

Central Ohio Area Service Committee Meeting Minutes April 24th, 2022

Meeting called to order at 2:07 P.M. by: **Tammy S.**

Serenity Prayer recited by: **Everyone**

Service Prayer read by: **Everyone**

The Twelve Traditions of Narcotics Anonymous read by: **Elizabeth E.**

The Twelve Concepts for NA Service read by: **Mark R.**

The 4th Concept read by: **Nande G. & Cheryl M.**

BACK TO GROUPS:

- **Motions:**
 - **None**
- **Flyers:**
 - **See Attachments**
- **Nominations for open ASC positions:**
 - **None**
- **Nominations for open Ohio Region positions:**
 - **None**

Roll Call: (Apologies to anyone we missed)

In-Person:

1. Tammy S. – Area Chairperson
2. Elizabeth E. – Area Vice Secretary / GSR Together We Can Group
3. Cheryl M. – Alt GSR: Together We Can Group
4. Nande G. – Area Office Chair
5. Jacob C. – GSR Southside Text Discussion Group
6. Mickey M. – GSR The Journey Continues Group
7. Leighton M. – GSR Principles Before Personalities Group
8. Jeff W. – Concerned Member
9. Tracy J. – RCM / GSR Another Day Another Way
10. Colten H. – GSR Monday Miracles Group
11. Steve I. – Activities Chair
12. Mark R. – OCNA 38 Fundraiser Chair
13. Fred S. – GSR Promise Is Freedom

Virtual:

1. Avery K. – GSR Grove City / Urbancrest Group
2. Fred P. – GSR Heart 2 Heart Group
3. Jarrod G. – Area Treasurer
4. Emily T. – GSR 11th Step Candlelight Group / Area H&I Chair
5. Shadena C. – GSR U Gro Girl Group / COACNA 30 Chair
6. Lis R. – Concerned Member
7. Mandy S. – GSR Meeting Up North Group
8. Byron B. – GSR Serenity Group / Newsletter Chair
9. Brenda M. – Concerned Member
10. Janet W. – Concerned Member

Minutes approved:

Minutes for March, 2022 were approved.

New Group Recognition:

None

New Group Service Representative(s):

Mickey M. – GSR The Journey Continues

Leighton M. – GSR Principles Before Personalities

New Flyer Approval:

All flyers presented at area were approved

Brief financial assessment from Treasurer:

Jarrod G. gave a brief assessment of the current financial situation.

Financial report forms/receipts:

- COAONA August 2021 literature purchase - Check 1109 - need receipt
- Zoom Into Service Event - Check #1136 - \$200.00
- OCNA Fundraiser - Check #1144 - \$900.00
- Outstanding checks not cashed and reflected in current balance
- ASC Rent - Lower Lights Christian Church #1135 - \$60.00
- Service Office Rent - March 2022 - Check #1139 - \$250.00
- Service Office Rent - April 2022 - Check #1143 - \$250.00
- OCNA 38 Donation - Check #1145 - \$500.00

Our account is currently holding \$1,476.73 in H&I money from their fundraiser.

Starting Balance = \$12,149.97

Group Donations = \$950.30

Donations = \$1,213.00

Expenses = \$1,933.31

Ending Balance = \$12,379.96

Temporary COVID-19 Procedure for "At Meeting" Donations

- Enter donation information on "Group Donation Form" at the bottom of the "Group Report Form"
- Please place phone number and e-mail on "Group Donation Form"
- Tear "Group Donation Form" away from "Group Report Form"
- Give donation and "Group Donation Form" to COASCNA Chairperson or designated service member
- COASCNA Chairperson or designated service member will provide a receipt
- After receiving the donation from COASCNA Chairperson, COASCNA Treasurer will let member who made donation know that donation was received and deposited.

Unfinished Business: (business that needs action this month or is unresolved from previous months)

- Area approved Mark R. to update policy to for area office rent
- COACNA 29 Convention audit was conducted on 4/29/2022 at 6:30pm.

Agenda Business: (business that was put into the minutes at the previous month's ASC meeting)

- Budgets/Request for checks:
 - None
- Elections:
 - Janet W. – Elected 8-0-0
- Motions:
 - None

Group Reports:

Serenity Group

Hello family "SERENITY GROUP" meets Monday thru Friday at noon at Damascus House, 332 Hamilton Ave. 43203. We have 15-25 addicts every meeting with members who have several decades' clean. Its an open rotating format.

We are having our 32nd anniversary May 6, 2022; at 10am until dark, in Nelsen Park off Nelson Rd. Come out and enjoy food, fun, DJ and fellowship.

ILS Byron B GSRA.

Heart 2 Heart Group

Hello Family,

Heart 2 Heart would like to report the following:

- We are meeting as a virtual- Hybrid group until June 9th at which time we will transition to in person only.
- We will notify the area office of these future changes.
- We have regular meeting attendance between 8-12 addicts attend our meeting currently.
- We are attaching new group flyer.
- We submitted a \$20 dollar donation via PayPal this month.

Humbly submitted,

Fred P. GSR

Grandview Earlybird Meeting - final report:

Hello family,

Sadly, the Grandview Early Bird Candlelight meeting is no longer meeting. Nor is the 8pm meeting in the same location/day. They were already struggling before the pandemic, the church remained closed all throughout COVID, and they began some remodeling projects that resulted in the meeting space no longer being available. A member was able to go and pick up all NA items from the church. The meeting had a record book that Bob M. (longest attending member) is going to keep and we discovered that the meeting began meeting on April 22, 1983. Or at least that date was circled in the front inside cover of the book with Bob B's initials and it said "anniversary date" next to it.

Here is the inventory of what we have:

2 literature racks

2 Just for Today books

laminated group readings

3 Living Clean books

All of the above will be dropped off at the area office this week. And we want to the items to be given to any group that needs them - first come first served.

We also have \$70.89 to donate to area.

And finally, for anyone who attended the Grandview Early Bird, you know that we had what can be best described as a tackle box filled with EVERY available medallion. I have not counted up everything in the box. But we thought it best to donate this back to the area as well, however, we're not really sure what's appropriate. Should they be given away first come first served or should they be put back into the inventory at the office? They've already been purchased once by 7th tradition money.

Please advise,

Emily T and Bob M.

The 11th Step Candlelight

is a closed meeting for addicts only. We have a 10 minute candlelight silent meditation followed by a topic being putting on the floor and a round robin format - in the dark. Nothing new to report this month except that last month I did not include the amount of our donation. So I'm including it here: \$75.00. We will donate again next month.

ILS,

Emily T.

Trust The Literature Group

Hello,

I am unfortunately out today with a migraine. Trust The Literature is continuing to meet inside with permission from the facility. Meeting on Wednesday evenings at 8PM at Hoge Memorial Presbyterian on West Broad. We are now meeting in the smaller classroom again due to disruptions we were having in the larger room. We have maintained an attendance on average of 25-30 addicts each week. We have no events to report and have no donation to area this month.

ILS,

Rob W.

The Promise Is Freedom Group

Welcome to the Promise Is Freedom Group. We meet Sunday evenings from 7:45 – 9pm at Ray Naz Church 1340 Court Rd. Reynoldsburg, OH 43068 behind CVS on Main Street. We are an open, literature study group. Join us to share your experience strength and hope.

ILS,
Fred S.

Administrative Reports:

Chair Report: (Tammy S.)

Hey Family,

First, I would like to thank this body for allowing me to serve as your chair for the last year and a half. Next month we will bring nominations for all service positions of this committee. I ask that you seek out members who would consider serving. I will be putting my nomination in next month for chair. My hope would be to teach a vice chair the position.

As the weather improves there are more events to attend in our area and across our region. Don't forget to announce the two functions in our area next weekend: "Aging in recovery Blues" dinner and fellowship on Saturday night, April 30th starting at 4pm, and the H & I learning day on Sunday May 1st from 1pm – 4pm. Keep posted on our area on our website: nacentroloho.org.

Our Ohio Region has a website as well: naohio.org. The "Psychedelic 60's Dance" will be held May 7th in Marion, Ohio. There are many choices of events like this on the website. Two events in our zone of Ohio are the spiritual retreat at Tar Hollow and the OCNA convention, both happening in May.

As always, I am available to the area and this body.

ILS,
Tammy S.

Treasurer: (Jarrod G.)

Good afternoon family, thank you for the opportunity to serve our area. Please continue to announce the following during group announcements:

- COASCNA has set up electronic donations so NA members and groups can donate more easily.
- Interested members and groups can donate with PayPal to coascna.treasurer@gmail.com
- Anyone can set up a PayPal account as long as there is a valid e-mail address and checking account or credit card is associated.
- Please make sure to add a note to indicate which group or person is sending the money so it can be attributed to the correct group.

The following items will be attached for record and attached to the minutes e-mail.

- Bank Statement for March 2022
- Account Log File
- Financial workbook for April 2022 ASC Meeting
- Group Donations file through April 2022

Please note that when I attempted to donate the check from The Journey Continues Group I learned the check had not been endorsed so I was unable to deposit. I have removed the donation from our book work and I am reaching out to the trusted servants of the group

ILS,
Jarrod G

Secretary: (Jeff B.)

Hello Family,

Please keep sending all area trusted servant, subcommittee, and group reports to me through COASCNAsec@gmail.com. All GSR's, please provide the area with a report with information about your groups. These minutes are a great opportunity to keep our area abreast of meeting details in these ever-changing times. Thanks for allowing me to serve,
Jeff B.

Regional Committee Member: (Tracy J.)

Hello everyone, first I want to Thank God and the NA program, for allowing me the opportunity to be of service. We had an awesome very productive, energetic, and informational meeting. Also, thanks to

COASCNA for supplying the funds to host this event together, also let's give thanks to Craig our alt. GSR and Mark R for their hard work and dedication to this area and the support to help accomplish our goals for the area and regional.

This is not the full report from the meeting, being that the minutes hasn't been finished and sent to us. So, this is just a summarized report of some important issues that were discussed.

This month the World Service Conference would normally be meeting, but due to the pandemic things was forced to change. In August 2021, conference participants decided through a poll to hold the next WSC in 2023. The hope is that, by that time, financial and public health pressures will have eased enough that the 2023 meeting can be in person. In the meantime, there will be an interim, virtual WSC meeting in 2022 to make decisions required by law and policy as well as a decision about the Spiritual Principle a Day book.

World Service Conference 2023 in-person, if possible, 23-29 April 2023

The exact dates for WSC 2023 have not been established yet but will be finalized when a contract can be finalized for meeting space

It was reported only members from the Dayton area joined in on the CAT/CAR workshop on March 6, and the Interim WSC 2022 will be virtual, the last two weekends of this month the – 22, 23 & 29, 30.

There have been many questions about what's next for the World Service Conference after 2023. Truly a legit concern for all of us this cycle and there are two initial recommendations for discussion. These ideas would be included in the 2023 CAR for Fellowship decision

First recommendation is trying a three-year conference cycle for two cycles—from 2023 to 2029. In February, the board talked about some of the possibilities in a three-year cycle

First recommendation is trying a three-year conference cycle for two cycles—from 2023 to 2029. In February, the board talked about some of the possibilities in a three-year cycle and are excited about what that might look like yet know, business as usual is not sustainable.

Second recommendation is that delegate funding be available to any participant upon request. Currently World Services automatically funds all seated delegates. An increasing number of participants have chosen to opt out and fund their own delegates. It is being suggested switching from an "opt-out" system to an "opt-in" one and funding would be available for the delegate of any seated participant without question.

Revising The Loner IP

Work has begun on a project passed at the last World Service Conference to revise IP #21: The Loner, Staying Clean in Isolation. The world has changed a lot since The Loner was written in 1986, and the IP is outdated.

Please note, all NA literature projects begin by asking the Fellowship what to include or focus on in the piece of literature. There is a survey posted (www.na.org/survey) for fellowship involvement and workshop materials on that same page so that you can discuss ideas with your group or service body.

What do you think should be changed in the IP? All members are encouraged to fill out the survey, which will be posted until the end of August 2022. If you have pre-pandemic experience recovering as a loner, we are particularly interested in hearing from you.

We also have some open positions at the regional level.

Regional Positions

- Vice Secretary
- H&I Chair
- Public Relations Chair
- OCNA AC 3

Regional Nominations Back to Groups

- Lynnett CD – Phonenumber
- Tammy S – Vice Chair
- Mark R – Webmaster
- Martha B – ORSCNA Secretary
- Hathie R – H&I Chair

MRS LDNA

Subcommittee Reports:

Activities Chair (Steve L.):

No report submitted

Convention Committee: (Shadena C.)

Good afternoon family,

I would like to say COACNA 30 is still rolling right along! We had our meeting on Saturday, April 2nd at 12 Noon at the main library downtown, and on Zoom. Prior to our monthly meeting that we had this month, Vicky J. and I went to 4 banks, and they did not have a business banker available to assist us. We both compared our schedules and the next available date to open the bank account would be Saturday, April 30, 2022. At our meeting on April 2nd, we reviewed, and we are excited to announce that we will be returning to the Crown Plaza North Hotel for our 2024 Convention located at 6500 Doubletree Ave Columbus, OH 43229! Moving forward, we would like to invite everyone out to our Mystery Can Speaker Jam kickoff event on Saturday, May 14th at 333 S. Drexel Ave. Columbus, OH 43209. All the speakers will be drawing their topic from a can before the time slot to share, including our main speaker. We will be selling food, drinks, and registrations. Reminder, this will be the last day for early bird registrations. We hope that all the groups in this area will be making plans to attend and thinking about a fundraiser to have for the Convention Committee. I would like to also update everyone with our current committee and open positions:

- Vice-Chairperson: Open
- Treasurer: Theresa B. (NEW)
- Vice-Treasurer: Open
- Secretary: Vicky J.
- Arts & Graphics Chairperson: Robert S.
- Arts & Graphics Vice-Chairperson: Olivia K.
- Registration Chairperson: Tenelle M.
- Registration Vice-Chairperson: Landia C.
- Programming Chairperson: Kenny W.
- Programming Vice-Chairperson: Alicia V.
- Merchandising Chairperson: Open
- Fundraising Chairperson: Open
- Hotel & Hospitality Chairperson: Lora A.
- Hotel & Hospitality Vice-Chairperson: Elizabeth E.
- Serenity Chairperson: Jeanette P.
- Serenity Vice-Chairperson: Bryant C.
- Welcoming Chairperson: Anyabwlie S.
- Welcoming Vice-Chairperson: Wanda W.

Please note, that the new Treasurer and I will be going meeting tomorrow Monday, April 25th to finally process the final steps to get the bank account business finalized. I would like to inform this body that we were able to meet on Saturday April 9th for our final policy revision meeting. We should have the revised policy ready to submit to this body next month during the May 2022 meeting to vote on. Finally, we were so happy to attend the 40th Anniversary of our area yesterday. We did sell 4 full registrations and were excited to fellowship with our area!

In Loving Service,

Shadena C. COACNA 30 Chairperson

COACNA30Convention@gmail.com

614-902-9139

Area Office (Nande G.):

No report submitted

Hospital and Institution (Emily T.):

Hello family,

I am keeping my report super short and simple today.

The H&I subcommittee is holding a learning day one week from today at 1pm at the Northside Branch of the public library. We think it will take about an hour and our subcommittee meeting will follow immediately after. This event is in person only and it is for everyone currently participating in H&I as well as anyone who is interested in

getting involved. The purpose of the learning day is to re-engage with members after meeting on zoom for two years as well as reviewing the procedures and best practices for H&I service work. The event is posted on the area website and there are flyers available there today in the room. GSRs please announce this week at your meeting and we would love to have one member from every home group in the area to show up.

See you there.

In loving service,
Emily T.

Newsletter (Byron B.):

No Report Submitted

Outreach (Shadena C.):

No Report Submitted

Public Relations: (Paul M.)

Hello Family,

Here is the PR subcommittee report for the April 24th, 2022 ASC meeting. I will not attend ASC today, as I attended and presented at COASCNA's 40th Anniversary yesterday (great time!), and have some life on life's terms obligations to attend to today.

Thanks for allowing us to be of service!

In loving service,

Paul M, PR Chair

614-745-7530

Activities/info since last ASC meeting in January

- February website traffic increased by about 400 hits in March compared to February, and total page views increased by about 1,000
 - o Web stats for February: 2,738 visitors, who viewed 9,720 pages
 - o Year to date: 10,500 visitors, who viewed 36,912 pages
- Please continue to send all meeting updates to COASCNA@gmail.com, and include as much detail as possible.
- Groups are encouraged to review the information about their meetings on the website to confirm that all information is accurate, including the virtual meeting link and passcode (if any).
- Continue to assist Alabama and Florida region as they work toward getting NA eLiterature on the tablets of the incarcerated in their state
- In collaboration with WSR (Writing Steps for Recovery subcommittee), information on how to get paired with an NA member who will serve as a step guide was pushed out to the computer tablets of those incarcerated in the ODRC (Ohio Department of Rehabilitation and Correction). To date over 200 letters from incarcerated Ohioans have been received.
 - o PR is grateful to be part of this amazing opportunity to share our Fellowship's experience, strength and hope with incarcerated individuals who have reached out directly to us, seeking help, connection and a new way of life
 - o To find out how you can get involved, go to NACentralOhio.org, look for the menu item "Service Committees" and then click on "Writing Steps for Recovery."
- You can also call the Area Office at 614-252-1700 and ask to get connected with a WSR subcommittee trusted servant
 - Started working with COANA H&I subcommittee in September 2021; sent the Chair a video from the United Kingdom's NA Fellowship that is getting shown on prison monitors there. Discussed with the Chair the possibility of H&I here doing the same thing. H&I committee members watched the UK video and discussed the possibility in October. In November I attended the H&I subcommittee meeting to help brainstorm what a video could look like (duration of video, how it could get pushed to the tablets, timeline, etc.).
 - o COASCNA H&I created two videos; one has been pushed out to the computer tablets, and the other is under review by the ODRC
 - Contacted OUTFRONT Media salesperson to start the process for getting new billboards in Central Ohio Area. She is no longer with the company; she gave me contact info of her former boss; I am waiting on a response from him, and will follow up in the next week.
 - Initiated Home Group Flier Drive Challenge Nomination; Out in Recovery and PR nominated Never Alone, Never Again which accepted the challenge. We are waiting to hear back about a date and location.

- Two other Home Groups have contacted PR to do flier drives: Gay, Joyous & Free and Southside Text Discussion.
- o We encourage all home groups to consider organizing a flier drive. We are all PR. We have the opportunity to post fliers in the neighborhoods where our home groups meet, informing the suffering addict walking by that our message of hope and promise of freedom is only a few steps away.
- o Contact PR by sending an email to COASCNA@gmail.com if your home group would like to organize a flier drive
- Staffed a table and made presentation to during COASCNA's 40th Anniversary Celebration on 04/23/22. There were about 20 people in attendance at the presentation, and perhaps 50+ more attendees stopped at our table to look at our display board and pictures of PR events from the last couple of years.

Upcoming

- Continue to update website with new events and meeting changes; trusted servants are asked to send all updates to COASCNA@gmail.com
- Developing list of websites where link to nacentralohio.org could go; we are already on coronavirus.ohio.gov, Franklin County ADAMHS, OSU College of Social Work, OSU Wexner Medical Center, etc.

Next meeting

- Sunday, May 1st, 10:30am; zoom link below (Info also on website PR Page under "Service Committees")
<https://us05web.zoom.us/j/84046167299?pwd=SIlzbfIEL3ZCNU1KRitaaWRtRjVNdz09>

Writing Steps for Recovery: (Kelle A.)

No Report Submitted

Ad-hoc Reports:

Addithon: (OPEN)

Audits: (OPEN)

New Year's Eve: (OPEN)

OCNA Fundraiser: (Mark R.)

Hi family,

We had our last 2 committee meetings for the COASCNA 40th Anniversary Celebration on 3/31/22 and 4/14/22. We felt like we had addressed everything needed before the event so we all felt really good going into the day of the function.

Things were pretty hectic getting set up on 4/23, but everything came together perfectly. Lisa G. managed the workshops. She met with the speakers & chairperson before each workshop and emphasized keeping things on time. I didn't get to attend all of the workshops, but the ones I did get to hear were excellent. If you didn't get to attend, I know that our taper, Ben L. has the whole day on CD or flash drive for \$25 so you can contact him if you'd like to get a copy. Cherie S. managed the kitchen throughout the day and did an amazing job along with Laura P who spent almost the entire day in the kitchen. We had several addicts who stayed and helped out in the kitchen much longer than we had asked them to so thank you to all of those individuals. The main food and side dishes were supplied by individual addicts which really helped keep costs to a minimum. We spent about \$400 on food and then sold the extra stuff we had leftover so we really only spent \$290 on food. Sam F. and Beth T. managed the registration table along with some other helpers. We had about 135 people pay at registration so we guess that there were about 150 people total altogether during the day. That's an awesome turn out considering it was such a gorgeous day. Michael T. managed the fundraising activities – the auction, the 50/50 raffle, the quilt raffle, and the pie-in-the-face board. Altogether the fundraising activities brought in \$1,232 - \$514 for the auction and \$718 for the raffles/pies. Thank you to everyone who bought tickets or bought something at the auction. Kelly U. and I kind of floated around covering any issues that came up or helping out wherever it was needed. Again, I would like to give a huge thanks to all of the committee members and everyone who attended.

I have attached the financial spreadsheet so that should be sent out with the minutes. The church didn't charge us for the event, but the committee voted to give them a donation of \$200 which is pretty reasonable since we basically had the whole church for about 15 hours. We returned a total of \$2,926.21 to the Treasurer through PayPal. Taking out the \$900 in seed money given to us in March, the event made a profit of \$2,026.21 which is pretty darn awesome in my opinion. The receipts have been mailed to Jarrod so that he can close out the financial

form for our event. The committee will be bringing a motion in May to ask for more money to be donated to OCNA-38 since we made so much more than expected, but we will decide on that then.

If there are any questions, please feel free to contact me – my cell and email address are below.

THANK YOU COASCNA – YOU TOTALLY ROCKED THE 40TH ANNIVERSARY CELEBRATION!!!!

In loving service,

Mark R.

OCNA Fundraiser Chairperson

614-270-1274

markroberts@columbus.rr.com

Unity Day: (OPEN)

Nominations to Fill Open ASC Positions:

Current Open Positions:

- Vice-Chairperson – No nominations made

Nominations to Fill Open RSC Positions:

Current Open Positions:

- Vice-Chairperson – No nominations made
- Vice-Secretary – No nominations made
- H&I Chairperson – No nominations made
- Outreach Chairperson – No nominations made
- Public Relations Chairperson – No nominations made
- Vice-Webmaster – No nominations made
- OCNA Advisory Member #3 – No nominations made

Sharing Session:

None

Unplanned Business:

None

Pre-Agenda Business: (reading into the minutes, items for Agenda Business at next month's ASC meeting)

None

Adjournment:

Serenity prayer and adjournment at 5:17pm

Next ASC meeting: May 15th, 2022 @ 2pm EDT

| Central Ohio Area Service Committee of Narcotics Anonymous Trusted Servants | | | |
|--|--------------|--------------|--|
| Administrative Committee | | | |
| Chairperson | Tammy S. | 614-323-4681 | tammyk054@gmail.com |
| Vice-Chairperson | ***OPEN*** | | |
| Secretary | Jeff B. | 614-743-7264 | jbheart15@gmail.com |
| Vice-Secretary | Elizabeth E. | 614-893-1562 | elizabetheastman1967@gmail.com |
| Treasurer | Jarrold G. | 614-506-5690 | jwgrph@gmail.com |
| Vice-Treasurer | Janet W. | | jbogin3@gmail.com |
| Regional Committee Member | Tracy J. | 901-619-7326 | trasrjr@yahoo.com |
| Regional Committee Member Alternate | Craig F. | 601-331-1440 | craig.frierson@gmail.com |
| Subcommittee Chairpersons | | | |
| Activities Chairperson | Steve L. | 614-687-3425 | stevelewis1052@gmail.com |

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|---------------------------------------|------------|--------------|--|
| Area Office Chairperson | Nande G. | 614-515-3322 | dalocka814@gmail.com |
| COACNA 30 Chairperson | Shadena C. | 614-902-9139 | coacna30convention@gmail.com |
| Hospitals & Institutions Chairperson | Emily T. | 937-266-8383 | emilydealoia@gmail.com |
| Newsletter Chairperson | Byron B. | 614 902-7964 | newsletter.coascna@gmail.com |
| Outreach Chairperson | Shadena C. | 614-902-9139 | outreach.coascna@gmail.com |
| Public Relations Chairperson | Paul M. | 614-745-7530 | cbusnapaulm@gmail.com |
| Writing Steps in Recovery Chairperson | Kelle A. | 614-738-1673 | kellealavi@gmail.com |