



Central Ohio Area of Narcotics Anonymous
Meeting Schedule
 24/7 Helpline 614-252-1700
nacentralohio.org • virtual-na.org • na.org

ALL MEETINGS LISTED ARE IN-PERSON UNLESS LABELED VIRTUAL. In-person meetings may have face mask requirements based on the group or facility.

For current schedule, access to free literature, and detailed instructions on how to use Zoom, visit <https://nacentralohio.org/>

You can call in to any Zoom meeting from any phone:

1. Dial 1-646-558-8656;
2. Enter Zoom ID, then press #;
3. Enter password if needed.

MEETING DESCRIPTION KEY

Open: Anyone may attend

Closed: Only addicts or those who think they have a drug problem may attend

Discussion: Topics are brought up and discussed

Literature: NA literature is read/discussed

LGBTQ: Lesbian, Gay, Bisexual, Transgender, Queer

Community common needs meeting – all welcome

Men's: Men-only meeting

Rotating: Format changes week to week

Speaker: One addict shares their experience

Women's: Women-only meeting

Young Persons: Young persons' common needs meeting

MONDAY

9:00a-10:00a Good Morning Group

1180 Shanley Dr, 43224 (North); Open, Rotating

12:00p-1:30p Serenity Group

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/ Bronzeville); Open

6:30p-7:30p Aging in Recovery

St Luke's UMC 1150 W 5th Ave, 43212; Closed

7:00p-8:00p Monday Blues Group

5521 Groveport Rd, 43125 (Groveport); Closed, Discussion

7:00p-8:30p We Carry the Message

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville); Open, Men's

7:30p-8:30p VIRTUAL Guiding Principles

Zoom ID: 750 974 675; Open, Literature, Fellowship

7:30p-8:30p Wecoverly Group

2930 W Broad St, 43204 (West); Open

7:00p-8:15p Clean Machine

7350 Sawmill Rd, 43235 (North); Open

8:00p-9:00p Monday Miracles

H20 Church, 1385 Neil Ave, 43201 (Victorian Village) Open, Discussion, Literature

8:00p-9:00p Principles Before Personalities

1230 Oakland Park Ave 43224 (North); Open, Rotating

10:00p-11:00p Better Late than Never

1066 Bellows Ave 43223 (Franklinton); Open, Rotating

TUESDAY

9:00a-10:00a Good Morning Group

1180 Shanley Dr, 43224 (North); Open, Rotating

12:00p-1:30p Serenity Group

Damascus House, 332 Hamilton Ave, 43203 (King- Lincoln/Bronzeville); Open

6:30p-7:30p Out in Recovery

Indianola Presbyterian Church, 1970 Waldeck Ave, 43201 (OSU Campus Area)); Open, Rotating, LGBTQ (all are welcome!)

6:30p-7:30p Rush Hour to Recovery

1416 Jackson St, Reynoldsburg 43068 (East); Open

7:30p-8:30p Hope is Found Here

720 Mt. Vernon Ave, 43203 (Central); Open, Speaker, Discussion

8:00p-9:00p Grateful Not Deadheads

333 S Drexel Ave, 43209 (Bexley); Closed, Discussion

8:00p-9:00p Southside Text Discussion

United Methodist Church, 119 E Gates St, 43207; Open, Discussion, Literature, Children Welcome

8:00p-9:00p Newer Beginnings Group

2930 W Broad St, 43204 (West); Open, Discussion

10:00p-11:00p Better Late than Never

1066 Bellows Ave 43223 (Franklinton); Open, Rotating

WEDNESDAY

9:00a-10:00a Good Morning Group

1180 Shanley Dr, 43224 (North); Open, Rotating

12:00p-1:30p Serenity Group

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville); Open

6:00p-7:15p Women in Recovery

40 S James Rd, Columbus, OH 43213; Closed, Women's

7:00p-8:30p Another Day, Another Way

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville); Open

7:30p-8:30p 11th Step Candlelight

1235 Northwest Blvd. (Central); Closed

7:45p-8:45p Hope on McNaughten

530 McNaughten Rd, 43213 (East); Open, Discussion

8:00p-9:00p Text Discussion Group

1582 Ferris Rd, Columbus 43224 (North); Open, Literature

8:00p-9:00p Trust the Literature Group

2930 W Broad St, 43204 (West); Open, Literature

10:00p-11:00p Better Late than Never

1066 Bellows Ave 43223 (Franklinton); Open, Rotating

THURSDAY

9:00a-10:00p Good Morning Group

1180 Shanley Dr, 43224 (North); Open, Rotating

12:00p-1:30p Serenity Group

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville); Open

5:00p-6:30p We Feel, We Deal, We Heal

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville); Open, Women's

6:00p-7:00p VIRTUAL Steps Light the Way

Zoom ID: 838 619 374; Open, Literature

7:00p-8:00p Spiritual Not Religious

Saint Alban's Episcopal Church, 333 S Drexel Ave, Bexley 43209 (Near East); Open, Literature (Living Clean), Speaker

7:00p-8:30p Another Day, Another Way

Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville); Open

7:00p-8:00p HYBRID Heart 2 Heart

Broad Street United Methodist Church, 501 E. Broad St, 43215; Zoom: ID# 464 954 773, PW-414034; Open, Literature, Fellowship

(Thursday continued)

7:00p-8:00p Urbancrest/Grove City NA Group
2650 Columbus St, 43123; Open, Participation\

7:00p-8:00p Living Clean Group of NA
Crosswalk Church, 751 Rosehill Rd, Reynoldsburg, OH 43068,
Literature (Living Clean Book), Open

7:30p-8:30p Never Alone Never Again
51 N State St, 43081 (Westerville); Open, Discussion

8:00p-9:00p Cutin' Loose
Our Lady of Lourdes Catholic Church, 1033 West 5th St, Marysville, OH
43040 (Annex building behind); Open, Rotating

10:00p-11:00p Better Late than Never
1066 Bellows Ave 43223 (Franklinton); Open, Rotating

FRIDAY

9:00a-10:00a Good Morning Group
1180 Shanley Dr, 43224 (North); Open, Rotating

12:00p-1:30p Serenity Group
Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville);
Open

5:00p-6:30p We Feel, We Deal, We Heal
Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville);
Open, Women's

7:00p-8:30p Another Day, Another Way
Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville);
Open

7:00p-8:00p Free at Last Group
1500 E 17th Ave, 43219 (Central); Open, Rotating

7:30p-8:30p The Journey Continues
200 E Livingston Ave, 43215 (Central); Open

8:00p-9:00p VIRTUAL Meeting Up North
Zoom ID: 642 997 1209; Open

8:00p-9:00p Talking Heads Group
2350 Indianola Ave, 43202 (OSU Campus); Open, Discussion

10:00p-11:00p Better Late than Never
1066 Bellows Ave 43223 (Franklinton); Open, Rotating

SATURDAY

8:15a-9:15a HYBRID Meshugeneh
Summit on 16th UMC, 82 E 16th Ave, 43201 (OSU); Zoom ID: 787 914
257 – PW: bark **if dialing in use pw 942589#; Open, Discussion

9:30a-11:00a I Can't, We Can
4177 E Broad St, 43205 (Whitehall); Open, Discussion

10:00a-11:00a VIRTUAL First Things First
Zoom ID: 923 218 152 – PW: 035553; Open

11:00a-12:00p Bring Your Own Textbook Group
1205 Hildreth Ave, 43203 (East); Open, Literature

3:00p-4:30p We Came to Believe
955 Oak St, 43205 (Olde Towne East); Open, Discussion

5:00p-6:15p Right Living Group
873 Bryden Rd, 43205 (Old Town East); Open

7:00p-8:30p Another Day, Another Way
Damascus House, 332 Hamilton Ave, 43203 (King- Lincoln/Bronzeville);
Open

7:00p-8:00p Reynoldsburg Saturday NA Group
751 Rosehill Rd, Reynoldsburg 43068 (East); Open, Rotating

7:30p-8:30p Gay Joyous and Free
Trinity Evangelical Lutheran Church, 404 S 3rd St, 43215 (Downtown);
Open, LGBTQ (all are welcome!)

7:30p-8:30p Saturday School
82 E 16th Ave, 43201 (OSU Campus); Open, Young Persons (all are
welcome!)

7:30p-8:30p VIRTUAL Freedom Through Fellowship
Zoom ID: 818 4413 8704 – Password 193669; Open, Speaker

10:00p-11:00p VIRTUAL Smorgasbord of Recovery
Zoom ID: 8272 481 0600; PW: 616548, Open, Rotating

10:00p-11:00p Animal House
30 W Woodruff Ave, 43210 (OSU Campus); Open, Discussion

SUNDAY

11:30a-1:00p HYBRID Together We Can
815 W Broad St, 2nd Floor, 43222 Zoom ID: 848 5040 8310; Open,
Discussion

1p-2:30p Sunday Saints of NA
Trinity Episcopal Church, 10 E. 4th St., London, OH 43140; Open, Topic

5:00p-6:30p U Grow Girl
Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville);
Open, Women's, Rotating

6:30p-7:30p Recovery in West Jeff
West Jefferson UMC, 36 S Center St, West Jefferson, OH 43162; Open,
Rotating

7:00p-8:30p Another Day, Another Way
Damascus House, 332 Hamilton Ave, 43203 (King-Lincoln/Bronzeville);
Open

7:00p-8:00p Hearts 1
33-35 W 5th Ave, 43201, (Short North), use back entrance; Open,
Discussion, Children welcome

7:45p-8:45p Promise is Freedom
1340 Crest Rd, 43068 (Reynoldsburg); Open, Literature

8:00p-9:00p VIRTUAL Briggsdale Text Discussion
Zoom ID: 314 359 920, Password: 161395; Open, Literature

10 SUGGESTIONS FOR NEWCOMERS TO NA

1. If in jail/treatment, attend a meeting the day you get out. Look at the schedule ahead of time and know where you will go. You can call 614.252.1700 or visit nacentralohio.org for a current schedule of meetings.
2. Attend at least one meeting every day for the first 90 days of recovery to help you build routine and community.
3. Log on/show up early to meetings and stay late to talk with other addicts and get to know people, get phone numbers, and get known.
4. Go to na.org/ips to download and read:
 - a. IP #7: Am I an Addict?
 - b. IP #11: Sponsorship
 - c. IP #22: Welcome to NA
 - d. IP #29: Introduction to NA Meetings
 - e. White Booklet.
5. Call our 24/7 Helpline 614-252-1700 BEFORE you use.
6. Get a copy of our Basic Text. Read it!
7. Let people in meetings know you are new, get phone numbers and call them.
8. Look for a sponsor as soon as you get acquainted with members in your area. Don't be afraid to ask someone and don't give up if your initial choices aren't available.
9. Find a home group and attend regularly to build a homebase for your recovery.
10. Don't use no matter what! You never have to use again!

**Our message is that an addict, *any addict*,
can stop using drugs, lose the desire to use,
and find a new way to live.
Our message is hope and our promise is freedom.
Welcome home; You never have to use again!**

Phone Numbers
