented to 20 fourth-year medical school students; NA was new to all of them, and they will be practicing doctors in our communities next year. To date we have presented to 400 second-year students, 620 fourth-year students, and nearly 20 physician faculty instructors.
 - o Students have the option of attending two open NA meetings as a part of their course work, and according to their instructors many students choose that option. PR frequently gets emails from med students who are seeking to confirm that they are allowed to attend "open" meetings.
- Arranged to do a flier drive with the Out in Recovery Group of NA on Sunday, November 14th. We went to 14 locations on West Broad Street, between Rhodes Park and Wilson Road; 13 of them were eager to have us post fliers and lay out business cards. Venues included a barber shop, independent markets, chain stores, gas stations, and independent restaurants.
 - o Number of website hits on Monday 11/15 rose by 10%, and number of page views rose by 17% (compared to the average of the previous four-day period)
 - o We reached out to the Monday Area Office phone line volunteer, who said there was no increase in call on the day after the flier drive
 - o If your home group would like to do a flier drive, email us at COASCNA@gmail.com or call Paul M. at 614-745-7530
- Webmaster is doing a great job of keeping the schedule up to date. All updates need to be sent by email to COASCNA@gmail.com. Please be aware that meeting information is changing frequently.
 - o The most up to date info on meetings is at nacentralohio.org; click on "Paper Meeting Schedule" to access a PDF formatted for printing
- Website traffic in October increased slightly compared to September, with almost 100 more visitors to the site and over 300 additional page hits
 - o Web stats for October: 2,802 visitors, who viewed 10,000 pages
 - o Year to date: 28,100 visitors, who viewed 112,900 pages
- Quarterly budget request sent to treasurer:
 - o October – December 2021: no request at this time
 - o January – March 2022: \$2300 for billboards
 - o April – June: \$500 for tables/presence at summer festivals (Comfest, Gay Pride, African-American Male Wellness Walk, etc.)

- PR Chair attended November Writing Step for Recovery subcommittee meeting to discuss potential opportunities to connect Step Guides with incarcerated people
- PR Chair attended November H&I subcommittee meeting to discuss potential opportunities to connect with the incarcerated through H&I recorded videos

Upcoming

- Continue to update website with new events and meeting changes
- We are still looking into pushing out the English audio file of the 5th Edition of the Basic Text to the incarcerated
- In the process of getting IPs pushed out to the Department of Youth Services facility
- Plan to reach out to county sheriffs to explore placement of NA literature on jail tablets
- Developing mock-up of more accessible IPs for pushing out to tablets of the incarcerated
- Exploring feasibility of using the BMLT on website to facilitate meeting updates to nacentralohio.org, naohio.org, and na.org
- Fundraiser summer of 2022

Next meeting

- Sunday, December 5th, 10:30am; zoom link below (Info also on website PR Page under “Service Committees”)
<https://us05web.zoom.us/j/84046167299?pwd=SlIzbFIEL3ZCNU1KRitaaWRtRjVNdzO9>

Writing Steps for Recovery: (Kelle A.)

No report provided to date

Ad-hoc Reports:

Addition: (Brenda M. elected during November 2021 ASC)

Report provided in writing

Audits: (OPEN)

N/A

New Year’s Eve: (Brenda M. elected during November 2021 ASC)

N/A

OCNA Fundraiser: (Mark R.)

Hi family,

We have had committee meetings on 10/21/21 and 11/11/21. We have found a more permanent meeting location – it’s at the Boulevard Presbyterian Church at 1235 Northwest Blvd. in Grandview. This is where the 11th Step Candlelight meeting is held on Wednesday nights. Our next committee meeting is scheduled for 12/2/21 at 7:00pm at the church. If anyone is interested in being on the committee, you can reach out to me (614-270-1274 / markroberts@columbus.rr.com) or just show up that night.

We have secured a date and facility for the event. It’s going to be April 23rd 2022 at the Riverside Methodist Church. The address is 2695 Zollinger Rd., Upper Arlington, OH 43221. We have come up with a preliminary flyer for the event that we would like to get approved today – hopefully, that has already happened. Once we decide on the door charge for the event, we will get it up on the website and start getting it out to meetings. The church is not going to charge us for the event, but we plan on making a donation that will be taken out of any profits that we make during the event – this is prior to the donation that we will be making to OCNA-38. With that in mind we have amended our budget to be \$1,250.00 broken down as follows below. Given that we received \$500.00 last month to pay for the facility, we are asking that ASC approve the remaining budget of \$750.00 today.

- Food \$750.00
- Entertainment \$250.00
- Misc. \$250.00

Here are some of the details that we discussed so far:

- We have spoken with the OCNA-38 Fundraising & Entertainment Chair and they will be attending the event.
- We are planning on 5 workshops and 2 speakers (1 after lunch and 1 after dinner).
- One of the workshops will be dedicated to “stories” – how the Area Office got started or how COACNA started.
- We plan on serving food during the function and will also have time specifically for lunch and dinner.

- We talked about having a DJ or a band or possibly both.
- We are planning on having an auction or 50/50 raffle or maybe a pie-in-the-face contest to help raise money.
- We briefly discussed selling t-shirts or other merchandise and will discuss that more soon.
- Someone also mentioned having a “picture board” so people could bring in copies of old pictures.
- Another idea in the works is a memorabilia table so that relevant historical items can be displayed.

Please help start spreading the word about the COASCNA 40th Anniversary Celebration. We hope that everyone will be excited to celebrate the Central Ohio Area – the groups, the ASC, the convention, the Area Office, the subcommittees, and all of the history that we have here in Central Ohio & the work we’ve done to carry the message to the still suffering addict!

In loving service,

Mark R.

OCNA Fundraiser Chairperson

614-270-1274

markroberts@columbus.rr.com

Nominations to Fill Open ASC Positions:

Current Open Positions:

- **Vice-Chairperson** – No nominations made
- **Vice-Treasurer** – No nominations made
- **Newsletter Chair** – No nominations made

Nominations to Fill Open RSC Positions:

Current Open Positions:

- **Vice-Secretary** – No nominations made
- **H&I Chairperson** – No nominations made
- **Outreach Chairperson** – No nominations made
- **Public Relations Chairperson** – No nominations made

Sharing Session:

Discussion was had about creating an ad-hoc subcommittee to expand Area Policy to include specific language related to responsibilities and authority of each area subcommittee. See attached “Subcommittee Guidelines” document for more information.

Unplanned Business:

None

Pre-Agenda Business: (reading into the minutes, items for Agenda Business at next month's ASC meeting)

Motion 2021-1

Adjournment:

Serenity prayer and adjournment at 5:15pm

Next ASC meeting: 12/19/2021 @ 2pm EST

Central Ohio Area Service Committee of Narcotics Anonymous Trusted Servants			
Administrative Committee			
Chairperson	Tammy S.	614-323-4681	tammyk054@gmail.com
Vice-Chairperson	***OPEN***		
Secretary	Jeff B.	614-743-7264	jbheart15@gmail.com
Vice-Secretary	Elizabeth E.	614-893-1562	elizabetheastman1967@gmail.com
Treasurer	Jarrod G.	614-506-5690	jwgrph@gmail.com
Vice-Treasurer	***OPEN***		
Regional Committee Member	Tracy J.	901-619-7326	trasrjr@yahoo.com

Regional Committee Member Alternate	Craig F.	601-331-1440	craig.frierson@gmail.com
Subcommittee Chairpersons			
Activities Chairperson	Steve L.	614-687-3425	stevelewis1052@gmail.com
Area Office Chairperson	Nande G.	614-515-3322	dalocka814@gmail.com
Convention Chairperson	Ben L.	614-580-5128	blaceytape@aol.com
Hospitals & Institutions Chairperson	Emily T.	937-266-8383	emilydealoia@gmail.com
Newsletter Chairperson	***OPEN***		
Outreach Chairperson	Shadena C.	614-902-9139	outreach.coascna@gmail.com
Public Relations Chairperson	Paul M.	614-745-7530	cbusnapaulm@gmail.com
Writing Steps in Recovery Chairperson	Kelle A.	614-738-1673	kellealavi@gmail.com