

Central Ohio Area Service Committee Meeting Minutes 2/21/2022

Meeting called to order at 2:03 P.M. by Tammy S.

Serenity Prayer recited by everyone

Service Prayer read by Elizabeth E.

The Twelve Traditions of Narcotics Anonymous read by Lora A.

The Twelve Concepts for NA Service read by Elizabeth E.

Reading of 12 Concepts based on month by Fred S.

BACK TO GROUPS:

- Motions
 - None
- Nominations for open ASC positions:
 - Vice Treasurer – Janet W.
 - Newsletter Subcommittee – Byron B.
- Nominations for open Ohio Region positions:
 - None
- Flyers
 - Living Clean Group Is Reopening

Roll Call: (Apologies to anyone we missed)

In Person:

1. Tammy S. – Area Chairperson
2. Elizabeth E. – GSR Together We Can Group / Area Vice Secretary
3. Jacob C. – GSR Southside Text Group
4. Lora A. – GSR Hope Is Found Here Group
5. Kevin D. – Alt. GSR Spiritual Not Religious Group
6. Jason M. – GSR Spiritual Not Religious Group
7. Tracy J. – GSR Another Day Another Way Group / RCM
8. Angelik S. – GSR Guiding Principles Group
9. Avery K. – GSR Grove City/Urbancrest Group
10. Fred S. – GSR Promise Is Freedom Group
11. Emily T. – H&I Chairperson
12. Steve L. – Activities Chairperson
13. Ben L. – COACNA 29 Chairperson

Remote:

1. Scot H. – GSR Aging In Recovery
2. Brenda M. – Concerned Member
3. Fred P. – GSR Heart to Heart
4. Kelle A. – WSR Chairperson
5. Chuck M. – Concerned Member
6. Shadena C. – GSR U Grow Girl Group / COACNA 30 Chairperson
7. Jarrod G. – Area Treasurer
8. Rebecca A. – Concerned Member
9. Chris H. – Webmaster
10. Ryan – GSR Any Addict Group
11. Smitty – Concerned Member
12. Byron B. – Alt GSR Serenity Group
13. Vicky J. – Concerned Member

Minutes approved:

Minutes for January 2022 were approved without objection

New Group Recognition:

Any Addict Group – Saturdays 8 – 9pm 332 N. Temple St. Washington Courthouse, OH

New Group Service Representative(s):

Jacob C. – Southside Text Group
Byron B. – Serenity Group
Angelik S. – Guiding Principles Group
Jason M. – Spiritual Not Religious Group

New Flyer Approval:

Psychedelic 60's Dance

Brief financial assessment from Treasurer:

Jarrold G. gave a brief assessment of the current financial situation. Financial report forms/receipts:

- COAONA August 2021 literature purchase - Check 1109 - need receipt
- James Burchfield for service office rent - Check 1112 - need receipt
- Service Office Rent - November 2021 - Check #1116 - \$250.00
- Service Office Rent - December 2021 - Check #1122 - \$250.00
- Service Office Rent - January 2022 - Check #1127 - \$250.00
- Zoom Into Service Event - Check #1136 - \$200.00

Outstanding checks not cashed and reflected in current balance

- ORSCNA Donation - December 2021 - Check #1125 - \$196.04
- Service Office Rent - February 2022 - Check #1134 - \$250.00
- ORSCNA Donation - January 2022 - Check #1132 - \$100.58
- ASC Rent - Lower Lights Christian Church #1135 - \$60.00

Starting Balance = \$2,929.39

Group Donations = \$996.86

Donations = \$193.73

Expenses= \$542.67

Ending Balance = \$3,577.31

Temporary COVID-19 Procedure for "At Meeting" Donations Enter donation information on "Group Donation Form" at the bottom of the "Group Report Form" Please place phone number and e-mail on "Group Donation Form" Tear "Group Donation Form" away from "Group Report Form" Give donation and "Group Donation Form" to COASCNA Chairperson or designated service member COASCNA Chairperson or designated service member will provide a receipt. After receiving the donation from COASCNA Chairperson, COASCNA Treasurer will let member who made donation know that donation was received and deposited.

Unfinished Business: (business that needs action this month or is unresolved from previous months)

N/A

Agenda Business: (business that was put into the minutes at the previous month's ASC meeting)

- Budgets/Request for checks:
 - Office Rent for 3 months - \$250 – Approved
 - Activities Subcommittee Speak Jam – \$350 - Approved
- Elections:
 - N/A
- Motions:
 - 2022-01 – Tabled

Group Reports:

Grove City / Urbancrest

Our group meets at 7pm every Thursday at Grove City United Methodist Church. We have a low attendance and would be grateful for any support, especially members with clean time. We are making a donation of \$50 to the carry the message and a \$50 donation to the H&I Subcommittee.

Together We Can Group

The meeting meets Sundays 11:30 – 1pm. We have 20 – 40 addicts and we average about 1 – 3 newcomers. Please come share your experience, strength and hope and receive some experience, strength and hope. We have an open format open for fellowship at 10:30.

Another Day Another Way Group

The group is continuing to grow every week. We are averaging BTW 20-25 addicts every meeting. We will be changing 2 days formats next month. Wednesday will be a step study day and Thursday will be a Tradition study day. We believe this is critical in helping carry the message the the addicts of Narcotics Anonymous. We have incorporated greetings all addicts as they enter the door, this shows the love and welcoming spirit of NA. We will also be making a donation of \$50 to area

Heart 2 Heart Group

Hello Family,

Your Heart2Heart group continues to meet virtually, we have 8-12 people in attendance.

We are making a \$20.00 donation this month via Pay Pal.

Humbly submitted in service,

Fred P.

Trust The Literature Group

Hello, Trust The Literature is continuing to meet inside with permission from the facility. We are now meeting in the church's large fellowship hall. I distributed last month's event flyers at our home group. We have maintained an attendance on average of 25-30 addicts each week. We have no events to report and made a 50 dollar donation to area this month.

ILS,

Rob W.

Promise Is Freedom Group

Welcome to Promise Is Freedom. Our treasurer John P. is paypal-ing a donation of \$100 to area. Come join us

Sunday evening in Reynoldsburg

ILS,

Fred S.

Administrative Reports:

Chair Report: (Tammy S.)

Hey Family,

Carrying the message goes beyond our own groups, thus the need for an Area Service Committee. I have asked for you all to wear more than one hat. Most of the ASC are already serving in multiple positions. Thank you for supporting this organization. Many groups need support, trusted servants, and guidance.

Established meetings are reopening and new meetings are starting up as COVID numbers decline. These meetings may be meeting in different locations and at different times. As we no longer publish a schedule, it is difficult for our members to know where and when these meeting are. We can always point them to our website, but we can also spare a moment to tell them about a meeting. Can we go to an extra meeting that needs support? Can we announce these meetings where we already attend? We can also support the ASC by announcing the different activities we offer. We have group anniversaries, speaker jams, fundraisers, and service opportunities to make our area aware of.

At one time established members and sponsors would ask newer members to assume a servant position then come along beside them and show them how to do it. Most people will except a position when they are asked. Our program regards service as a vital part of our recovery. This part of our recovery needs to be approached as an exciting possibility and a way to show our faith and support.

I am encouraged to see newcomers' excitement about attending face to face meetings. So many have gotten clean on Zoom. It is important to be patient as they learn how our meeting work to provide recovery for all who attend. Many of these newcomers are in treatment facilities that have their own kind of groups where cross talk and double sharing is permitted.

Finally, I must address an ongoing concern. We need to accomplish the business of this committee as effectively and expediently as possible. It is unacceptable for this meeting to take 4 hours or more. Even the most dedicated servant should not be asked to spend that much of their Sunday. I hope everyone had a chance to read the email I sent out on January 26th. If you have any questions or concerns about Consensus Based Decision Making feel free to reach out to me. Also, please do not asked to be recognized to just agree with an opinion that has already been given. If you have a different opinion to offer it will be given the attention it deserves. Personal attacks will not be tolerated. Let's all remember that we are all here because we want to serve this program.

Thanks for your consideration.

ILS,
Tammy S.
Chair

Treasurer: (Jarrod G.)

Good afternoon family, thank you for the opportunity to serve our area. Please continue to announce the following during group announcements: COASCNA has set up electronic donations so NA members and groups can donate more easily. Interested members and groups can donate with PayPal to coascna.treasurer@gmail.com Anyone can set up a PayPal account as long as there is a valid e-mail address and checking account or credit card is associated.

Please make sure to add a note to indicate which group or person is sending the money so it can be attributed to the correct group.

The following items will be attached for record and attached to the minutes e-mail.

- Bank Statement for January 2022
- Account Log File
- Financial workbook for February 2022 ASC Meeting
- Group Donations file through February 2022

ILS,
Jarrod G.

Secretary: (Jeff B.)

Hello Family,

Please keep sending all area trusted servant, subcommittee, and group reports to me through COASCNAsec@gmail.com. All GSR's, please provide the area with a report with information about your groups. These minutes are a great opportunity to keep our area abreast of meeting details in these ever-changing times.

Thanks for allowing me to serve,

Jeff B.

Regional Committee Member: (Tracy J.)

See attached Regional Report Documents

Subcommittee Reports:

Activities Chair (Steve L.):

Upcoming Speaker Jam 4/2/2022 if date is feasible. 12 – 8pm at 333 S. Drexel Avenue in Bexley. There will be a total of 6 speakers. Food can be purchased (Hotdogs/Chips and drinks). No addict will be turned away. We are hoping for a great turnout and to hear messages of hope.

In Loving Service,

Steve L. & Brenda M.

29th Convention Committee: (Ben L.)

No written Report Provided but COACNA 29 Subcommittee donated \$8595.66 to the area!

30th Convention Committee: (Shadena C.)

No written Report Provided

Area Office (Nande G.):

Good day Family,

There has been some recent changes to the Office hours, the most updated information is below:

- Monday 4:30 p - 6:30p
- Tuesday 4:30p - 6:30p
- Wednesday 12p - 2p
- Friday 12p - 2p
- Saturday 10a - 1p

We are currently out of 6 year medallions, and are running low on White key tags. There has been an order mix up with the Michigan Service Office, and the items that were ordered (Including the newcomer Keytags) will be coming in the next few weeks.

Our sales for the last year has been filed and we are in the process of paying the Sales tax due. That is an amount of 101.57\$.

Also, we received a check from the Unity Is a Must convention for 585\$ to purchase 45 paperback Basic texts for the H & I Subcommittee. Those items have been ordered, and will be given to the H&I chair once they arrive.

The office has been getting a new spark of energy as an influx of letters coming from jails and Institutions from all over Ohio! There has been an overwhelming amount of addicts behind the walls seeking recovery and sponsorship. We are partnering with the WSR committee to ensure that mail is being sorted and processed accordingly, and due to this, there will be an update in our policy that includes how office volunteers will handle this process.

Our next subcommittee Meeting will be coming up soon on Sunday, March 6th at 11:00 am so if you are looking to get in the middle of the boat and get involved in service (by being a phone volunteer or an office volunteer), then join us! The meeting will be hybrid, in person at 1313 E. Broad St. and online at Zoom ID 937 226 4629.

Thank you all for letting me be of service,
Nande G.

Hospital and Institution (Emily T.):

February Report - thank you secretary for your service

Hello family,

We feel that the momentum is building to soon be returning to all facilities in the next few months. We are re-establishing connections with our 23 commitments and adding a new commitment this month at Ohio Addiction and Recovery. I have provided a new printed lists of facilities and panel members so that GSRs could distribute these at their homegroup business meetings. Please continue to spread the word and point willing and interested members to our subcommittee meeting.

This month I would like to highlight one commitment that is in need of members to participate and help carry the message. I am requesting that GSRs specifically announce the following at their business meetings (and I have emailed this report to the secretary so you'll have all the details in the minutes):

*The Ohio Reformatory for Women - Women's facility in Marysville needs a new Panel Leader

-meets the first Monday of the month

-must arrive at the gate at 6:45pm

-show vaccination card

-meeting starts at 7pm

-must have 1 year clean and complete the facility paperwork to be cleared

-must be willing to find speakers and get those members cleared to enter the facility prior to the meeting

The flier for our H&I auction event/fundraiser is posted on the website. The event will take place this Saturday, Feb 26 from 2-4pm on zoom. This was a great success last year and we hope you will join us in spreading the word. I brought 20 printed fliers today and I would like to ask all GSRs to please announce at any meetings that take place this week before Saturday at 2pm. We really appreciate the support. There are many vintage items available that would be considered NA collectibles - especially for those members interested in NA artwork. There are posters, hats, mugs, and t-shirts. Last year most bidding took place at the event and all early bids were outbid, so please show up and ensure that your bid is the highest. We will have 3 subcommittee speakers during the event. We also want members to know that we are committed to hosting another in person event later this summer.

We also want to thank the anonymous member who asked for their silent auction donation at the Area Convention to go directly to H&I. We received \$20 and our area chair will be giving that directly to our area treasurer and earmarking it for H&I.

We are continuing to partner with Public Relations to create zoom recording speaker videos to be distributed to ipads in the Ohio prison system. Next month I will provide a detailed report on the videos created and the status of each.

*Our subcommittee is always looking for new and interested members and we have several open positions.

Please plan to attend the first Sunday of every month @ 2PM via zoom. The next meeting is on March 6. The link to the meeting can be found on the area website.

In loving service,

Emily T.

Newsletter (OPEN):

N/A

Outreach (Shadena C.):

No written report submitted

Public Relations: (Paul M.)

Hello Family,

Here is the PR subcommittee report for the February 20th, 2022 ASC meeting. I regret that I cannot attend today. Thanks for allowing us to be of service!

In loving service,
Paul M, PR Chair
614-745-7530

Activities/info since last ASC meeting in January

- Website traffic in January increased significantly compared to December, due in part to people finding information about COACNA
 - o Web stats for January: 3,171 visitors, who viewed 11,100 pages
 - o Year to date: 4,797 visitors, who viewed 16,900 pages
- Please continue to send all meeting updates to COASCNA@gmail.com, and include as much detail as possible. Groups are encouraged to review the information about their meetings on the website to confirm that all information is accurate, including the virtual meeting link and passcode (if any).
- Quarterly budget request sent to treasurer:
 - o Pending: January – March 2022: \$2,300 for billboards
 - o April – June: \$500 for tables/presence at summer festivals (Comfest, Gay Pride, African-American Male Wellness Walk, etc.)
- Had meetings with trusted servants in Florida and Alabama to share best practices and lessons learned when working with prison officials to provide free NA resources on the computer tablets of the incarcerated in their respective states; responded to requests from PR trusted servants in the Plain States Zone of NA to share information about eLit on prison tablets
- In collaboration with WSR (Writing Steps for Recovery subcommittee), information on how to get paired with an NA member who will serve as a step guide was pushed out to the computer tablets of those incarcerated in the ODRC (Ohio Department of Rehabilitation and Correction). To date nearly 70 letters from incarcerated Ohioans have been received.
- Started working with COANA H&I subcommittee in September 2021; sent the Chair a video from the United Kingdom's NA Fellowship that is getting shown on prison monitors there. Discussed with the Chair the possibility of H&I here doing the same thing. H&I committee members watched the UK video and discussed the possibility in October. In November I attended the H&I subcommittee meeting to help brainstorm what a video could look like (duration of video, how it could get pushed to the tablets, timeline, etc.). I contacted the H&I Chair who said that a video is ready, and that more are planned. We will work together to get these pushed out to tablets.
 - o UPDATE: Video received from H&I Chair, and forwarded to the ODRC (Ohio Department of Rehabilitation and Correction) for review, who says that it should be fine, but they will need to get confirmation from OHMAS (Ohio Department of Mental Health and Addiction Services).
- On 02/07/2022 presented to 8 fourth-year medical students at The Ohio State University. These students will soon be practicing physician residents in our communities. A few of them knew that NA existed, but most did not, and none of them had foundational knowledge of our program. Over the course of their careers they will touch thousands of lives, and we are grateful that they now know about NA and how it could help their future patients. This is the third year PR has been doing these presentations which have reached close to 600 medical students. Many of them choose to attend open virtual and/or in-person NA meetings to learn more about our program and to fulfil a portion of their course requirements.

Upcoming

- Continue to update website with new events and meeting changes; trusted servants are asked to send all updates to COASCNA@gmail.com
- Developing list of websites where link to nacentralohio.org could go; we are already on coronavirus.ohio.gov, Franklin County ADAMHS, OSU College of Social Work, OSU Wexner Medical Center, etc.
- In the process of getting IPs pushed out to the Department of Youth Services facility
- Exploring feasibility of using the BMLT (Basic Meeting List Toolkit) on website to facilitate meeting updates to nacentralohio.org, naohio.org, and na.org
- Possible PR virtual learning day Spring 2022
- An event tentatively called "Predecessors Day" in the summer of 2022. Planning is in early stages. There is a notebook that has entries from addicts sharing their experience in the Fellowship over the last few decades, which could be something to highlight at the event.

Ongoing

- If homegroups are interested in doing a flier drive in, particularly in the vicinity of where their groups meet, PR can help coordinate. We believe the office printer can be used to print fliers R members can help distribute fliers. Please contact the chair or vice chair for more info.

Next meeting

- Sunday, March 6th, 10:30am; zoom link below (Info also on website PR Page under “Service Committees”)
<https://us05web.zoom.us/j/84046167299?pwd=SIzbFIEL3ZCNU1KRitaaWRtRjVNdzO9>

Writing Steps for Recovery: (Kelle A.)

Greeting’s area service members,

To follow up on last month’s report. My apologies, I forgot to send the follow-up email with receipts attached for what we had spent so far, so that is included here.

Our big news. Since last month, we have been pushed out to the prison tablet system statewide. Although this was not our original intention, we have received a big response from incarcerated addicts and have every hope that recovering addicts in our area and beyond will lean into this exciting area of service and sign up to answer this need for addicts seeking recovery. So far, we have received 94 letters. 63 from men and 31 from women. We are currently reviewing and refining our original processes to accommodate how our information went out and be able to serve the addicts that are writing to us in the best ways possible. We are excited to be in this season of moving forward, and are seeking everyone’s help to get the word out that we need people to sign up to be Step Guides. We are happy to have people in and outside our area, and will have the opportunity to either pick up mail at the area office or have mail forwarded depending on the situation.

We are also excited to have had PR help us with a resource sheet that will now be included and going out to every individual who writes to us.

Our biggest need is Step Guides. Please join us in inviting new Step Guides by announcing at every meeting and function you attend, and reaching out to any and everyone in your contact list that we are looking for people who are willing to work steps by mail with incarcerated addicts seeking recovery. Simple go online at the area website under the WSR tab and fill out the application to begin the process. Feel free to reach out to us by email or to any of our members with listed phone numbers. We are happy to answer further questions. Or simply stop by our meeting, which is the second Thursday of the month on zoom at 5:30. We look forward to seeing you soon!

In loving service,

kelle a. and the WSR subcommittee

Ad-hoc Reports:

Addithon: (OPEN)

N/A

Audits: (OPEN)

N/A

New Year’s Eve: (OPEN)

N/A

OCNA Fundraiser: (Mark R.)

Hi family,

I’m sorry I couldn’t be there today. I’m in St. Louis at a volleyball tournament. Denial can be a good thing when you’re a 57-year-old person playing a young person’s sport!! We had committee meetings for the COASCNA 40th Anniversary Celebration on 1/27/22 and 2/17/22 and continued to make a lot of good progress. Our next committee meeting is scheduled for 3/10/22 at 7:00pm at the Boulevard Presbyterian Church at 1235 Northwest Blvd. in Grandview. This is where the 11th Step Candlelight meeting is held on Wednesday nights. Our last 2 committee meetings are scheduled for 7:00pm on 3/31/22 and 4/14/22 – also at the Boulevard Presbyterian Church. If anyone is interested in being on the committee or just helping out at the function, you can reach out to me (614-270-1274 / markroberts@columbus.rr.com) or just show up on 3/10/22.

We are continuing to try and get the word out as much as possible. If you are a trusted servant or GSR, please download the PDF and printing some copies to take to meetings. The committee has set up a FaceBook group & event and have invited as many addicts as we can. The group name is “COASCNA 40th Anniversary”. If you join the group, please invite any other addict friends that you have. The only way this is going to be a successful function is if addicts spread the word. We appreciate all the help that we can get with that.

As a quick reminder, it’s going to be April 23rd 2022 10am-midnight at the Riverside Methodist Church. The address is 2695 Zollinger Rd., Upper Arlington, OH 43221.

Here are some of the details that we have discussed so far:

- Our 2 main speakers and the workshop speakers have been picked and confirmed.

- We have reached out to ASC Subcommittees (H&I, PR, Outreach, ASC Chairperson) to see if they want to participate at the function.
- Greg G. will be our DJ for the dance.
- We decided NOT to sell t-shirts since we have better methods to raise more funds.
- We are having an auction, 50/50 raffle, and a pie-in-the-face contest to help raise money.
- We will be having a “picture board/remembrance board” so people can bring in copies of old pictures. If you have pictures you want to hang, please touch base with me.
- We will be serving sloppy joes, chicken sandwiches, mac & cheese, pasta salad, and other snacks during the function and will also have time specifically for lunch and dinner. It is likely that most of the food will be donated so we don't think we will ask for all of the food money we had in our budget.
- We will be asking for a check from our budget at the March ASC.

Again, please get involved if you can and continue spreading the word about the COASCNA 40th Anniversary Celebration. Thanks!

In loving service,

Mark R.

OCNA Fundraiser Chairperson

614-270-1274

markroberts@columbus.rr.com

Unity Day: (OPEN)

N/A

Nominations to Fill Open ASC Positions:

Current Open Positions:

- **Vice-Chairperson** – No nominations made
- **Vice-Treasurer** – Janet W.
- **Newsletter Chair** – Byron B.

Nominations to Fill Open RSC Positions:

Current Open Positions:

- Vice-Chairperson – No nominations made
- Vice-Secretary – No nominations made
- H&I Chairperson – No nominations made
- Outreach Chairperson – No nominations made
- Public Relations Chairperson – No nominations made
- Vice-Webmaster – No nominations made
- OCNA Advisory Member #3 – No nominations made

Sharing Session:

Unknown

Unplanned Business:

None

Pre-Agenda Business: (reading into the minutes, items for Agenda Business at next month's ASC meeting)

Web Pages

Adjournment:

Serenity prayer and adjournment at [Unknown]

Next ASC meeting: March 20th 2pm EST

Central Ohio Area Service Committee of Narcotics Anonymous Trusted Servants			
Administrative Committee			
Chairperson	Tammy S.	614-323-4681	tammyk054@gmail.com
Vice-Chairperson	***OPEN***		
Secretary	Jeff B.	614-743-7264	jbheart15@gmail.com
Vice-Secretary	Elizabeth E.	614-893-1562	elizabetheastman1967@gmail.com
Treasurer	Jarrod G.	614-506-5690	jwgrph@gmail.com

Vice-Treasurer	***OPEN***		
Regional Committee Member	Tracy J.	901-619-7326	trasjr@yahoo.com
Regional Committee Member Alternate	Craig F.	601-331-1440	craig.frierson@gmail.com
Subcommittee Chairpersons			
Activities Chairperson	Steve L.	614-687-3425	stevelewis1052@gmail.com
Area Office Chairperson	Nande G.	614-515-3322	dalocka814@gmail.com
30 th Convention Chairperson	Shadena C.	614-580-5128	Coacna30@gmail.com
Hospitals & Institutions Chairperson	Emily T.	937-266-8383	emilydealoia@gmail.com
Newsletter Chairperson	***OPEN***		
Outreach Chairperson	Shadena C.	614-902-9139	outreach.coascna@gmail.com
Public Relations Chairperson	Paul M.	614-745-7530	cbusnapaulm@gmail.com
Writing Steps in Recovery Chairperson	Kelle A.	614-738-1673	kellealavi@gmail.com