

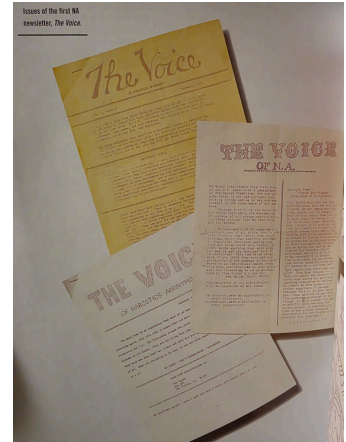
# THE HOPE NOTE

## Joke of the day

"I've been addicted to cold turkey for 2 years.  
I keep telling people I'm trying to quit cold turkey but nobody is taking me seriously." - unknown



The NA Newsletter  
The Voice 1970's



## Outside Of Ourselves

Service is something that our unique gift-something that no one can take away from us. We give, and we get. Through Service, many of us start on the sometimes long road back to becoming productive members of society.

JFT  
May 1st  
pg 127

## We Can

The common thread through all of these varied experiences is that we draw strength from the NA program regardless of how long we've been clean or what life situation we are facing.

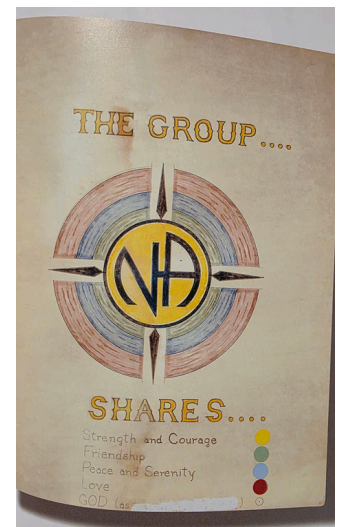
Basic Text  
Preface to the Sixth Edition  
Pg. Xviii

## Looking for the Assets

Our gratitude speaks when we care and when we share with others the NA way.

IP #2

The Group



# OPEN AREA SERVICE POSITIONS

- Area Vice Treasurer
- Regional Committee Member Alternate

## WHAT CAN YOU DO?

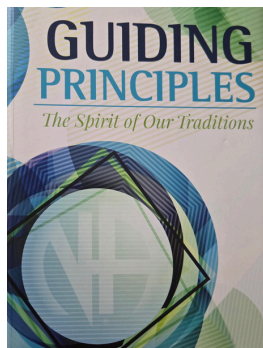
There are infinite ways to get involved in Service. Please reach out to your home group's GSR or any area service committee member to find out more!

"We learn that service to others will get us out of ourselves. Our work can begin with simple actions:

- Making coffee
- Cleaning up
- Setting up for a meeting
- Opening the door
- Chairing a meeting
- Passing out literature

Doing these things helps us feel a part of the fellowship."

— "What Can I Do?" Basic Text, p. 57



### NA Service Prayer

God, grant us the knowledge that we may serve according to Your Divine precepts. Install in us a sense of Your purpose. Make us servants of Your will and grant us a bond of selflessness that this may truly be Your work, not ours, in order that no addict, anywhere, need die from the horrors of addiction.

# FROM OUR OWN MEMBERS

## Regional Committee Meeting

JULY 12TH & 13TH

Holiday Inn Columbus/Hilliard  
5495 Maxwell Place  
Columbus, OH 43228

Ohio Regional Service Committee of Narcotics Anonymous

July 12&13, 2025



Hosted by COASCNA

(Central Ohio Area Service Committee of Narcotics Anonymous)

Holiday Inn Columbus/Hilliard  
5495 Maxwell Place  
Columbus OH 43228  
t: 614-335-1151

Room Rate: \$129.00 + tax

Please use the link below to reserve online

[Ohio Regional Service Committee of Narcotics](#)

Deadline to receive room rate is June 11, 2025

Contact: Lynette CD. 614-432-0601

## Mid-Summer

### Kickback Cookout

Welcoming region on July 12th!



July 12th 2025  
4:30pm - 8pm

Westgate Park  
Shelter House  
3237 Wicklow Rd.  
Columbus, OH 43204



Bring Chairs  
Cash Only

Contact: Brooke S.  
614-284-1856

[nacentralohio.org](http://nacentralohio.org)

Speaker  
from  
Region!  
6:30 P

Meal \$6  
asking groups to  
bring desserts

Raffles  
5 0 / 5 0  
MEMORABILIA



# Knowledge Check!

Which reading goes where?!

- |           |  |                              |
|-----------|--|------------------------------|
| <b>A.</b> | "We don't care, what or how much you used..."      | <b>The Twelve Traditions</b> |
| <b>B.</b> | "Who's ends are always the same..."                | <b>We do Recover</b>         |
| <b>C.</b> | "They are truly the ties that bind us together..." | <b>Why Are We Here</b>       |
| <b>D.</b> | "A simple way has been proving itself..."          | <b>How it Works</b>          |
| <b>E.</b> | "Easy does it..."                                  | <b>Who is an Addict</b>      |

**July 29th**  
**OUT IN RECOVERY**  
**13TH ANNIVERSARY**



**August 2nd**  
**COACNA 31**  
**SPEAKER JAM**



**July 13th  
Fireside  
speaker meeting**



**Narcotics Anonymous**  
**Fire Side Speaker Meeting**  
S'mores will be provided  
Bring Chairs or a Blanket  
July 13<sup>th</sup>  
Meeting 6:30-7:30 PM  
7080 Olentangy River Rd, Delaware, OH  
43015 (In back right house building)  
Bekki M (614) 516-6527  
**nacentralthio.org**

See Page 2 for the  
MID-SUMMER KICKBACK

In Narcotics Anonymous we celebrate clean time. Not to brag or boast but to show everyday clean is a miracle.

June 4  
Stephanie C. - 8 yrs

June 22  
Jarrod G. - 22 yrs

June 25  
Corey G. - 5 yrs

July 13  
Lisa G. - 37 yrs

July 24  
Heidi C. - 40 yrs

July 31  
Bekki M. - 20 yrs

August 3  
Emily T. - 20 yrs

August 12  
Joe S. - 14 yrs

August 19  
Kimberly B. - 3 yrs

August 24  
Heidi C. - 40 yrs

September 8  
Beth M.C. - 38 yrs

October 10  
Jennie S. - 4 yrs

October 31  
Dave M. - 39 yrs



**FOR ANNIVERSARIES TO BE FEATURED, PLEASE EMAIL  
YOUR FIRST NAME, LAST INITIAL, AND MILESTONE! SEND  
TO: COASCNANEWSLETTER614@GMAIL.COM**

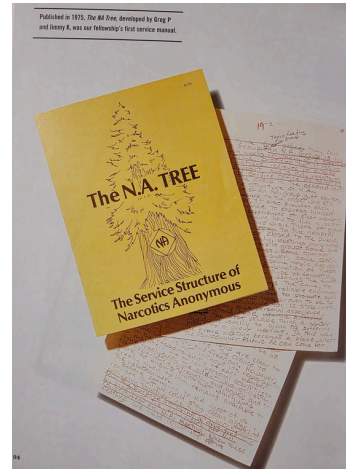


# Our Literature's History

## The NA Tree

This effort strengthened, after the formation of the WSO [World Service Office] with the publication of *The NA Tree*, a pamphlet on service work. This pamphlet was the original service manual of the fellowship. It has been followed by subsequent and more comprehensive volumes and now *The NA Service Manual*.

Basic text  
Preface to the First Edition  
pg xxii



## The White Book & Our Basic Text

The White Book, *Narcotics Anonymous* was published in 1962.

Basic Text  
Preface to the First Edition  
pg xxi

Trustees "broached the idea of a new book. The letter said that the book 'will be somewhat analogous to AA'S BIG Book, *Alcoholic Anonymous*... We will need additional stories to include in this book by clean addicts with some time in NA, relating what it used to be like, what happened, and what it's like now.'"

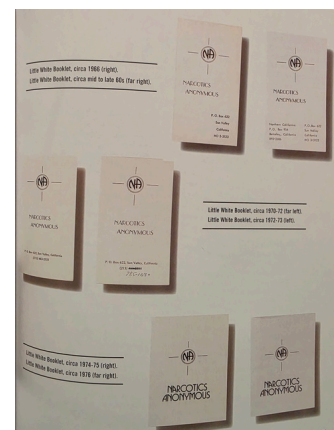
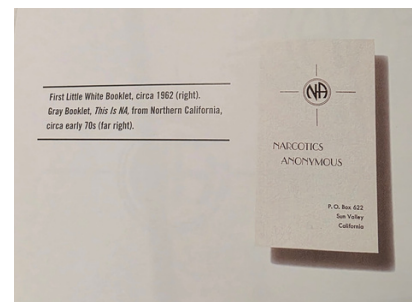
Miracles Happen  
World Wide!  
pg 82

"Narcotics Anonymous has long recognized the need for a complete Basic Text on addiction—a book about addicts, by addicts and for addicts."

Basic Text  
Preface to the First Edition  
pg xxii

The WSC [World Service Committee] Literature Subcommittee working in conference and as individuals, has collected hundreds of pages of material from members and groups throughout the fellowship. This material has been laboriously cataloged, edited, assembled, dismembered, and reassembled."

Basic Text  
Preface to the First Edition  
Pg xxii



# Resources

## Area office:

1313 E. Broad Street,  
Columbus, OH 43205-1503  
(614) 252-1700

## WORLD WEBSITE:

[na.org](http://na.org)

## Central Ohio website:

[nacentralohio.org](http://nacentralohio.org)

## Need help? Call

**The Central Ohio HOPE Line!**  
**(614) 252-1700**

NEVER ALONE NEVER AGAIN! Talk to  
another recovering addict any time!

## HOW TO SUBSCRIBE

Please email [coascnanewsletter614@gmail.com](mailto:coascnanewsletter614@gmail.com) to subscribe and receive an emailed copy of this newsletter. You can also pick up a hard copy from the area office. It will also be available for download on [nacentralohio.org](http://nacentralohio.org). Please know your anonymity is of the utmost importance and will be handled with care.

