



**Central Ohio Area of Narcotics Anonymous  
Meeting Schedule  
24/7 Helpline 614-252-1700**

**ALL MEETINGS LISTED ARE IN-PERSON UNLESS LABELED VIRTUAL.** In-person meetings may have face mask requirements based on the group or facility.

For most current schedule, access to free literature, and detailed instructions on how to use Zoom, visit: <https://nacentralohio.org/>

You can call in to any Zoom meeting from any phone. 1. Dial 1-646-558-8656 2. Enter **Zoom ID**, then press # 3. Enter **password** if needed.

**MEETING DESCRIPTION KEY**

- Open: Anyone may attend
- Closed: Only addicts or those who think they have a drug problem may attend
- Discussion: Topics are brought up and discussed;
- Literature: NA literature is read/discussed
- LGBTQ: Lesbian, Gay, Bisexual, Transgender, Queer Community meeting but all are welcome
- Men's: Men-only meeting
- Rotating: Format changes week to week
- Speaker: One addict shares their experience
- Women's: Women-only meeting
- Young Persons: Young persons' special interest meeting but all are welcome

**MONDAY**

- 9:00a-10:00a Good Morning Group**  
1180 Shanley Dr. 43224 (North); Open, Rotating
- 10:00a-11:30a Serenity Group**  
Bell Center 813 Bryden Rd. 43205 (Central); Open
- 6:30p-7:30p Aging in Recovery**  
St Luke's UMC 1150 W. 5<sup>th</sup> Ave. 43212 (Grandview)  
Closed

**7:00p-8:00p Monday Blues Group**  
5521 Groveport Rd. 43125 (Groveport)  
Closed, Discussion

**7:00p-8:30p We Carry the Message**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open, Men's

**7:30p-8:30p VIRTUAL Guiding Principles**  
**Zoom ID: 750 974 675**  
Open, Literature, Fellowship

**7:30p-8:30p Wecoverly Group**  
2930 W. Broad St. (West); Open

**8:00p-9:00p VIRTUAL Clean Machine**  
**Zoom ID: 260 401 7936**; Open

**8:00p-9:00p Monday Miracles**  
1385 Neil Ave. 43201 (Central)  
Open, Discussion, Literature

**8:00p-9:00p Principles Before Personalities**  
1230 Oakland Park Ave 43224 (North)  
Open, Rotating

**10:00p-11:00p Better Late than Never**  
1066 Bellows Ave 43223 (West); Open, Rotating

**TUESDAY**

**9:00a-10:00a Good Morning Group**  
1180 Shanley Dr. 43224 (North); Open, Rotating

**10:00p-11:30a Serenity Group**  
813 Bryden Rd. 43205 (Central); Open

**6:30p-7:30p VIRTUAL Out in Recovery**  
**Zoom ID: 869 8974 4102 | Password: 721482**  
Open, LGBTQ (all are welcome!)

**6:30p-7:30p Rush Hour to Recovery**  
1416 Jackson St., Reynoldsburg 43068 (East) Open

**7:30p-8:30p Hope is Found Here**  
720 Mt. Vernon Ave. 43203 (Central)  
Open, Speaker, Discussion

**8:00p-9:00p Grateful Not Deadheads**  
333 S. Drexel Ave. 43209 (Bexley)  
Closed, Discussion

**8:00p-9:00p VIRTUAL Southside Text Discussion**  
**Zoom ID: 838 337 1374**  
Open, Discussion, Literature, Children welcome

**8:00p-9:00p Newer Beginnings Group**  
2930 W. Broad St. 43204 (West); Open, Discussion

**10:00p-11:00p Better Late than Never**  
1066 Bellows Ave 43223 (West); Open, Rotating

**WEDNESDAY**

**9:00a-10:00a Good Morning Group**  
1180 Shanley Dr. 43224 (North); Open, Rotating

**10:00a-11:30a Serenity Group**  
813 Bryden Rd. 43205 (Central); Open

**6:00p-7:15p VIRTUAL Women in Recovery**  
**Zoom ID: 631 700 470 – Password: 528206**  
Closed, Women's

**7:00p-8:30p Another Day, Another Way**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

**7:30p-8:30p 11<sup>th</sup> Step Candlelight**  
1235 Northwest Blvd. (Central); Closed

**7:45p-8:45p Hope on McNaughten**  
530 McNaughten Rd. 43213 (East); Open, Discussion

**8:00p-9:00p Text Discussion Group**  
1582 Ferris Rd. Columbus 43224 (North)  
Open, Literature

**8:00p-9:00p Trust the Literature Group**  
2930 W. Broad St. 43204 (West)  
Open, Literature

**THURSDAY**

**9:00a-10:00p Good Morning Group**  
1180 Shanley Dr. 43224 (North); Open, Rotating

**10:00a-11:30a Serenity Group**  
813 Bryden Rd. 43205 (Central); Open

**5:00p-6:30p We Feel, We Deal, We Heal**  
332 Hamilton Ave. 43203; Open, Women's

**6:00p-7:00p VIRTUAL Steps Light the Way**  
**Zoom ID: 838 619 374**; Open, Literature

**7:00p-8:30p Another Day, Another Way**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

**7:00p-8:00p Spiritual Not Religious**  
333 S. Drexel Ave. Bexley 43209 (East)  
Open, Literature, Rotating

**7:00p-8:00p Urbancrest/Grove City NA Group**  
2650 Columbus St. 43123; Open, Participation

**7:00p-8:00p VIRTUAL Heart 2 Heart**  
**Zoom ID: 464 954 773 – Password: 414034**  
Open, Literature, Fellowship

**7:30p-8:30p Never Alone Never Again**  
51 N. State St. 43081 (Westerville)  
Open, Discussion

**10:00p-11:00p Better Late than Never**  
1066 Bellows Ave 43223 (West); Open, Rotating

## **FRIDAY**

**9:00a-10:00a Good Morning Group**  
1180 Shanley Dr. 43224 (North); Open, Rotating

**10:00a-11:30a Serenity Group**  
813 Bryden Rd. 43205 (Central); Open

**5:00p-6:30p We Feel, We Deal, We Heal**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open, Women's

**7:00p-8:30p Another Day, Another Way**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

**7:00p-8:00p Free at Last Group**  
1500 E. 17<sup>th</sup> Ave. 43219 (Central); Open, Rotating

**7:30p-8:30p The Journey Continues**  
200 E. Livingston Ave. 43215 (Central); Open

**8:00p-9:00p VIRTUAL Meeting Up North**  
**Zoom ID: 642 997 1209**; Open

**8:00p-9:00p Talking Heads Group**  
2350 Indianola Ave. 43202 (OSU Campus)  
Open, Discussion

**10:00p-11:00p Better Late than Never**  
1066 Bellows Ave 43223 (West); Open, Rotating

## **SATURDAY**

**8:15a-9:15a VIRTUAL Meshugeneh**  
**Zoom ID: 787 914 257 – Password: bark**  
**\*\*If dialing in use password 942589#**  
Open, Discussion

**9:30a-11:00a I Can't, We Can**  
4177 E. Broad St. 43205 (Whitehall)  
Open, Discussion

**10:00a-11:00a VIRTUAL First Things First**  
**Zoom ID: 923 218 152 – Password: 035553**  
Open

**11:00a-12:00p Bring Your Own Text Book Group**  
1205 Hildreth Ave. 43203 (East); Open, Literature  
Starts Oct. 30, 2021

**3:00p-4:30p We Came to Believe**  
955 Oak St. 43205 (East); Open, Discussion

**5:00p-6:15p Right Living Group**  
873 Bryden Rd. 43205 (Old Town East) | Open

**7:00p-8:30p Another Day, Another Way**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

**7:00p-8:00p Reynoldsburg Saturday NA Group**  
751 Rosehill Rd. Reynoldsburg 43068 (East) | Open,  
Rotating

**7:30p-8:30p Gay Joyous and Free**  
404 S. 3<sup>rd</sup> St. 43215 (Downtown)  
Open, LGBTQ (all are welcome!)

**7:30p-8:30p Saturday School**  
82 E. 16<sup>th</sup> Ave. 43201 (OSU Campus)  
Open, Young persons (all are welcome!)

**7:30p-8:30p VIRTUAL Freedom Through Fellowship**  
**Zoom ID: 818 4413 8704 – Password 193669**  
Open, Speaker

**10:00p-11:00p VIRTUAL Smorgasbord of Recovery**  
**Zoom ID: 937 226 4629**  
Open, Rotating

**10:00p-11:00p Animal House**  
30 W. Woodruff Ave. 43210 (OSU Campus)  
Open, Discussion

## **SUNDAY**

**11:30a-1:00p HYBRID Together We Can**  
**Zoom ID: 848 5040 8310**; Open, Discussion  
815 W. Broad St. 2nd Floor, 43222

**5:00p-6:30p U Grow Girl**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open, Women's, Rotating

**7:00p-8:30p Another Day, Another Way**  
332 Hamilton Ave. 43203 (behind Shiloh Baptist)  
Open

**7:00p-8:00p Hearts 1**  
33-35 W. 5th Ave 43201 (Short North)  
Use back entrance  
Open, Discussion, Children welcome

**7:45p-8:45p Promise is Freedom**  
1340 Crest Rd. 43068 (Reynoldsburg)  
Open, Literature

**8:00p-9:00p VIRTUAL Briggsdale Text Discussion**  
**Zoom ID: 314 359 920 | Password: 161395**  
Open, Literature

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## **OTHER RESOURCES**

<https://nacentralohio.org>  
<https://virtual-na.org>  
<https://na.org>

## **SUGGESTIONS FOR NEWCOMERS**

1. If in jail/treatment, attend a meeting the day you get out.
2. Go to a meeting **every day for the first 90 days**.
3. Log on/show up early and stay late to connect with other addicts.
4. Go to [na.org/ips](https://na.org/ips) to download and read **IP #7: Am I an Addict?**, **IP #11: Sponsorship**, **IP #22: Welcome to NA**, **IP #29: Introduction to NA Meetings, White Booklet**.
5. Call our 24/7 Helpline 614-252-1700.
6. Get a copy of our Basic Text. **Read it!**
7. Let people in meetings know you are new, **get phone numbers** and call them.
8. Look for a **sponsor** as soon as you get acquainted with members in your area.
9. Find a **home group** to attend regularly.
10. **Don't use no matter what!**

***Our message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and our promise is freedom. Welcome home. You never have to use again!***