



**Central Ohio Area of Narcotics Anonymous**  
**Meeting Schedule**  
 24/7 Helpline 614-252-1700  
[nacentralohio.org](http://nacentralohio.org) • [virtual-na.org](http://virtual-na.org) • [na.org](http://na.org)

**ALL MEETINGS LISTED ARE IN-PERSON UNLESS LABELED VIRTUAL.** In-person meetings may have face mask requirements based on the group or facility.

For current schedule, access to free literature, and detailed instructions on how to use Zoom, visit <https://nacentralohio.org/>

You can call in to any Zoom meeting from any phone:

1. Dial 1-646-558-8656;
2. Enter Zoom ID, then press #;
3. Enter password if needed.

**MEETING DESCRIPTION KEY**

Open: Anyone may attend

Closed: Only addicts or those who think they have a drug problem may attend

Discussion: Topics are brought up and discussed

Literature: NA literature is read/discussed

LGBTQ: Lesbian, Gay, Bisexual, Transgender, Queer

Community common needs meeting – all welcome

Men's: Men-only meeting

Rotating: Format changes week to week

Speaker: One addict shares their experience

Women's: Women-only meeting

Young Persons: Young persons' common needs meeting

**MONDAY**

**9:00a-10:00a Good Morning Group**

1180 Shanley Dr, 43224 (North); Open, Rotating

**12:00p-1:30p Serenity Group**

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/ Bronzeville); Open

**6:30p-7:30p Aging in Recovery**

St Luke's UMC 1150 W 5th Ave, 43212; Closed

**7:00p-8:00p Monday Blues Group**

5521 Groveport Rd, 43125 (Groveport); Closed, Discussion

**7:00p-8:30p We Carry the Message**

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville); Open, Men's

**7:30p-8:30p VIRTUAL Guiding Principles**

Zoom ID: 750 974 675; Open, Literature, Fellowship

**7:30p-8:30p Wecoverly Group**

2930 W Broad St, (West); Open

**8:00p-9:00p VIRTUAL Clean Machine**

Zoom ID: 260 401 7936; Open

**8:00p-9:00p Monday Miracles**

H20 Church, 1385 Neil Ave, 43201 (Victorian Village) Open, Discussion, Literature

**8:00p-9:00p Principles Before Personalities**

1230 Oakland Park Ave 43224 (North); Open, Rotating

**10:00p-11:00p Better Late than Never**

1066 Bellows Ave 43223 (Franklinton); Open, Rotating

**TUESDAY**

**9:00a-10:00a Good Morning Group**

1180 Shanley Dr, 43224 (North); Open, Rotating

**12:00p-1:30p Serenity Group**

Damascus House, 332 Hamilton Ave, 43203 (King- Lincoln/Bronzeville); Open

**6:30p-7:30p Out in Recovery**

Indianola Presbyterian Church, 1970 Waldeck Ave, 43201 (OSU Campus Area)); Open, Rotating, LGBTQ (all are welcome!)

**6:30p-7:30p Rush Hour to Recovery**

1416 Jackson St, Reynoldsburg 43068 (East); Open

**7:30p-8:30p Hope is Found Here**

720 Mt. Vernon Ave, 43203 (Central); Open, Speaker, Discussion

**8:00p-9:00p Grateful Not Deadheads**

333 S Drexel Ave, 43209 (Bexley); Closed, Discussion

**8:00p-9:00p Southside Text Discussion**

United Methodist Church, 119 E Gates St, 43207; Open, Discussion, Literature, Children Welcome

**8:00p-9:00p Newer Beginnings Group**

2930 W Broad St, 43204 (West); Open, Discussion

**10:00p-11:00p Better Late than Never**

1066 Bellows Ave 43223 (Franklinton); Open, Rotating

**WEDNESDAY**

**9:00a-10:00a Good Morning Group**

1180 Shanley Dr, 43224 (North); Open, Rotating

**12:00p-1:30p Serenity Group**

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville); Open

**6:00p-7:15p Women in Recovery**

40 S James Rd, Columbus, OH 43213; Closed, Women's

**7:00p-8:30p Another Day, Another Way**

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville); Open

**7:30p-8:30p 11th Step Candlelight**

1235 Northwest Blvd. (Central); Closed

**7:45p-8:45p Hope on McNaughten**

530 McNaughten Rd, 43213 (East); Open, Discussion

**8:00p-9:00p Text Discussion Group**

1582 Ferris Rd, Columbus 43224 (North); Open, Literature

**8:00p-9:00p Trust the Literature Group**

2930 W Broad St, 43204 (West); Open, Literature

**10:00p-11:00p Better Late than Never**

1066 Bellows Ave 43223 (Franklinton); Open, Rotating

**THURSDAY**

**9:00a-10:00p Good Morning Group**

1180 Shanley Dr, 43224 (North); Open, Rotating

**12:00p-1:30p Serenity Group**

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville); Open

**5:00p-6:30p We Feel, We Deal, We Heal**

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville); Open, Women's

**6:00p-7:00p VIRTUAL Steps Light the Way**

Zoom ID: 838 619 374; Open, Literature

**7:00p-8:00p Spiritual Not Religious**

Saint Alban's Episcopal Church, 333 S Drexel Ave, Bexley 43209 (Near East); Open, Literature (Living Clean), Speaker

**7:00p-8:30p Another Day, Another Way**

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville); Open

**7:00p-8:00p HYBRID Heart 2 Heart**

Broad Street United Methodist Church, 501 E. Broad St, 43215; Zoom: ID# 464 954 773, PW-414034; Open, Literature, Fellowship

(Thursday continued)

**7:00p-8:00p Urbancrest/Grove City NA Group**  
2650 Columbus St, 43123; Open, Participation\

**7:00p-8:00p Living Clean Group of NA**  
Crosswalk Church, 751 Rosehill Rd, Reynoldsburg, OH 43068,  
Literature (Living Clean Book), Open

**7:30p-8:30p Never Alone Never Again**  
51 N State St, 43081 (Westerville); Open, Discussion

**8:00p-9:00p Cutin' Loose**  
Our Lady of Lourdes Catholic Church, 1033 West 5th St, Marysville, OH  
43040 (Annex building behind); Open, Rotating

**10:00p-11:00p Better Late than Never**  
1066 Bellows Ave 43223 (Franklinton); Open, Rotating

## FRIDAY

**9:00a-10:00a Good Morning Group**  
1180 Shanley Dr, 43224 (North); Open, Rotating

**12:00p-1:30p Serenity Group**  
Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln / Bronzeville);  
Open

**5:00p-6:30p We Feel, We Deal, We Heal**  
Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville);  
Open, Women's

**7:00p-8:30p Another Day, Another Way**  
Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville);  
Open

**7:00p-8:00p Free at Last Group**  
1500 E 17th Ave, 43219 (Central); Open, Rotating

**7:30p-8:30p The Journey Continues**  
200 E Livingston Ave, 43215 (Central); Open

**8:00p-9:00p VIRTUAL Meeting Up North**  
Zoom ID: 642 997 1209; Open

**8:00p-9:00p Talking Heads Group**  
2350 Indianola Ave, 43202 (OSU Campus); Open, Discussion

**10:00p-11:00p Better Late than Never**  
1066 Bellows Ave 43223 (Franklinton); Open, Rotating

## SATURDAY

**8:15a-9:15a HYBRID Meshugeneh**  
Summit on 16th UMC, 82 E 16th Ave, 43201 (OSU); Zoom ID: 787 914  
257 – PW: bark \*\*if dialing in use pw 942589#; Open, Discussion

**9:30a-11:00a I Can't, We Can**  
4177 E Broad St, 43205 (Whitehall); Open, Discussion

**10:00a-11:00a VIRTUAL First Things First**  
Zoom ID: 923 218 152 – PW: 035553; Open

**11:00a-12:00p Bring Your Own Textbook Group**  
1205 Hildreth Ave, 43203 (East); Open, Literature

**3:00p-4:30p We Came to Believe**  
955 Oak St, 43205 (Olde Towne East); Open, Discussion

**5:00p-6:15p Right Living Group**  
873 Bryden Rd, 43205 (Old Town East); Open

**7:00p-8:30p Another Day, Another Way**  
Damascus House, 332 Hamilton Ave, 43203 (King- Lincoln/Bronzeville);  
Open

**7:00p-8:00p Reynoldsburg Saturday NA Group**  
751 Rosehill Rd, Reynoldsburg 43068 (East); Open, Rotating

**7:30p-8:30p Gay Joyous and Free**  
Trinity Evangelical Lutheran Church, 404 S 3rd St, 43215 (Downtown);  
Open, LGBTQ (all are welcome!)

**7:30p-8:30p Saturday School**  
82 E 16th Ave, 43201 (OSU Campus); Open, Young Persons (all are  
welcome!)

**7:30p-8:30p VIRTUAL Freedom Through Fellowship**  
Zoom ID: 818 4413 8704 – Password 193669; Open, Speaker

**10:00p-11:00p VIRTUAL Smorgasbord of Recovery**  
Zoom ID: 8272 481 0600; PW: 616548, Open, Rotating

**10:00p-11:00p Animal House**  
30 W Woodruff Ave, 43210 (OSU Campus); Open, Discussion

## SUNDAY

**11:30a-1:00p HYBRID Together We Can**  
815 W Broad St, 2nd Floor, 43222 Zoom ID: 848 5040 8310; Open,  
Discussion

**1p-2:30p Sunday Saints of NA**  
Trinity Episcopal Church, 10 E. 4th St., London, OH 43140; Open, Topic

**5:00p-6:30p U Grow Girl**  
Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville);  
Open, Women's, Rotating

**7:00p-8:30p Another Day, Another Way**  
Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville);  
Open

**7:00p-8:00p Hearts 1**  
33-35 W 5th Ave, 43201, (Short North), use back entrance; Open,  
Discussion, Children welcome

**7:45p-8:45p Promise is Freedom**  
1340 Crest Rd, 43068 (Reynoldsburg); Open, Literature

**8:00p-9:00p VIRTUAL Briggsdale Text Discussion**  
Zoom ID: 314 359 920, Password: 161395; Open, Literature

## 10 SUGGESTIONS FOR NEWCOMERS TO NA

1. If in jail/treatment, attend a meeting the day you get out. Look at the schedule ahead of time and know where you will go. You can call 614.252.1700 or visit [nacentralohio.org](http://nacentralohio.org) for a current schedule of meetings.
2. Attend at least one meeting every day for the first 90 days of recovery to help you build routine and community.
3. Log on/show up early to meetings and stay late to talk with other addicts and get to know people, get phone numbers, and get known.
4. Go to [na.org/ips](http://na.org/ips) to download and read:
  - a. IP #7: Am I an Addict?
  - b. IP #11: Sponsorship
  - c. IP #22: Welcome to NA
  - d. IP #29: Introduction to NA Meetings
  - e. White Booklet.
5. Call our 24/7 Helpline 614-252-1700 BEFORE you use.
6. Get a copy of our Basic Text. Read it!
7. Let people in meetings know you are new, get phone numbers and call them.
8. Look for a sponsor as soon as you get acquainted with members in your area. Don't be afraid to ask someone and don't give up if your initial choices aren't available.
9. Find a home group and attend regularly to build a homebase for your recovery.
10. Don't use no matter what! You never have to use again!

**Our message is that an addict, *any addict*,  
can stop using drugs, lose the desire to use,  
and find a new way to live.**

**Our message is hope and our promise is freedom.  
Welcome home; You never have to use again!**

## Phone Numbers

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